

Headspace 3: Renew and review

Eduan Els 18/08/2019

1. WE CAN CHANGE OUR MINDS.

1.1. It is our own responsibility to change our way of thinking.

Romans 12:2 “...do not be conformed to this world, but be transformed and progressively changed by the RENEWING of your mind....”

1.2. We need to take responsibility for our spiritual growth and take authority over what we allow into our minds by setting our minds on living according to the Spirit—according to His will and purpose for our lives.

1.3. The goal is for our minds to be transformed to be like that of Christ.

2 Corinthians 3:18 “But we all . . . are being transformed into the same image from glory to glory”.

2. PRACTICAL STEPS TO CHANGING OUR MIND:

2.1. Identify what needs to change. If we don't know where the problem lies, we can't work on fixing it.

2 Corinthians 10:5 “We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ”

Hebrews 4:12 (AMP) “For the word of God is living and active and full of power [making it operative, energizing, and effective]. It is sharper than any two-edged sword, penetrating as far as the division of the soul and spirit [the completeness of a person], and of both joints and marrow [the deepest parts of our nature], exposing and judging the very thoughts and intentions of the heart.”

Phillipians 4:8 (AMP) “Finally, believers, whatever is true, whatever is honorable and worthy of respect, whatever is right and confirmed by God's word, whatever is pure and wholesome, whatever is lovely and brings peace, whatever is admirable and of good repute; if there is any excellence, if there is anything worthy of praise, think continually on these things [center your mind on them, and implant them in your heart].”

2.2. Take responsibility and do something about it. Once you know where the problem is – do something about it.

James 1:23-25 (ESV) “For if anyone is a hearer of the word and not a doer, he is like a man who looks intently at his natural face in a mirror. For he looks at himself and goes away and at once forgets what he was like. But the one who looks into the perfect law, the law

of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing.”

2.3. Stay connected to God and other likeminded people. It is important to have people in our lives that keep us accountable. Connection prevents deception!

Psalm 92:12-14 “The righteous will flourish like the date palm [long-lived, upright and useful]; They will grow like a cedar in Lebanon [majestic and stable]. Planted in the house of the Lord, They will flourish in the courts of our God. [Growing in grace] they will still thrive and bear fruit and prosper in old age; They will flourish and be vital and fresh [rich in trust and love and contentment]”

Proverbs 11:14 (NKJV) “Where there is no counsel, the people fall; But in the multitude of counselors there is safety.”

Sermon Discussion Guide

OPEN WITH PRAYER. THIS IS ONLY A GUIDE – SELECT THE POINTS YOU WANT TO DISCUSS.

1. Do you know what your problem areas are when it comes to your way of thinking?
What are some of those areas?
2. What are you going to do to start the process of changing your wrong ways of thinking?
3. Do you have people in your life that keep you accountable and remind you of who God says you are?