

Psalm 37.1-7 NASB

(Write under each point how you can act and be transformed)

Don't Fret

"Do not fret because of evildoers, Be not envious toward wrongdoers. For they will wither quickly like the grass and fade like the green herb." (Psalm 37:1–2, NASB95)

Trust and Do Good

"Trust in the LORD and do good; Dwell in the land and cultivate faithfulness." (Psalm 37:3, NASB95)

Cultivate Faithfulness

"Trust in the LORD and do good; Dwell in the land and cultivate faithfulness." (Psalm 37:3, NASB95)

Faithfulness is a character attribute that is rare. People want to quit everything.

Delight and Receive

"Delight yourself in the LORD; And He will give you the desires of your heart." (Psalm 37:4, NASB95)

Commit and trust

"Commit your way to the LORD, Trust also in Him, and He will do it." (Psalm 37:5, NASB95)

Rest and Wait

"Rest in the LORD and wait patiently for Him; Do not fret because of him who prospers in his way, Because of the man who carries out wicked schemes." (Psalm 37:7, NASB95)

Prayer Questions: Sabbatical Reflections Extra

August 27-28, 2022 | Pastor Nate Elarton

Psalm 37:1–11 (NASB95)

¹*Do not fret because of evildoers, Be not envious toward wrongdoers.*

²*For they will wither quickly like the grass And fade like the green herb.*

³*Trust in the Lord and do good; Dwell in the land and **cultivate faithfulness.***

⁴**Delight yourself in the Lord;** *And He will give you the desires of your heart.*

⁵*Commit your way to the Lord, Trust also in Him, and He will do it.*

⁶*He will bring forth your righteousness as the light And your judgment as the noonday.*

⁷*Rest in the Lord and wait patiently for Him; Do not fret because of him who prospers in his way.*

Reflective and prayer Questions:

1. Read these verses over a couple times.
2. Invite the Holy Spirit to speak to you the truth of God's Word.
3. How is your trust in the Lord been challenging this month?
4. How can you "cultivate faithfulness" more intentionally?
5. Do you "delight in the Lord"? What does that look like? How can you find more delight, joy, and contentment in Jesus?
6. What "way" (choice, decision, actions) needs to be committed to the Lord in your life?
7. What do you need to trust Jesus in? That is resting. Rest in Jesus. Pray as you grow in patience.