- 1. What are the most common changes people want to make in their lives.
- 2. Pastor Nate gave 3 reasons with how we know we need to change they are:

We just know. We are self-aware

"We get sick and tired of being sick and tired" Pastor Marty Eddinger

We are confronted with our ugly self

What are your thoughts? Have you experienced any of these? How are these painfully good for change?

3. 2 Corinthians 5.17 "Therefore if anyone is in Christ, *he is* a new creature; the old things passed away; behold, new things have come. "

What is this teaching us?

- 4. "We are trying hard to change behaviors, but these behaviors are the manifestation of the state of our heart." PN Do you believe this is a true statement? Why or Why not?
- 5. Read 2 Peter 1.3-11 (New American Standard Bible)
- 6. What does his "divine power" do? How is this done?
- 7. Take some time and talk about the Ladder and progression of heart change in this text. Why does change start on faith and is built on faith?
- 8. As you look through the next step and virtues taught here. Which one is an opportunity to grow for you?

Faith – Ephesians 2.8-9, It all starts here

Goodness- Treating others, love and kindness

Knowledge – Knowing Christ, not discovering salvation

Self-control - Our spirit rules our self

Perseverance- the faith not to give up; determination (Matthew 10.38 "take up our cross and follow"

Godliness- becoming Christ-like

Brotherly Kindness – Healthy relationships with other Christians

Love- Love is the foundation for all the fruit of the Spirit Galatians 5.22-23

- 9. Discuss the consequences if they lack and benefits as the grow, of these attributes (see vv. 8-10)
- 10. The key verse is verse 5. Reread this and pray for diligence.