



REDEMPTION CITY CHURCH

THE ONE-WEEK #4
March 24, 2024

What Pain Can I Heal?
John 9



Sticky Statement:

You will never find what you never look for.

Someone who will Be the One—for the One will ask: "What aloneness can I remove?" What need can I meet? What pain can I heal? What truth can I share?

The only question people are asking when they are hurting is this...
DOES ANYONE CARE?

3 ways you can care for hurting people like Jesus:

1. _____ HURTING PEOPLE THE WAY JESUS SEES THEM. V1-7

"As he went along, he saw a man blind from birth. ² His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" ³ "Neither this man nor his parents sinned," said Jesus, "but this happened so that the works of God might be displayed in him." ⁴ As long as it is day, we must do the works of him who sent me. Night is coming, when no one can work. ⁵ While I am in the world, I am the light of the world." ⁶ After saying this, he spit on the ground, made some mud with the saliva, and put it on the man's eyes. ⁷ "Go," he told him, "wash in the Pool of Siloam" So the man went and washed, and came home seeing." V1-7

JESUS sees PEOPLE both FALLEN and ALONE.

Q: How often do you and I see people's sin/fallenness before I see their aloneness, needs or pain?

2. _____ FOR THE PAIN IN PEOPLE' STORY. V8-34

They brought to the Pharisees the man who had been blind. Now the day on which Jesus had made the mud and opened the man's eyes was a Sabbath... v15 Therefore the Pharisees also asked him how he had received his sight. "He put mud on my eyes," ... "and I washed, and now I see." ...v18 They still did not believe that he had been blind and had received his sight until they sent for the man's parents. ..." v13-14,15,18

"Is this your son?" they asked. "Is this the one you say was born blind? How is it that now he can see?" 20 "We know he is our son," the parents answered, "and we know he was born blind. 21 But how he can see now, or who opened his eyes, we don't know. Ask him. He is of age; he will speak for himself." His parents said this because they were afraid of the Jewish leaders...v19-22



LISTEN TO THE PAIN IN HIS STORY:
Pain from his life events, Pain from his Family,
Pain from irrelevant religion.

5 PAINFUL NEGATIVE EMOTIONS THAT FILL OUR EMOTIONAL CUPS: HURT, ANGER, FEAR, GUILT, CONDEMNATION.

3. _____ & _____ HURTING PEOPLE WHAT THEY NEED MOST. V35

"Jesus heard that they had thrown him out, and when he found him..."v35

Comfort = hurting with and for another person in pain with our words, actions, emotional responses, and physical touch.

Comfort = "I care & I'm here."

3 ways God can use you to comfort the hurting:

Just be present with people in pain. Show them you care. Give them comfort.

Relational Discipleship Moment

"Jesus heard... and he found him." John 9:35

What kind of pain are you carrying this morning? (life pain, family pain, religious pain.) Imagine Jesus hearing about your pain...and He comes to find YOU this morning. **WHAT WOULD JESUS WANT TO SAY TO YOU TODAY ABOUT YOUR PAIN?**

"... mourn with those who mourn." Romans 12:15

Now turn to a few people around you and share and receive comfort from a pain you've experienced due to a (life event, relationship/family, church hurt.)

Caring Responses for the Hurting

- "I can really see that you're hurting."
- "I feel sad for you because of your loss. It has to be difficult."
- "I can imagine you're feeling _____ and want you to know I care."
- "I'm committed to go through this with you."