

WIND

Wind. The veil of heaven here is thin.
So blow into me, let the Spirit renew me.
Fill the sails of my heart. Wind.

Wind. In times of tôhû wabôhû,
Come and rest upon the waters bringing life to your sons and daughters,
Be our God within the storms. Wind.

Breath. The prophet called upon the breath,
And the bones came together to the glory of God forever,
In the valley of dry bones. Breath.

So descend like a dove and alight as a fire,
Touch my weary heart, lift my spirit higher.
Let the breezes blow, and the breath bring life.
Let the Spirit grow and direct my life,
And restore me by your love. Wind.

Paul H. Lang, Wind, 2009

Read [read passage twice]

Silence 3-5 minutes* - silently repeat a word or phrase that interests you...

Sharing aloud (if in group): Simply share the word or phrase that spoke to you. No elaboration.

Reflect [read once]

Silence 3-5 minutes - reflecting on "Where does this touch my life?"

Sharing aloud: "I hear, I see, I was struck by..."

Respond [read once]

Silence 3-5 minutes - reflecting on "How is God calling me to Respond?"

Sharing aloud: Briefly pray - spontaneously expressing your response to God's call.

Rest [read once]

Rest in God's grace, in silence 2-3 minutes

*The time allotted for each period of silence can vary.