

Headspace: Power of thoughts

Lee-Ann van Rensburg 11/08/2019

1. OUR THOUGHTS ARE POWERFUL.

1.1. Everything about our lives revolves around our thoughts.

Proverbs 23:7 "For as a man thinks so is he"

1.2. For us to fulfil our destiny in life, we need a firm grip of our thought life.

Proverbs 4:23 (New Century Version) "Be careful what you think. Be careful what you think about because your thoughts run your life."

1.3. We need to think and act like Jesus.

1 Corinthians 2:16 (NLT) "We can understand these things, because we have the mind of Christ!"

2. WHAT DOES JESUS SAY IN THE BIBLE ABOUT THE WAY HE THINKS?

2.1. I know God's purpose for my life.

John 8:14 (NIV) ". . . I know where I came from and where I am going."

Luke 2:49 (KJV) "I must be about my Father's business."

John 10:10 (NLT) "My purpose is to give life in all its fullness."

2.2. I am always aware that God is with me.

John 16:32 "I am not alone because the Father is always with me."

Luke 5:15-16 (NCV) "Jesus often slipped away to be alone so he could pray."

2.3. I let God help me choose my words.

John 12:49 (GW) "I have not spoken on my own. Instead, the Father who sent me tells me what I should say and how I should say it."

2.4. I don't worry about pleasing everyone.

John 5:30 (NCV) "I only try to please the One who sent me."

Luke 16:13 (NIV) "No one can serve two masters . . ."

2.5. I depend on God's power instead of my own.

John 5:19 (NIV) "I assure you, the Son can do nothing by himself. He can only do what he sees his Father doing . . ."

2.6. I forgive my enemies and those who hurt me.

Luke 23:34 (NIV) "Father, forgive them, for they do not know what they are doing."

Matthew 5:44 (KJV) "Love your enemies, bless those who curse you, do good to those who hate you, and pray for those which despitefully use you or persecute you."

2.7. I am willing to sacrifice for others.

John 10:14-15 (NLT) "I am the good shepherd...and I lay down my life for the sheep."

Mark 10:45 "I came here not to be served but to serve others, and to give my life as a ransom for many."

1 John 3:16 "This is how we know what love is: Jesus Christ laid down his life for us. And we ought to lay down our lives for each other."

2.8. I want to do God's will, not my own.

Philippians 2:8-9 (NCV) "Jesus humbled himself and was fully obedient to God, even when that caused his death on a cross. So, God exalted him and raised him to the highest place, and made his name greater than every other name."

John 6:38 (NCV) "I came. . . to do what God wants me to do, not what I want to do."

John 14:31 (NCV) "I want the world to know that I love the Father and that is why I do everything exactly as the Father tells me to do."

Mark 14:36 (NLT) "Abba, Father, everything is possible for you. Please take this cup of suffering away from me. Yet I want your will to be done, not mine."

2.9. I think with an eternal perspective.

Hebrews 12:2 "Jesus was willing to die a shameful death on the cross because of the joy he knew would be his afterward. Now he is seated in the place of highest honor beside God's throne in heaven."

3. HOW CAN I LEARN TO THINK LIKE JESUS?

3.1. Spend time with Him, get to know Him and read His Word.

3.2. Allow Holy Spirit to lead you in truth.

John 16:15 ". . . the Spirit will take from what I have to say and make it known to you."

Sermon Discussion Guide

OPEN WITH PRAYER. THIS IS ONLY A GUIDE – SELECT THE POINTS YOU WANT TO DISCUSS.

1. After looking at point 2, how do you think your life would be different if you think more like Jesus?
2. Which of the ways Jesus think, mentioned in point 2, do you need to work on the most to see change in your life?
3. What changes are you going to make to allow yourself to think more like Jesus?