### **Roots to Fruits**

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#### 1. ROOTS TO FRUITS

Luke 6:43-45 "For no good tree bears bad fruit, nor again does a bad tree bear good fruit, for each tree is known by its own fruit. For figs are not gathered from thorn bushes, nor are grapes picked from a bramble bush. The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks."

- **1.1.** People's fruit are their manifested actions (behaviours, words and responses to life).
- **1.2.** Our root system directly influences our fruit.
- **1.3.** The moment we are reborn we receive a new root system.

2 Corinthians 5:17 "Therefore if anyone is in Christ [that is, grafted in, joined to Him by faith in Him as Savior], he is a new creature [reborn and renewed by the Holy Spirit]; the old things [the previous moral and spiritual condition] have passed away. Behold, new things have come [because spiritual awakening brings a new life]."

**1.4.** We, how ever, tend to try and fix our fruit (behaviours) instead of connecting to our new root system.

Ephesians 2:8-10 "For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— not by works, so that no one can boast. For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."

#### 2. HOW CAN WE START WALKING IN OUR NEW IDENTITY?

**2.1.** By accepting God's love for us, allowing it to change our hearts and, by default, our behaviour.

Ephesians 3:17-19 "Then, by constantly using your faith, the life of Christ will be released deep inside you, and the resting place of his love will become the very source and root of your life. Then you will be empowered to discover what every holy one experience—the great magnitude of the astonishing loves of Christ in all its dimensions. How deeply intimate and far-reaching is his love! How enduring and inclusive it is! Endless love beyond measurement that transcends our understanding—this extravagant love pours into you until you are filled to overflowing with the fullness of God! Then you will be empowered to discover what every holy one experiences—the great magnitude of the astonishing love of Christ in all its dimensions. How deeply intimate and far-reaching is his love! How

enduring and inclusive it is! Endless love beyond measurement that transcends our understanding—this extravagant love pours into you until you are filled to overflowing with the fullness of God!"

Ezekiel 36:26 "And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh."

Galatians 5:22-23 "But the fruit produced by the Holy Spirit within you is divine love in all its varied expressions: joy that overflows, peace that subdues, patience that endures, kindness in action, a life full of virtue, faith that prevails, gentleness of heart, and strength of spirit. Never set the law above these qualities, for they are meant to be limitless. But the fruit produced by the Holy Spirit within you is divine love in all its varied expressions: joy that overflows, peace that subdues, patience that endures, kindness in action, a life full of virtue, faith that prevails, gentleness of heart, and strength of spirit. Never set the law above these qualities, for they are meant to be limitless."

**2.2.** By being connected to God and spending time with Him.

John 15:1-6 "I am a true sprouting vine, and the farmer who tends the vine is my Father. He cares for the branches connected to me by lifting and propping up the fruitless branches and pruning every fruitful branch to yield a greater harvest. The words I have spoken over you have already cleansed you. So you must remain in life-union with me, for I remain in life-union with you. For as a branch severed from the vine will not bear fruit, so your life will be fruitless unless you live your life intimately joined to mine. "I am the sprouting vine and you're my branches. As you live in union with me as your source, fruitfulness will stream from within you—but when you live separated from me you are powerless. If a person is separated from me, he is discarded; such branches are gathered up and thrown into the fire to be burned."

- **2.3.** By dealing with our roots in the following way:
  - Humbly admitting we are hurt.
  - Surrendering our hurt at the cross.
  - Allowing Holy Spirit to mend our hurts.

Matthew 11:28 "Come to me, all who labor and are heavy laden, and I will give you rest."

Psalm 23:3 "He restores my soul. He leads me in paths of righteousness for his name's sake."

# **Sermon Discussion Guide**

# OPEN YOUR GROUP WITH A PRAYER. THIS IS ONLY A GUIDE – SELECT THE POINTS YOU WANT TO DISCUSS.

- 1. What are some of the fruit (behaviours) in your life that you are trying to change?
- 2. Can you identify things in your root system that could be causing the fruit (behaviour) you would like to change?
- 3. How are you going to deal with these problems in your root system?