ABIDE

There may be a great fire in our soul, yet no one ever comes to warm himself at it, and the passersby only see a wisp of smoke coming through the chimney and go along their way. Look here, now what must be done? One must tend the inner fire, have salt in oneself, wait patiently yet with how much impatience for the hour when someone will come and sit down – maybe to stay? Let him who believes in God wait for the hour that will come sooner or later.

Vincent van Gogh (ABC's of the Pilgrimage, 2014 Rev. Dr. Paul H. Lang)

Read [read passage twice]

Silence 3-5 minutes* - silently repeat a word or phrase that interests you... Sharing aloud (if in group): Simply share the word or phrase that spoke to you. No elaboration.

Reflect [read once]

Silence 3-5 minutes - reflecting on "Where does this touch my life?" Sharing aloud: "I hear, I see, I was struck by..."

Respond [read once]

Silence 3-5 minutes - reflecting on "How is God calling me to Respond?" Sharing aloud: Briefly pray - spontaneously expressing your response to God's call.

Rest [read once]

Rest in God's grace, in silence 2-3 minutes

*The time allotted for each period of silence can vary.

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