

# HARVEST OF JOY

When the LORD restored the fortunes of Zion,  
we were like those who dream.  
Then our mouth was filled with laughter,  
and our tongue with shouts of joy;  
then it was said among the nations,  
“The LORD has done great things for them.”  
The LORD has done great things for us,  
and we rejoiced.

Restore our fortunes, O LORD,  
Like the watercourses in the Negeb.  
May those who sow in tears  
reap with shouts of joy.  
Those who go out weeping,  
bearing the seed for sowing,  
shall come home with shouts of joy,  
carrying their sheaves.

Psalm 126: 1 – 6; *NRSV*

## **Read** [read passage twice]

Silence 3-5 minutes\* - silently repeat a word or phrase that interests you...

Sharing aloud (if in group): Simply share the word or phrase that spoke to you. No elaboration.

## **Reflect** [read once]

Silence 3-5 minutes - reflecting on “Where does this touch my life?”

Sharing aloud: “I hear, I see, I was struck by...”

## **Respond** [read once]

Silence 3-5 minutes - reflecting on “How is God calling me to Respond?”

Sharing aloud: Briefly pray - spontaneously expressing your response to God’s call.

## **Rest** [read once]

Rest in God’s grace, in silence 2-3 minutes

\*The time allotted for each period of silence can vary.