



REDEMPTION
CITY CHURCH

Repentance & the Blessed Life

Blessing
11/5/2023

Sticky Statement: The blessed life is gained by losing

Passage: Exodus 33

How can we live a life free from regret, driven by the best kind of hope toward the most blessed life?

1. Gaining by _____: How sin affects our hope

Love drives hope, and hope shapes the story of our life.

"And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake will save it." Luke 9:23

There is no safer place to carry brokenness and sin than in the church and before God. And God's notion of safety includes patient growth, healing, and freedom.

2. God's _____ of blessing (v.1-6)

"You have made us for yourself, O Lord, and our hearts are restless until they rest in You." –Augustine

"For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death." 2 Corinthians 7:10

3. God draws his people into the _____. (v.7-11)

God withdrew himself from being accessible to Israel in the normal ways in order to draw them into a rhythm of simply seeking Him.

4. God's glory is his _____. (v.12-19)

"Moses said, "Please show me your glory." And [God] said, "I will make all my goodness pass before you and will proclaim before you my name 'The Lord.'" Exodus 33:18a

God Himself is the most satisfying, good thing!

God *wants* to provide you with blessing! But more than that, He wants to satisfy you with Himself above all things.

5. The blessed life is gained by losing.

Repentance includes dying to the world's notion of the blessed life, and taking hold of life with Jesus.

Do the Word

Try out a weekly rhythm of solitude! An hour somewhere free from distractions where you can:

- Reflect on what God has done to demonstrate to you his goodness & trustworthiness
- Grow a friendship with God through simple time together
- Prayerfully investigate your emotions, noticing false and true hopes, and feel them in God's presence
- Allow yourself to grieve your sin and false hopes, repent, and confess in community
- Receive the Lord's discipline with an open, patient heart
- Let God lead you into risk by rearranging your priorities

Rhythm | Enjoying Scripture [➔](#)



