SPIRITUALITY OF LANDSCAPE

The world is charged with the grandeur of God.

Gerard Manley Hopkins, God's Grandeur

On every trip into wilderness, I'm obliged to witness nature's wonder as if for the first time. The only indispensable item I pack is a capacity for amazement. That's all I need.

Belden Lane, Backpacking with the Saints, p. 240

Read [read passage twice]

Silence 3-5 minutes* - silently repeat a word or phrase that interests you... Sharing aloud (if in group): Simply share the word or phrase that spoke to you. No elaboration.

Reflect [read once]

Silence 3-5 minutes - reflecting on "Where does this touch my life?" Sharing aloud: "I hear, I see, I was struck by..."

Respond [read once]

Silence 3-5 minutes - reflecting on "How is God calling me to Respond?" Sharing aloud: Briefly pray - spontaneously expressing your response to God's call.

Rest [read once]

Rest in God's grace, in silence 2-3 minutes

*The time allotted for each period of silence can vary.