Feb. 5, 2017

Encouragement: The Pathway to Hope.

I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit. Romans 15:13

I. What is the connection between encouragement and hope?

Romans 15:4 1 Thessalonians 5:11 NLT Ephesians 4:29 NLT Romans 15:2 NIV

II. What keeps us from being encouragers and building hope in others?

Lies - 2 Cor. 11:14

Fear - 1 Thessalonians 2:5 Acts 4:36

Laziness - Hebrews 6:12

III. How can we encourage more effectively?

Pay attention to anything good. *Philippians 4:8* "Catch them in the act of doing good..." Ken Blanchard

See encouragement as a way of showing love; see withholding encouragement as a way of withholding love. *Proverbs 27:5 Proverbs 3:27 James 4:17 (sin of omission)*

Be intentional. Isaiah 32:8 Send notes, Texts, Calls, Appointments, Go out of your way.

Notes:

Questions:

- 1. Would people in your life say you are an encouraging person?
- 2. Can you name 5 people whom you encourage on a regular basis?
- 3. When is the last time you intentionally encouraged someone?
- 4. Do you need people to perform well in order to encourage them?
- 5. What is the biggest barrier you face to becoming a better encourager?