

Notes:
Jesus People | Walk by the Spirit
Compelled Church, Sept 30&Oct 1 2023

Romans 8:1-17 NASB

Story of a long lost brother – “he walks just like my father”

We live with an internal conflict of flesh and Spirit (Galatians 5:17)

What is the “desires of the flesh”?

- It is our old sinful nature that is always showing up saying, “choose me to react to this situation”.
- Our internal operating system that always wants to be the first responder to tough moments.

Galatians 5:19-21 lists the deeds of the flesh

Paul experienced this tension! “Who will save me?” (Romans 7:24)

What do we gain by walking in the Spirit?

1. Freedom – v.1-4
2. Mindset – v.5-9
3. Life – v.10-13
4. Belonging – v.14-17

The **deeds** of the flesh **are**... but the **fruit** of the Spirit **is**...

Deeds are tied to what you do. Fruit is tied to a tree.

What do we know about fruit?

1. Fruit reflects the tree
2. Fruit is visible
3. Fruit is for the benefit of others

Paul says that if you walk in the Spirit, you will not carry out these desires. (Gal 5:16)

Common misconceptions:

- If I think bad thoughts, I’m not a Christian
- If I react badly in a tough moment, I’m not a Christian

These are NOT TRUE. You will get crazy thoughts, but you don’t have to do what the crazy thought says.

Paul is teaching us a way to live, a way to walk and not let verses 19-21 be your reaction to tough moments.

Jesus always responded the right way. Why? Because He looked just like His Father.

Example of the Israelites walking out of Egypt.

You Can Let Go – Jordan Janzen

Sermon Discussion Questions:
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For personal, continued, and family discussion

1. Read Romans 8:1-17 in a couple different translations. What stands out to you most about this passage?
2. Do you see the deeds of the flesh at work in our world? How so? How can we protect ourselves and our families from the potential consequences of these deeds?
3. Share about a time when you or someone you witnessed was transformed from the deeds of the flesh to the fruit of the spirit. What were some key moments in that transformation?
4. When reviewing what we gain by walking in the spirit, how have you experienced these in your life? Or how have you witnessed these in others around you?
 - a. Freedom
 - b. Mindset
 - c. Life
 - d. Belonging
5. How can you encourage someone this week with what you've learned from this message?