

## **Sermon Title: "Fearless Living"**

**Date and Speaker: 29 March 2024 Speaker: Louis du Piesanie**

### **Content:**

#### **Key Verses:**

"Don't be afraid." - Multiple references throughout the Bible, including after Jesus' resurrection (Matthew 28:5; Mark 16:6; Luke 24:6).

Romans 8:15 - "The resurrection life that you receive from God's Spirit is not a fearful life. You're no longer a slave to fear anymore. Instead, God's Spirit makes you his child and you now relate to God as your loving Father."

#### **Key Points:**

**Fear: Humanity's Oldest Problem:** Fear has been a common problem since the beginning, as seen in Adam's fear in the Garden of Eden. It manifests in various forms such as anxiety, worry, and anger.

Fear influences many decisions unconsciously, affecting daily life, relationships, and actions.

**Good News of Easter:** The death and resurrection of Jesus offer a way to live without fear, providing hope and courage.

**Five Truths of the Resurrection:** Understanding these truths about Jesus' resurrection can diminish fear:

Jesus tells the truth.

Death is not the end.

God loves us extravagantly.

God has a good plan for our lives.

God will take care of all our needs.

#### **Discussion Points or Questions:**

How does fear manifest in our lives, and how does it affect our decisions and relationships?

Reflect on a time when fear influenced a significant decision or action in your life.

Discuss the five truths of the resurrection mentioned in the sermon. How can understanding these truths help alleviate fear in our lives?

Share personal experiences of encountering God's love and provision in times of fear or uncertainty.

#### **Conclusion:**

Living fearlessly is not about denying the presence of fear but understanding the truths of God's love, provision, and plan for our lives. Through the death and resurrection of Jesus, we can find freedom from fear and live with hope and courage.

**Practical Exercise:**

Commit to memorizing and meditating on key verses that remind us of God's love, provision, and promise to care for our needs. Encourage one another to lean on these truths in times of fear and uncertainty.

**Application:**

Share examples within the group of how you have experienced God's faithfulness and provision in overcoming fear. Encourage each other to trust in God's promises and live with confidence in His love and care.

**Prayer and Encouragement:**

Close the discussion time in prayer, thanking God for His love, provision, and promise to care for our needs. Pray for one another to experience a deeper understanding of God's love and to live fearlessly in His grace. Encourage each other to continually rely on God's strength and trust in His plan for our lives.