

IRISH EVENING BLESSING

May the blessing of light be on you;
light without and light within.
May the blessed sunlight shine upon you
and warm your heart till it glows like a great fire
and strangers may warm themselves as well as friends.
And may the light shine from your eyes,
like a candle set in the window of a home,
bidding the wanderer to come in out of the storm.

Adapted from a traditional Irish blessing
Peter Millar An Iona Prayer Book Pg. 61

Read [read passage twice]

Silence 3-5 minutes* - silently repeat a word or phrase that interests you...

Sharing aloud (if in group): Simply share the word or phrase that spoke to you. No elaboration.

Reflect [read once]

Silence 3-5 minutes - reflecting on "Where does this touch my life?"

Sharing aloud: "I hear, I see, I was struck by..."

Respond [read once]

Silence 3-5 minutes - reflecting on "How is God calling me to Respond?"

Sharing aloud: Briefly pray - spontaneously expressing your response to God's call.

Rest [read once]

Rest in God's grace, in silence 2-3 minutes

*The time allotted for each period of silence can vary.