

NOTES: Ephesians | Unity
November 5-6, 2022 | Compelled Church

Ephesians 4.1-9

- The spiritual privileges
- Blessed with all the spiritual blessing in the Father
- Being redeemed by the Son and sealed by the Spirit (1.3-14) we have been brought nearby his blood.
- That we would know God and the hope of our calling as we are God's inheritance.
- We are saved by God's grace and placed in the heavenlies in Christ (2.1-10)
- We are one body, and there is no wall between Jews and Gentiles, (2.11-3.13).
- That we would be strengthened in God's love not just theologically but also experientially (3.14-21).

How?

1. Humility meaning lowliness, opposite of self-seeking and self-serving.

"So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience; bearing with one another, and forgiving each other, whoever has a complaint against anyone; just as the Lord forgave you, so also should you." (Colossians 3:12–13, NASB95)

2. Gentleness-meaning mild, kind, easy the opposite of roughness. Not to be confused with weakness

"Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS." (Matthew 11:29, NASB95)

3. Patience mean "endurance that does not abandon hope." Also "endurance of grief."

These attributes demand conscious effort on our part relying on the Spirit of God, and the love of Christ

4. Tolerating (forbearing) with one another in love... to bear up, to endure is what this means.

Diligent, making every effort.

Unity is the Key to so much- It means we are together. Moving the same direction. One Agenda, but a lot of differences. Unity is emphasized in all the "Ones"

- One Body
- One Spirit
- One hope of our calling
- One Lord
- One faith
- One Baptism
- One God
- One Father

Ephesians 4.1-9

Read through these Spiritual Truths with Praise.

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Humility meaning lowliness, opposite of self-seeking and self-serving.

Who do you find it hard to be humble with?

How is God challenging you to be more humble with people?

Read this verse and spend time praying for you about it:

"So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience; bearing with one another, and forgiving each other, whoever has a complaint against anyone; just as the Lord forgave you, so also should you." (Colossians 3:12–13, NASB95)

Gentleness-meaning mild, kind, easy the opposite of roughness.

Where are you too rough? Are you exposing yourself to things on media that are "non-gentle"?

Who has been "gentle" with you? What did you learn about this? How did this impact you?

"Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS." (Matthew 11:29, NASB95)

Patience means "endurance that does not abandon hope." Also "endurance of grief."

Who has been patient with you? How can this help you be more patient?

Thank God for all the times he was so patient with you>

How do you preserve unity? Protect peace?

Do you entertain gossip? Have you enjoyed or been part of talking poorly about someone who was not present, believing the information as it was shared? Does this protect peace or promote division?

How can you prevent this?

How is Jesus challenging you to be a peacemaker?

"For just as we have many members in one body and all the members do not have the same function, so we, who are many, are one body in Christ, and individually members one of another. Since we have gifts that differ according to the grace given to us, each of us is to exercise them accordingly: if prophecy, according to the proportion of his faith;" (Romans 12:4–6, NASB95)