## March 26, 2017

# The Power of Hope in Grief

Romans 15:13 May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

#### I. Grief:

The feeling of loss, deep sadness, disappointment. Common to All.

1 Thessalonians 4:13 NLT And now, dear brothers and sisters, we want you to know what will happen to the believers who have died so you will not grieve like people who have no hope.

Isaiah 53:3. "He is despised and rejected of men; a Man of sorrows, and acquainted with grief:

Genesis 6:6 NASB The LORD was sorry that He had made man on the earth, and He was grieved in His heart.

Ephesians 4:30 NIV And do not grieve the Holy Spirit of God, in whom you were sealed for the day of redemption.

#### II. DABDAH

### D -

Psalm 32:3 NASB When I kept silent about my sin, my body wasted away through my groaning all day long.

A - \_\_\_\_\_ Mark 3:5 NASB After looking around at them with anger, grieved at their hardness of heart, He \*said to the man, "Stretch out your hand." And he stretched it out, and his hand was restored.

Ephesians 4:26 NIV "In your anger do not sin": Do not let the sun go down while you are still angry,

## B - \_\_\_\_\_

Genesis 28:20-22 NIV Then Jacob made a vow, saying, "If God will be with me and will watch over me on this journey I am taking and will give me food to eat and clothes to wear so that I return safely to my father's household, then the LORD will be my God and this stone that I have set up as a pillar will be God's house, and of all that you give me I will give you a tenth."

D -

Psalms 42:3,11 NIV My tears have been my food day and night, while people say to me all day long, "Where is your God?" Why, my soul, are you downcast? Why so disturbed within me?

A - \_\_\_\_\_ Proverbs 3:5 NASB Trust in the Lord with all your heart, and do not lean on your own understanding.

The Serenity Prayer: God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

H - \_\_\_\_\_ Romans 8:28 NIV And we know that in all things God works for the good of those who love him, who have been called according to his purpose.