# Ephesians | Walk In love Message Notes January 8, 2022 Compelled Church

How can we live in walk in love when.....

#### Ephesians 5. 1-13 NASB

Walking in love does not mean.....

# His Command (5.1)

- 1. Imitate God
- 2. Walk in love

# In Comparison (5.2)

"and walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma." (Ephesians 5:2, NASB95)

- 1. As Christ loved you.\_\_\_\_\_
- 2. As Christ gave himself up for you.
- 3. A fragrant offering pleasing to God the Father

## In Conduct (5.3-5)

Immorality-Sexual immorality - worst sin, against yourself, meaning it hurts yourself and others.

"Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body." (1 Corinthians 6:18–20, ESV)

#### Impurity-

Greed – Wanting more, or wanting what others have, twin with jealousy

#### In Conversation

Filthy talk-

Silly talk- only used here in the NT-denotes empty talk that is dangerous to salvation of us and of others Futile talk and non edifying discussion

Course jesting- Abrasive jokes or comments about people

#### **Caution 5.7-13**

Do not be partakers with ...

Deception, filthiness, greed, dirty talking, sexuality immorality...

Do not go back to darkness-walk as children of the Light. Jesus is the Light John 8.23

Wake Up and Stop sleeping through your life.

"For this reason it says, "Awake, sleeper, And arise from the dead, And Christ will shine on you."" (Ephesians 5:14, NASB95)

•	eriences in your life have made it a challenge to "walk in love". Check the following and pray out how this has been a "block" to your life. (maybe join "Emotionally Healthy Spirituality").
	Abuse in my past
	Divorce
	Regrets of past decisions
	Bullied and neglected
	Trauma and anger
	I don't know how

### 2. Read Ephesians 5. 1-13

3. Walking in love

Walking in love does not mean we become great "actors" and Act loving.

Walking in love does not mean you do not have tough conversations.

Walking in love does not mean people are allowed to mistreat you and you just take it.

Walking in love does not mean we lose our God-given character qualities.

Why is the above definitions meaningful? Which one?

- 4. Read 5.1 and think about Imitating God. How do we know what to imitate? What ways can we learn?
- 5. God is love (1 John 4). If we are imitating God and patterning our life after Jesus, treating ourselves, and others in love is critical. Do you love yourself? We are supposed to. Read the words of Christ on the 2 most important commandments:

"And one of the scribes came up and heard them disputing with one another, and seeing that he answered them well, asked him, "Which commandment is the most important of all?" Jesus answered, "The most important is, 'Hear, O Israel: The Lord our God, the Lord is one. And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these."" (Mark 12:28–31, ESV)

- 6. To love yourself you need a revelation in your heart and mind of how much you are loved by God. In the first verse of chapter 5 we are call "Beloved Children". Do you think of yourself like that to Father?
- 7. Walking in love means we love God, we don't participate in unloving activities, speech, and conduct.

  Read 5.3-6 and list them out.
- 8. A word from God to us is to "WAKE UP". That means to get our act together, to become alive to the things of God, to stop sleeping through your life and your faith.

"for anything that becomes visible is light. Therefore it says, "Awake, O sleeper, and arise from the dead, and Christ will shine on you."" (Ephesians 5:14, ESV)

Are you totally awake to your soul? Are you sleeping through your faith in Christ? Is it time to become more alive in Jesus than ever before in your life?