



REDEMPTION
CITY CHURCH

One Real Yes

Standalone

9/10/23

Sticky Statement: One real yes requires ten noes.

Passage: Deuteronomy 5:6-21 | the 10 Commandments

And he said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets."

Matthew 22:36-40

1. God of my Redemption.

"I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery." –Dt 5:6

I was(/am) enslaved to _____. [Fill in the blank for yourself!]
But God is my Redeemer.

2. Yes to loving God.

Deuteronomy 5:7-15 | Commandments 1-4

Worship: attributing ultimate worth to something, and therefore offering trust and service.

Idols: anything that seems to fulfill our needs but draws us away from God.

True, spiritual rest (or the lack thereof) shapes us.

3. Yes to loving Other People.

Deuteronomy 5:6-21 | Commandments 6-10

Jesus is the Way, the Truth, and the Life. Truth is a *person!*
So speaking truly means speaking about others as Jesus does.

Often coveting is the root of

- Toxic busy-ness & overcommitment
- Slothful rest
- Isolation & lack of community
- Toxic parenting

What desires are driving your prioritization?

4. The Gift of righteousness.

Do the Word

1. Put into your calendar a 12-24hr time of rest. Make it awesome! Notice what you have to say no to in order to make this happen, and how you feel saying those noes.

2. Call or meet with your parents this week and honor them. Before and after, notice how you felt and journal about it.

3. Register and stay for GKS next week! Give a group a real yes –make your group *your* people, be at group each week, and notice what you have to say no to in order to make this happen.



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