

T.H.R.I.V.E week #6 IDENTITY "If I could just have a little bit more." 1 Peter 1:14-16, Phil. 4:12-13



Moving from surviving to thriving in our thoughts and emotions.

"I have come that they may have life and have it to the fullest." John 10:10

Sticky Statement: YOUR HAPPINESS WILL ALWAYS DEPEND ON A WHO, NOT A WHAT.

3 truths about our passion, desires and pursuits:

- God created us with passion and desires, but sin distorted them.
- Our passions, desires and pursuits are never full and never satisfied.
 - Our passions and desires we'll always whisper NOW never later.

3 KEYS TO THRIVING IN OUR IDENTITY IN CHRIST:

1. Stop _____ the lie of the "Happiness Gospel.

THE HAPPINESS GOSPEL: "Above all else, I deserve and God wants me to be happy."

¹⁴ "As obedient children, do not conform to the evil desires you had when you lived in ignorance. ¹⁵ But just as he who called you is holy, so be holy in all you do; ¹⁶ for it is written: "Be holy, because I am holy."

1 Peter 1:14-16

"hagios" = holy, to be set a part.

The Happiness Gospel tells me that whatever makes me happy must be right. And whatever makes me unhappy must be wrong.

"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, ³ because you know that the testing of your faith produces perseverance. ⁴ Let perseverance finish its work so that you may be mature and complete, not lacking anything." James 1:2-4

Gods' highest priority for your life is NOT happiness but holiness.

"The sin that is most destructive in your life right now is the one you're most defensive about with God." Tim Keller

Q: What area in your life right now are you most defensive about with God? Where are you pursuing happiness over holiness?

2. Kill comparison & find	in every
·	area of life

"14 But if you are bitterly jealous and there is selfish ambition in your heart, don't cover up the truth with boasting and lying. 15 For jealousy and selfishness are not God's kind of wisdom. Such things are earthly, unspiritual, and demonic. For wherever there is jealousy and selfish ambition, there you will find disorder and evil of every kind."

James 3:14-16

3 areas we struggle with discontentment:

Materially, Relationally, Circumstantially

"12 I know what it is to be in need, and I know what it is to have plenty.

I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. 13 I can do all this through him [Christ] who gives me strength."

Philippians 4:12-13

3. Cultivate _____ as a daily habit.

Gratitude means: Pausing to notice the benefits we have received, focusing on the "good," and then expressing the emotion of thanks or the happiness we feel. Gratitude means seeing everything I have as a gift!

Relational Discipleship Moment:

"Father as I reflect on the countless ways you have loved me well, my heart overflows with thanksgiving. I especially am grateful for how You have blessed me and You have sustained me through ..."

Do the Word: "I have learned the secret of being content in any and every situation ..." Phil 4:12-13

Whatever we don't take for GRATITUDE, we take for GRANTED!

Gratitude for Experiences/Moments in life. Find a photo on your phone and express gratitude with someone around you about that picture.

"I am particularly grateful for this memory because... That day was special to me because... I smile every time I see that picture because..."

Take the "Art of Being Grateful Challenge."