Cheer Up 3:

Sacrifice and Suffering

Lizette Du Piesanie 9 December 2018

1. CHRISTIANITY INCLUDES SUFFERING IT DOESN'T EXCLUDE IT

John 16:33 Amplified Bible (AMP) "I have told you these things, so that in Me you may have[perfect] peace. In the world you have tribulation and distress and suffering, but be courageous [be confident, be undaunted, be filled with joy]; I have overcome the world." [My conquest is accomplished, My victory abiding.]"

- **1.1** We WILL face tribulation, stress and suffering.
- **1.2** Sparring with the devil will grow us up.

1 John 2:13 (AMP) "I am writing to you, fathers [those believers who are spiritually mature], because you know Him who has existed from the beginning. I am writing to you, young men [those believers who are growing in spiritual maturity], because you have been victorious and have overcome the evil one. I have written to you, children [those who are new believers, those spiritually immature], because you have come to know the Father."

2. WE HAVE A CROSS

Luke 14:27-30 (AMP) "Whoever does not carry his own cross [expressing a willingness to endure whatever may come] and follow after Me [believing in Me, conforming to My example in living and, if need be, suffering or perhaps dying because of faith in Me] cannot be My disciple. For which one of you, when he wants to build a watchtower [for his guards], does not first sit down and calculate the cost, to see if he has enough to finish it? Otherwise, when he has laid a foundation and is unable to finish [the building], all who see it will begin to ridicule him, saying, 'This man began to build and was not able to finish!"

- **2.1.** Christians are not Christians because they go to church.
- **2.2.** Christians are not Christians because they believe in God.
- **2.3.** You are a Christian because you have a cross.

3. WE ARE LIVING SACRIFICES

- **3.1.** A Humble life is not easy.
- **3.2.** Sacrifice is not easy, but it is worth it.

Sermon Discussion Guide

Cheer up 3: Sacrifice and Suffering

OPEN YOUR GROUP WITH A PRAYER. THIS IS ONLY A GUIDE – SELECT THE POINTS YOU WANT TO DISCUSS.

- 1. Do you sometimes become discouraged because of the troubles you face in life?
- 2. What is the cross that you are currently carrying? Are you willing to make sacrifices for what you believe in?
- 3. Have the troubles you faced in the past turned you into a stronger person?