

# ANTIOCH COGIC

## WEEKLY UPDATE



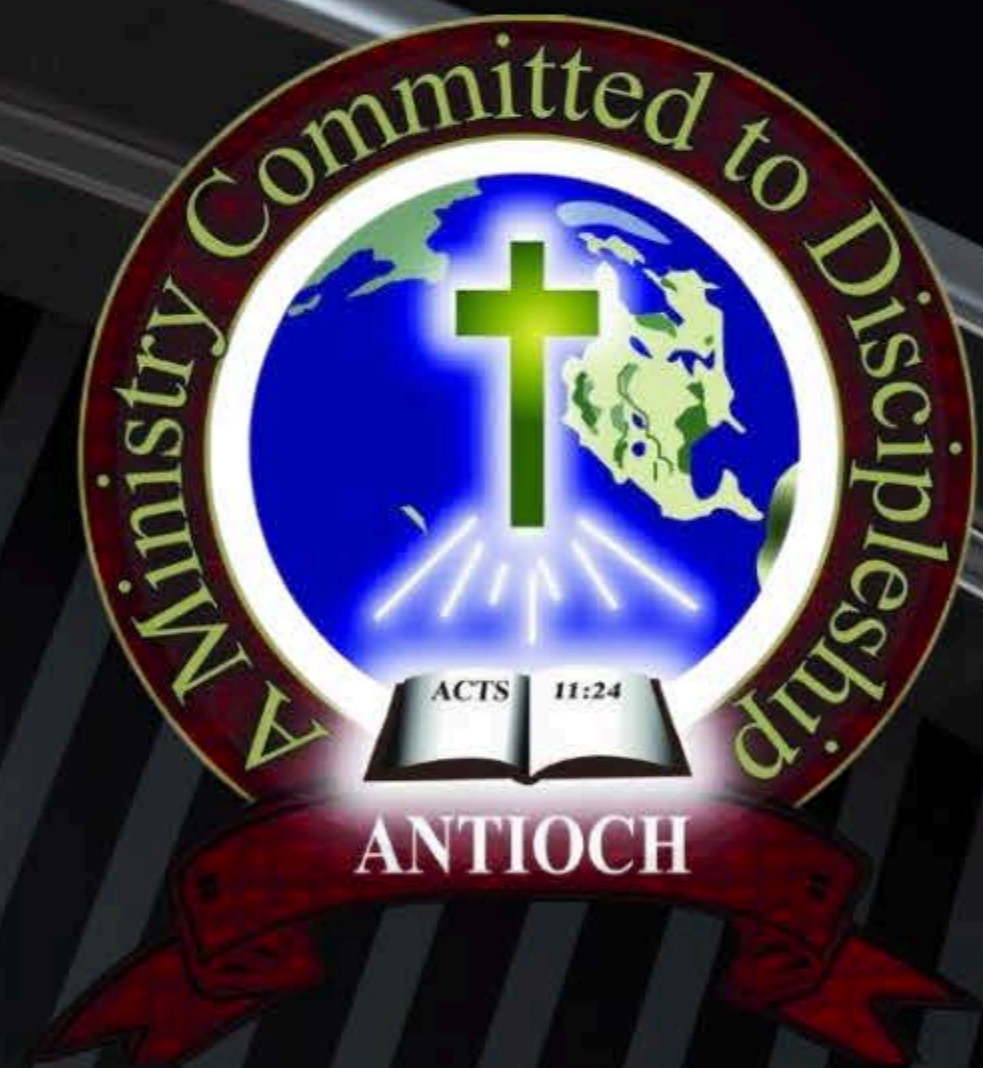
**APRIL 16, 2026**

# VISION



**“AN ANOINTED MINISTRY COMMITTED TO REACHING, PREACHING, AND TEACHING HUMANITY THROUGH THE LOVE OF CHRIST AND GOD’S WORD”**

# MISSION



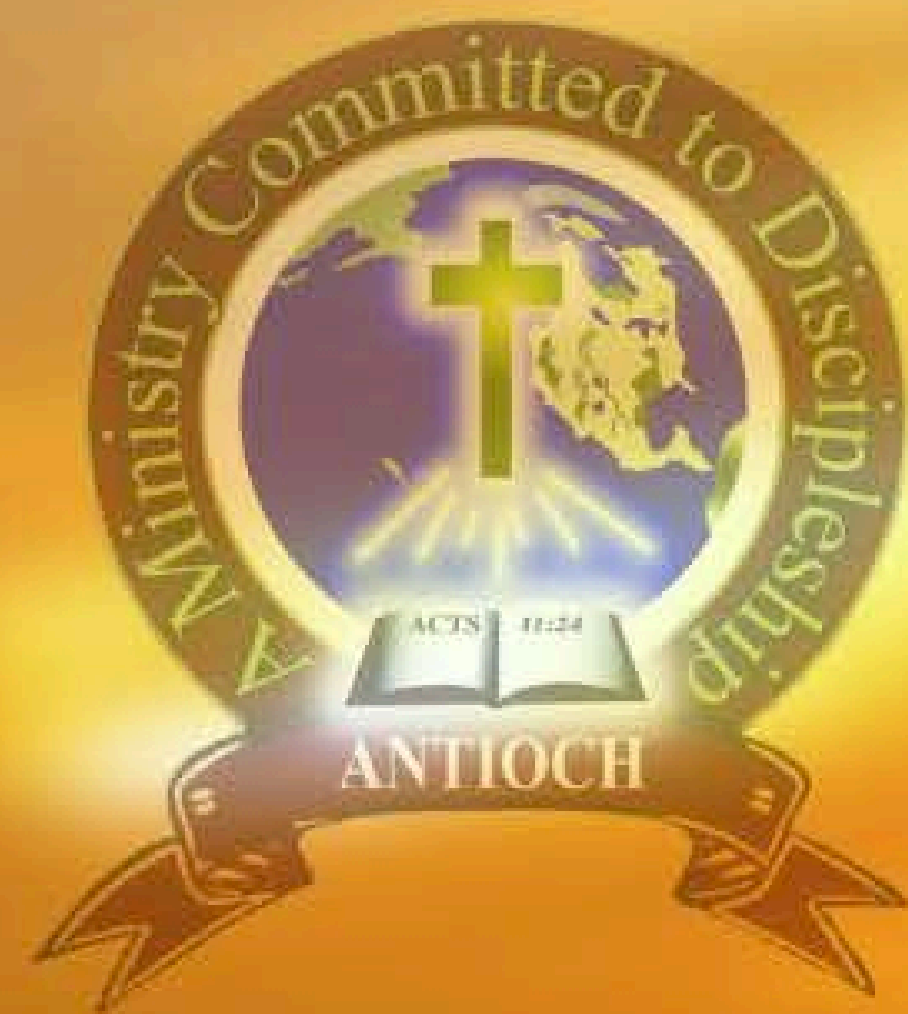
**“TO DEVELOP DISCIPLES OF CHRIST THROUGH UNCONDITIONAL LOVE AND BIBLICAL PRINCIPLES”**

# ANTIOCH

## CHURCH OF GOD IN CHRIST

**2026 THEME:**

**“KEYS TO BECOMING  
GENUINE DISCIPLES OF  
CHRIST”**



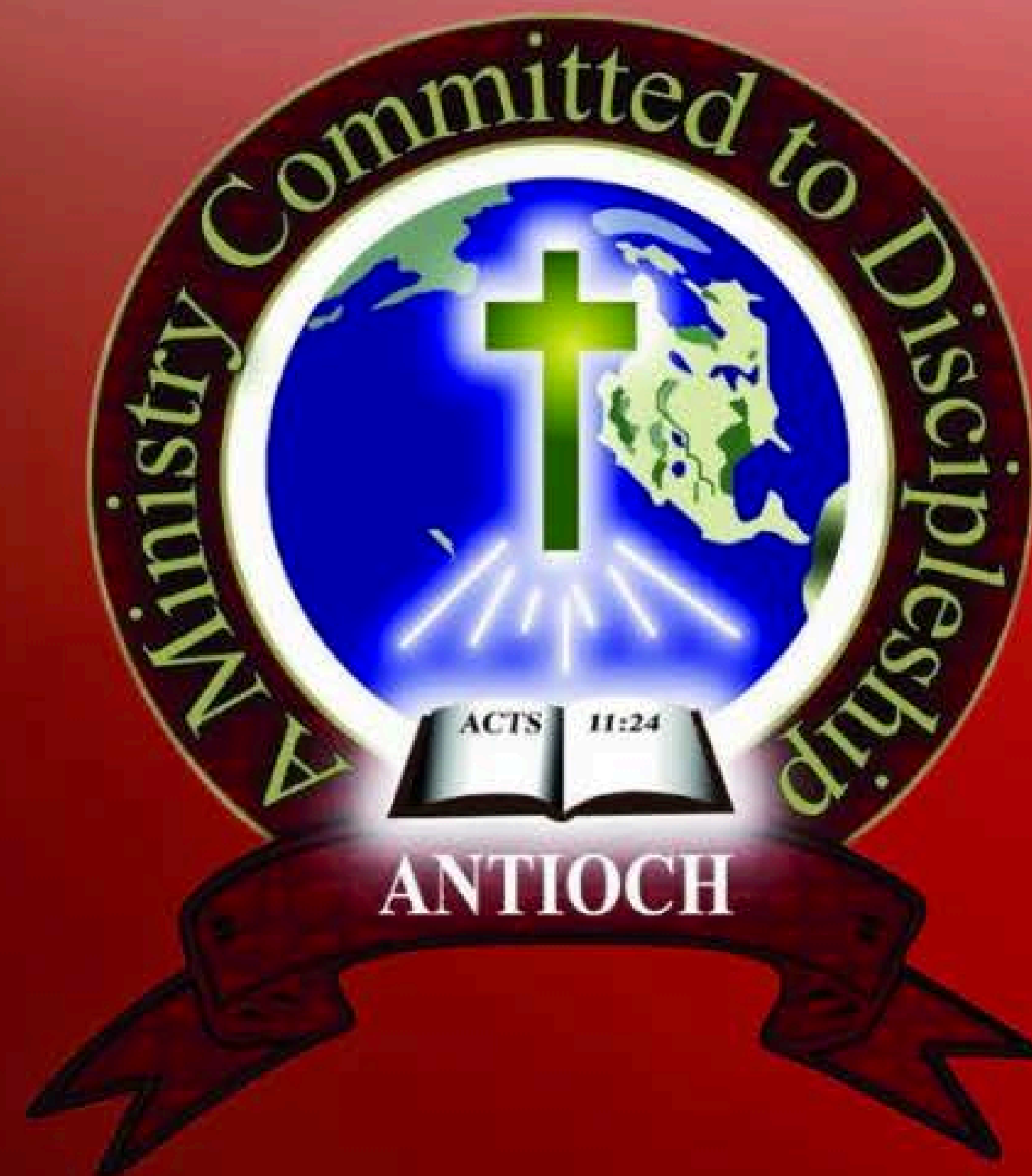
**John 8:31-32**

**John 13:34-35**

**Matthew 16:24**



# ANTIOCH COGIC INTERCESSORY PRAYER



WITH  
*Dr. Rosco Wooldridge*  
and  
*Dr. Alma Fielder*

JOIN US WEEKLY  
FOR  
*Prayer*

SUN	7:30AM	-	8:00AM
MON	6:00PM	-	7:00PM
TUE	9:00AM	-	10:00AM
WED	6:30PM	-	7:00PM

CONFERENCE CALL #

1-206-279-9591

ACCESS CODE

769072

# YOUTH DISCIPLESHIP SUNDAY

**5TH  
SUNDAY**

AGE **13-18**

**\*LADIES ONLY\***

## **SIS CIRCLE**

Lead by Sis Ebynie & Sis Ciarra

AGE **6-12**

**\*YOUNG LADIES\***

## **Y- CARE**

Lead by Sis Elizabeth & Sis Kellie

AGE **7-18**

**\*YOUNG MEN\***

## **BIG BROTHERS IN CHRIST**

Lead by Brother Brandon



Starting **THIS MARCH**

# YOUTH



# MID-WEEK PROGRAMS

**AGES  
13-18**

**YOUNG WOMEN OF EXCELLENCE**

 **2<sup>ND</sup> WEDNESDAY | 7PM**

**LEAD: EVG: TIBBS**

**MEN OF VALOR**

 **2<sup>ND</sup> & 4<sup>TH</sup>  
WEDNESDAY | 7PM**

**AGES  
10-18**

**LEAD: DR. WOOLDRIDGE**

**AGES  
19 & UP**

**YOUNG WOMEN'S CHRISTIAN COUNCIL**

 **4TH WEDNESDAY | 7PM**

**LEAD: EVG: TIBBS**

**ANTIOCH'S MEDIA DEPARTMENT IS SEARCHING FOR**

# **MEDIA TEAM VOLUNTEERS**

**We are looking for:**

- **Video Switchers**
- **PTZ camera operator**
- **Handheld camera operator**
- **Video Editor**
- **Microphone Manager/Runner**
- **Stage Hand**
- **Front of House audio engineer**
- **Livestream audio engineer**
- **Presentation operator**
- **Social Media Team Members**
- **Webmaster**



**Important Details:**

- **Audio and Video teams will serve on a consistent rotational schedule**
- **Experience is not required**
- **Perfection is not the goal**
- **Commitment and consistency are required**

**JOIN US IN DOING GOD'S WORK** 

**IF INTERESTED CONTACT HEAD OF MEDIA BRO. JAMES FLACK**



**MEDIACENTER@ANTIOCHCOGIC.ORG**



# JOIN THE YOUTH DEPARTMENT TEAM 2026

**Be the reason a young person grows, feels seen, and discovers their purpose.**

Our Youth Department is building an even stronger team for 2026 and we want **YOU** to be a part of it! Whether you love teaching, mentoring, serving, decorating, planning events, or simply showing up with a smile, **there's a place for you.**

**We Need Your Heart, Not Perfection**  
**See Youth Directors Brandon & Ciarra Mischal**

# Stay Connected

## JOIN THE EMAIL LIST

**YOUTH@ANTIOCHCOGIC.ORG**



**AGES: 21 YRS - 32 YRS**

12 & UNDER



CHILDREN'S

CHURCH

Every 2nd & 4<sup>TH</sup>  
SUNDAY



TEEN CHURCH

# DEEP DIVE

EVERY 3RD SUNDAY | 11AM

8TH - 12TH GRADE



Antioch Youth Department

**DRESS DOWN**

**SUNDAY**



**ROCK YOUR SNEAKER, DENIM, &  
DRESS DOWN!!!**

**EVERY**

**THIRD SUNDAY**

Bring a friend!

9600 W Peoria Ave

**AGES: 21 YRS - 32 YRS**

## *Homeownership: Your Dream Starts Here*

Are you ready to turn the dream of homeownership into a reality? Join us for our FREE 6-Week Homebuyer Education Series and get the knowledge, confidence, and tools you need to make one of the biggest decisions of your life, the right way.

Over six empowering weeks, you'll learn straight from industry experts who will walk you through every step of the home buying journey: from what to do (and what to avoid) so you can move forward with confidence.

### **Why Join?**

- ✓ Potential financial assistance to help you get there
- ✓ Navigate the process with confidence
- ✓ Learn the do's and don'ts of buying a home
- ✓ Expert-led guidance you can trust

### **When:**

**Thursdays: 04/16/2026-05/21/2026 Time: 7:15-8:00pm**

- **Week 1 04/16: Your Income Counts**
- **Week 2 04/23: Budgeting For Your Future**
- **Week 3 04/30: Stepping into Homeownership**
- **Week 4 05/07: Give Yourself Credit**
- **Week 5 05/14: Mortgage 101**
- **Week 6 05/21: Thinking Beyond the Purchase**

### **Where:**

**Emmanuel Church  
1537 W Buckeye Rd,  
Phoenix, AZ 85007**

**For more information contact:  
Maya Henley: 602-316-6643 (call or text)  
mhenley@rehobothphx-cdc.org**





# Emergency Support for College Students Facing Rent, Food, or Tuition Trouble

RESOURCES FOR STUDENTS FACING RENT,  
TUITION HOLDS, HOUSING INSECURITY, OR  
UNEXPECTED CRISES





JOIN US 2ND & 4TH  
WEDNESDAY

*Young Women of*

**EXCELLENCE**



**STUDYING  
GOD'S WORD**

**7PM**

**AGES: 21 YRS - 32 YRS**



# The Behan Law Group MILITARY VETERAN SCHOLARSHIP

## Applications Currently Open

At The Behan Law Group, P.L.L.C., we have great respect for those who dedicate their lives in service to their country and community. Our founding attorney, Michelle Behan, is a U.S. Navy Veteran, and she has been a passionate advocate for Veterans throughout her legal career, including by providing criminal defense counsel for Veterans in need and serving on a regional committee for Veterans' issues in Arizona under Senator Jeff Flake.

We are offering The Behan Law Group Military Veteran Scholarship to support Veterans and their children in the pursuit of higher education. This scholarship in the amount of \$1,000 can be used for tuition and other educational expenses at a college or university of your choice.

If you have any questions or wish to connect with our team, contact [scholarship@missduiarizona.com](mailto:scholarship@missduiarizona.com).

*The deadline for our scholarship is May 21, 2025 at 11:59PM.*

**CLICK AD FOR SCHOLARSHIP APPLICATION PACKAGE**



**EMAIL LIST ALERT**

**SIGN UP TODAY**

**NEVER MISS A  
MARRIAGE MIN UPDATE!**

**[aom@antiochcogic.org](mailto:aom@antiochcogic.org)**



**CONTACT SIS CONNIE WALKER FOR MORE INFO**

## COGIC LAUNCHES FIRST NATIONAL MENTAL HEALTH PSAs



# The Partnership Center

Center for Faith-based & Neighborhood Partnerships

U.S. Dept. of Health and Human Services

[CLICK AD TO VIEW](#)



# SUNDAY MORNING Health Corner

## Mental Health in the Black Community

Breaking the stigma surrounding mental health within our community is crucial for fostering **well-being, resilience and accessing the necessary support.**

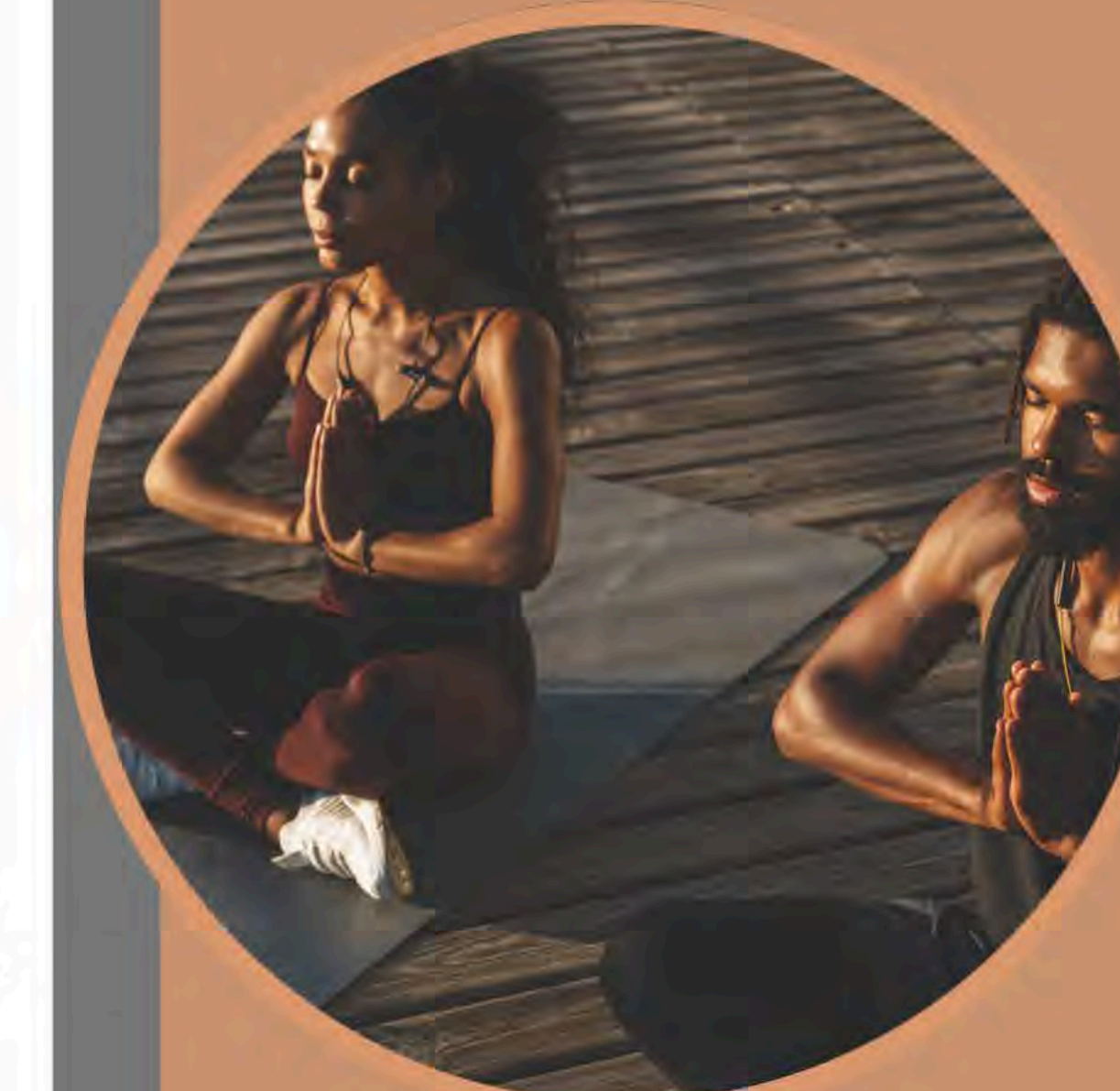
Historically, mental health issues have often been minimized or ignored due to cultural norms and mistrust of medical institutions.

Seeking help from mental health professionals who share similar **cultural backgrounds** or have specialized training in cultural competence can also help break down barriers to effective care.

Support groups, both online and in-person, create safe spaces for sharing experiences and coping strategies.

**Faith-based** initiatives can also bridge the gap between **spiritual well-being** and mental health care. Encouraging self-care practices and stress management techniques,

**Empowering our community** is a transformative step toward **breaking the stigma** and enhancing collective mental well-being.



THE  
BALM  
IN  
GILEAD  
INC.

[www.balmingilead.org](http://www.balmingilead.org)

## Banner Sun Health Research Institute Brain & Body Tour

We are happy to announce that the BSHRI Brain & Body Tour schedule for 2025 is ready.

The public is invited to learn more about exciting progress in Alzheimer's and Parkinson's disease research and see where it's happening during a guided tour of the world-renowned Banner Sun Health Research Institute.

This 90-minute in person walking tour is free and ***does require registration***. We can only accommodate a group no larger than 15 people.

**Time of Tours:** 10:30am-12:00am

### 2025 Dates of Tours

- Every 3rd Tuesday

### Location of Tour:

Banner Sun Health Research Institute  
10515 West Santa Fe Drive  
**Building A 1<sup>st</sup> Floor Conference Room**  
Sun City, Arizona 85351

*\*Main Crossroads: W. Grand Ave/HWY 60 and N. Del Webb Blvd  
Just west of Banner Boswell Hospital.*



### Registration is Required

Call (602)230-CARE (2273) or online  
[www.bannerhealth.com/calendar](http://www.bannerhealth.com/calendar)

This tour is a walking tour, if you require a wheelchair this **must be requested at the time of registration, these chairs must be reserved**. Thank you





## Know your brain health

Be proactive in healthy aging with a free community screening program

Do you question whether your brain is working normally for your age?

It is common to experience changes in memory and thinking as we age. While some changes with aging are normal, others may be symptoms that could indicate an underlying condition or something serious. To assess whether further consultation with a medical provider is necessary, Banner Sun Health Research Institute offers a free Brain Health Check-In.

Paper and pencil assessments for people 55 years and older are provided by the Neuropsychology team at our Center for Healthy Aging, and last about one hour.

You can expect to complete short questionnaires and brief memory and thinking tests. Then you will have a chance to review your brain health risk status, ask questions, and receive resources for maintaining brain health. Please note: Brain scans and blood work are not provided.

**Call today for your appointment**  
**(623)832-6506**

### DATE

Monday - Friday

### TIME

9 a.m. - 3 p.m.

\*Appointment is required

### LOCATION

**Banner Sun Health  
Research Institute**  
10515 W. Santa Fe Drive  
Building A  
Sun City, AZ

### COST

FREE

### SCHEDULING

623-832-6506

**BannerSHRI.com**



Follow us



@SunHealthResearchInstitute

Want Alzheimer's news  
sign up for the Electronic  
Monthly Caregiver  
Newsletter,  
The Beacon.



Sign up online

[www.bannerhealth.com/alzbeacon](http://www.bannerhealth.com/alzbeacon)

# DEMENTIA UNTANGLED

A PODCAST  
FOR  
CAREGIVERS



HOSTED BY:



Alzheimer's Institute &  
Sun Health Research Institute

CONVERSATIONS WITH

**PHYSICIANS, EXPERTS,  
& COMMUNITY LEADERS**

EXPLORING TOPICS RELATED TO DEMENTIA -  
FOCUSING ON INNOVATIVE IDEAS, PRACTICAL  
STRATEGIES, AND PROVEN METHODS TO CREATE A  
SUPPORTIVE PATH FOR CAREGIVERS

**NOW STREAMING WHEREVER  
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[BANNERHEALTH.COM/DEMENTIAUNTANGLED](https://BannerHealth.com/DementiaUntangled)

**Dementia**  
UNTANGLED



**ARIZONA ECCLESIASTICAL JURISDICTION  
CHURCH OF GOD IN CHRIST**

**"THE BIBLE FOR THE BATTLE"**

**Matthew 4:4; Ephesians 6:11-17**

**WEEKLY PRAYER CALL**

**EVERY WEDNESDAY @ 7AM**

**CONFERENCE CALL #**

**716.427.1108**

**ACCESS CODE**

**974895#**

**Prayer Changes Everything**

**Bishop Harvey T. Young Sr.  
Jurisdictional Prelate**

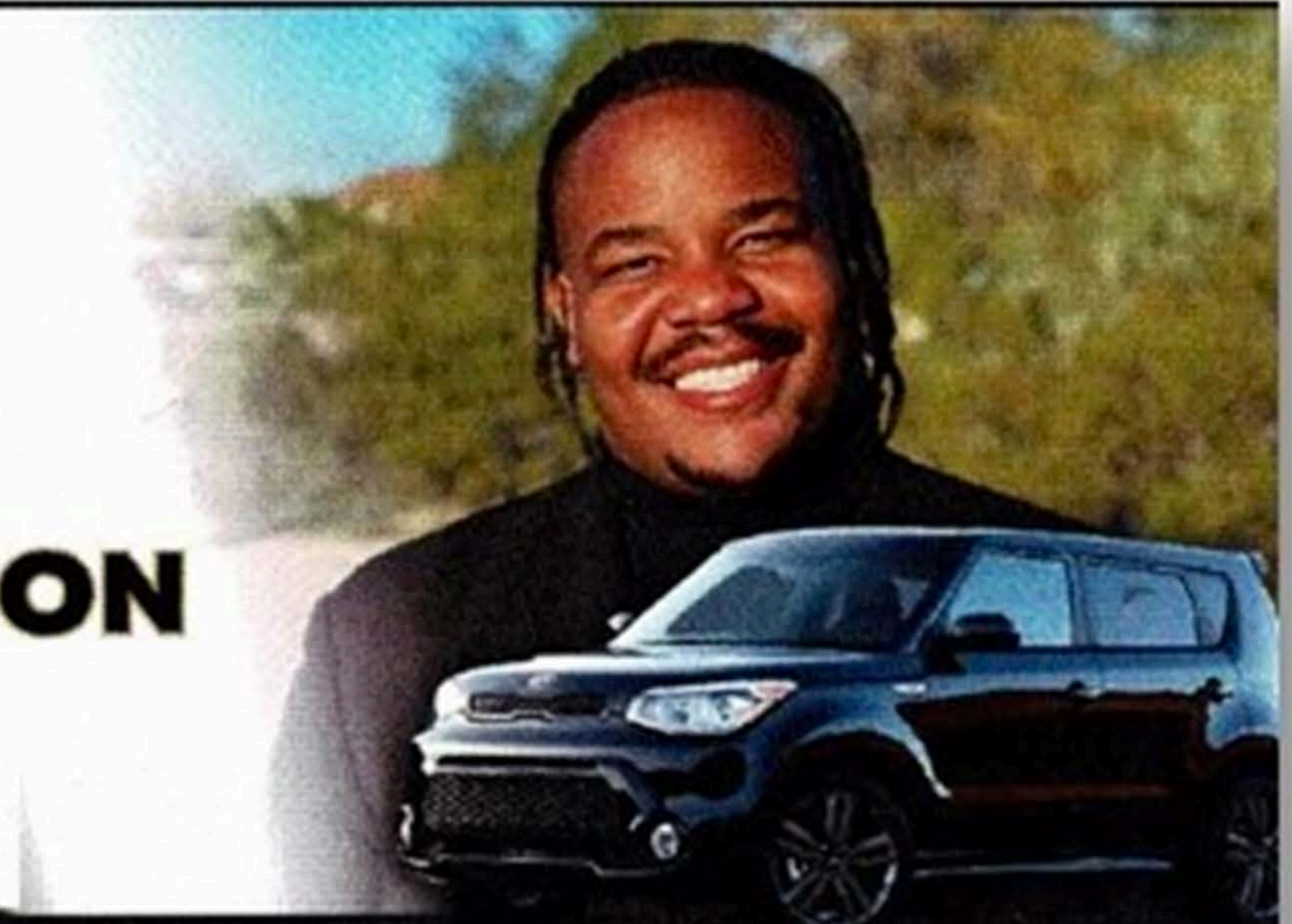




**iCARE**

# SENIOR TRANSPORTATION

*"Feels Like Family"*



**DOOR-TO-DOOR  
ASSISTANCE**



**NON-EMERGENCY  
TRANSPORT**

\*Restrictions Apply\*



**DAY-TO-DAY  
ACTIVITIES**

*Servicing Ages 65+  
Ambulatory Only*

**CALL US TODAY: (480) 773 - 3013**

[iCareSeniorTransportation@gmail.com](mailto:iCareSeniorTransportation@gmail.com)

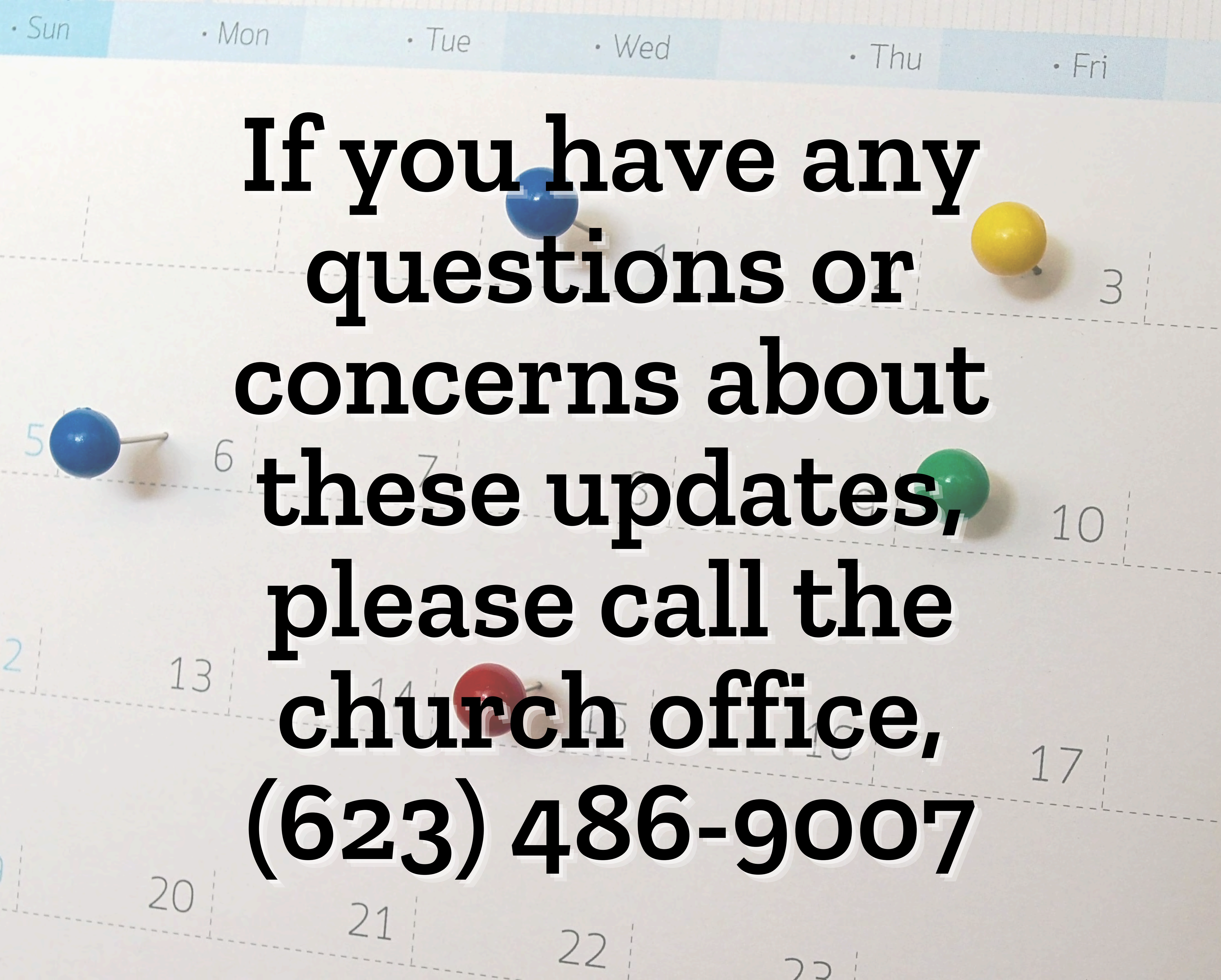
*Phoenix & Surrounding Areas*



# ANTIOCH COGIC 2025 CALENDAR



**CLICK CALENDAR TO VIEW**



**If you have any  
questions or  
concerns about  
these updates,  
please call the  
church office,  
(623) 486-9007**