



GIRLS RETREAT DEVOTIONAL SERIES:  
**An Invitation to see God's goodness  
in the Midst of our Suffering**

**DAY 4: HE IS THE EAGER-TO-COMFORT GOD.**

Scripture Focus: 2 Corinthians 1:3-5

"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our afflictions, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. For as we share abundantly in Christ's sufferings, so through Christ we share abundantly in comfort too."

**Brief Thought:**

We experience His comfort, that we may know Him more, and then share it with others. Charles Spurgeon once said "Throw yourself upon God's faithfulness as you do upon your bed, bringing all your weariness to His dear rest." God's comfort is a resting place for your weary soul. That type of comfort says, "I get it. I see you. I experientially understand your pain." Understanding someone's experience, because you have walked in those shoes is powerful! Broken heartedness can feel all-consuming. Your heart is shattered yet the world is still turning.

Satan loves that isolation; he totally capitalizes on it. He knows you are weak! Satan loves the isolation of sin. He also loves for you to feel alone/defeated/forgotten as you experience the aches of living in this broken world. To step into someone's world and say "I see you" is powerful. And God does that with unhindered compassion and infinite patience. God is saying here that we are to share the comfort we experience from Him in the midst of our heartache, with others who are going through pain. This means our pain is not a waste! And that our pain is bigger than ourselves. It has ripple effects...and it can be a ripple effect for blessing! God is giving us HOPE here. Hope for ourselves because He steps into our pain with us, and HOPE for others as we choose to step into their pain with them.





## DAY 4: HE IS THE EAGER-TO-COMFORT GOD. (PAGE 2)

### Looking Inward:

1. Have you ever had someone comfort you when you were hurting?  
What did that experience feel like?
2. Have you ever considered that the Lord may want you to use your pain to minister to someone else going through a similar situation?  
(Maybe this week, maybe thirty years from now...)
3. God intends that the comfort you receive from Him to overflow to others. How does that motivate you to lean into your faith as you walk through a trial?

### Closing Prayer:

Dear Lord, you are the source of rest for our weary souls. I pray that we would grow in our longing for You and for Heaven. You bring us so much comfort, Lord. Thank you for seeing us when we hurt. I pray that we would run to you, our refuge, for comfort. Please forgive us when we run to other things like food, boys, popularity, a perfect body, promiscuity, a busy schedule, affirmation from others, or good grades. Please comfort our souls like only You can. We ask this in faith and humility. Meet our weary hearts here, O Lord. May we share this comfort You give us with others. Thank You for using our suffering and not letting it be a waste. You are so gracious. In Jesus Name, Amen.

### Reflection:

