

**Bound, bent and burnt**  
**Lee-Ann Van Rensburg 16/09/2018**

**Hebrews 11:1 (NLT) “Faith shows the reality of what we hope for; it is the evidence of things we cannot see.”**

**1. BEING BOUND**

**1.1.** In life we sometimes become bound and that can make us loose hope.

**1.2.** At times we believe the lies that bind us. We start to agree with the lies.

**1.3.** The bible tells us the following about faith and about being bound:

**Hebrews 12: 1 (NIV) “Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us”**

**2. THE STORY OF THE WOMAN WITH THE ISSUE OF BLOOD**

**Luke 8:43-48 (TPT) “In the crowd that day was a woman who had suffered greatly for twelve years from slow bleeding. Even though she had spent all that she had on healers, she was still suffering. Pressing in through the crowd, she came up behind Jesus and touched the tassel of his prayer shawl. Instantly her bleeding stopped and she was healed. Jesus suddenly stopped and said to his disciples, “Someone touched me. Who is it?” While they all denied it, Peter pointed out, “Master, everyone is touching you, trying to get close to you. The crowds are so thick we can’t walk through all these people without being jostled.” Jesus replied, “Yes, but I felt power surge through me. Someone touched me to be healed, and they received their healing.” When the woman realized she couldn’t hide any longer, she came and fell trembling at Jesus’ feet. Before the entire crowd she declared, “I was desperate to touch you, Jesus, for I knew if I could just touch even the fringe of your robe I would be healed.” Jesus responded, “Beloved daughter, your faith in me has released your healing. You may go with my peace.”**

**2.1.** Jesus healed the woman and set her free. God’s desire is to set us free from the things that bind us.

**Eph3:20 “Never doubt God’s mighty power to work in you and accomplish all this. He will achieve infinitely more than your greatest request, your most unbelievable dream, and exceed your wildest imagination! He will outdo them all, for his miraculous power constantly energizes you.”**

### **3. THE STORY OF THE HANDICAPPED WOMAN**

**Luke 13:10-17 (TPT) “One Sabbath day, while Jesus was teaching in the synagogue, he encountered a seriously handicapped woman. She was crippled and had been doubled over for eighteen years. Her condition was caused by a demonic spirit of bondage that had left her unable to stand up straight. When Jesus saw her condition, he called her over and gently laid his hands on her. Then he said, “Dear woman, you are free. I release you forever from this crippling spirit.” Instantly she stood straight and tall and overflowed with glorious praise to God!”**

- 3.1.** This woman was bound by a crippling spirit.
- 3.2.** We can become crippled and bound physically, emotionally or spiritually.
- 3.3.** Jesus acknowledged the handicapped woman. God sees us and He acknowledges us as well.
- 3.4.** Jesus did not only acknowledge the woman, He restored her as well. God want to restore us as well.

### **4. THE STORY OF SHADRACH, MESHACH, AND ABEDNEGO IN THE FURNACE**

**Dan 3: 21-30 “So they tied them up and threw them into the furnace, fully dressed in their pants, turbans, robes, and other garments. And because the king, in his anger, had demanded such a hot fire in the furnace, the flames killed the soldiers as they threw the three men in. So Shadrach, Meshach, and Abednego, securely tied, fell into the roaring flames. But suddenly, Nebuchadnezzar jumped up in amazement and exclaimed to his advisers, “Didn’t we tie up three men and throw them into the furnace?” “Yes, Your Majesty, we certainly did,” they replied. “Look!” Nebuchadnezzar shouted. “I see four men, unbound, walking around in the fire unharmed! And the fourth looks like a god[g]!” Then Nebuchadnezzar came as close as he could to the door of the flaming furnace and shouted: “Shadrach, Meshach, and Abednego, servants of the Most High God, come out! Come here!” So Shadrach, Meshach, and Abednego stepped out of the fire. Then the high officers, officials, governors, and advisers crowded around them and saw that the fire had not touched them. Not a hair on their heads was singed, and their clothing was not scorched. They didn’t even smell of smoke! Then Nebuchadnezzar said, “Praise to the God of Shadrach, Meshach, and Abednego! He sent his angel to rescue his servants who trusted in him. They defied the king’s command and were willing to die rather than serve or worship any god except their own God. Therefore, I make this decree: If any people, whatever their race or nation or language, speak a word against the God of Shadrach, Meshach, and Abednego, they will be torn limb from limb, and their houses will be turned into heaps of rubble. There is no other god who can rescue like**

**this!" Then the king promoted Shadrach, Meshach, and Abednego to even higher positions in the province of Babylon.**

- 4.1.** Shadrach, Meshach and Abednego were bound and thrown in the fire, but God was with them and His presence obliterated the ties that bound them.
- 4.2.** God freed them completely, there was nothing left of their bondage.
- 4.3.** God wants to completely destroy the ties that bind us. He wants us to be completely free. He wants us to be free to hope and dream again.

## **Sermon Discussion Guide**

### **Bound, Bent and Burnt**

**OPEN YOUR GROUP WITH A PRAYER. THIS IS ONLY A GUIDE – SELECT THE POINTS YOU WANT TO DISCUSS.**

1. What are the lies that you believe about yourself?
2. Do you believe that God sees you and acknowledges you or does it feel like He has forgotten about you and your problems?
3. Do you still trust that God will set you free from what is binding you or have you given up hope?