SONG OF JOY

Sing to God a new song, For God has done marvelous things. Make a joyful noise to God, all the earth; Break forth into joyous song and sing praises, Let the floods clap their hands; Let the hills sing together for joy.

-- Psalm 98

Read [read passage twice]

Silence 3-5 minutes* - silently repeat a word or phrase that interests you... Sharing aloud (if in group): Simply share the word or phrase that spoke to you. No elaboration.

Reflect [read once]

Silence 3-5 minutes - reflecting on "Where does this touch my life?" Sharing aloud: "I hear, I see, I was struck by..."

Respond [read once]

Silence 3-5 minutes - reflecting on "How is God calling me to Respond?" Sharing aloud: Briefly pray - spontaneously expressing your response to God's call.

Rest [read once]

Rest in God's grace, in silence 2-3 minutes

*The time allotted for each period of silence can vary.

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