# **THIRST**

The thirst we experience in the life of faith is not necessarily a sign that something is wrong. Our sense that something is missing, that we yearn for something to fill us up, may be the way the Spirit is inviting us to embark on a new journey. In our pursuit of the water that flows deep below the surface, we encounter much that is hidden until we begin digging and that is a good thing.

Rev. Dr. Paul H. Lang ABC's of the Pilgrimage, 2014

## **Read** [read passage twice]

Silence 3-5 minutes\* - silently repeat a word or phrase that interests you... Sharing aloud (if in group): Simply share the word or phrase that spoke to you. No elaboration.

## **Reflect** [read once]

Silence 3-5 minutes - reflecting on "Where does this touch my life?" Sharing aloud: "I hear, I see, I was struck by..."

#### **Respond** [read once]

Silence 3-5 minutes - reflecting on "How is God calling me to Respond?" Sharing aloud: Briefly pray - spontaneously expressing your response to God's call.

#### **Rest** [read once]

Rest in God's grace, in silence 2-3 minutes

\*The time allotted for each period of silence can vary.

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