



## A Pilgrim's Morning Praise

**Invitatory:** (Psalm 51:15 & Lamentations 3:22-23)

Oh Lord, open my lips, and my mouth shall proclaim your praise.

The Lord's unfailing love and mercy never cease. Fresh as the morning and sure as the sunrise — the Lord's unfailing love and mercy never cease.

**Laudation:** (Hymn Tune *Tramps & Hawkers*)

At break of day I sing God's praise as sunlight fills the sky, and cast my eyes on light and life as song birds take to flight. The many rich and radiant hues of God's love manifest invite my praise of God this day as I arise from rest.



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God opens up God's mighty hand and gives me what I need. And in response I live my life with gratitude my creed. May all my words and deeds, O Lord, throughout the coming day, glorify your name above all names as I your love repay.

The Lord's abiding steadfast love and mercy never cease. The risen Lord abides with me and offers me his peace. May I, who know the peace of God, follow in his faithful way, and honor God above all else as I that peace display.

**Psalm 29 †**



Ascribe to the LORD, you gods, ascribe to the LORD glory and strength. Ascribe to the LORD the glory due God's name; worship the LORD in the beauty of holiness.

The voice of the LORD is upon the waters;\* the God of glory thunders; the LORD is upon the mighty waters. The voice of the LORD is a powerful voice; the voice of the LORD is a voice of splendor.

The voice of the LORD breaks the cedar trees; the LORD breaks the cedars of Lebanon;

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The voice of the LORD breaks the cedar trees; the LORD breaks the cedars of Lebanon;

the LORD makes Lebanon skip like a calf, and Mount Hermon like a young wild ox.

The voice of the LORD bursts forth in lightning flashes. The voice of the LORD shakes the wilderness; the LORD shakes the wilderness of Kadesh.

The voice of the LORD makes the oak trees writhe\* and strips the forests bare. And in the temple of the LORD all are crying, "Glory!" The LORD sits enthroned above the flood;\* the LORD sits enthroned as sovereign forevermore. O LORD, give strength to your people;\* give them, O LORD, the blessings of peace.

Praise the Father, the Son, and the Holy Spirit both now and forever. The God who is, who was, and is to come at the end of the ages.

**I Am —**

John 8:12 Again Jesus spoke to them, saying, "I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life."

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**Sunday Morning Collect:** (Psalm 51:15; Lamentations 3:22-23; John 8:12, 9:5; Genesis 1:1-5; John 3:17-21; Colossians 1:12; Romans 13:11-14; John 1:5)

Lord God, you are the light of the world: my true sun, my real day. I, who have dwelt for too long in darkness rejoice that you have rescued me from the power of darkness and have made me an inheritor with the saints in the light. It was on the first day of creation that you made clear the brilliance of your love by commanding, "Let there be light!"

I confess that all-too-often I prefer the darkness to the light. The light of your love has come into the world and I have preferred the darkness because I fear that my dark deeds will be exposed. I confess the lust which permeates every aspect of life and which leads me to see not only objects, but people too, as things to be possessed and used to satisfy my most base appetites.

Save me Lord! Help me to exchange the sin of lust for the virtue of love, for the night is far gone and the day is near and it is time for me to join you in the life which is the light of all people — a light and life which the darkness cannot overcome. Today may my enlightened-

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discipleship join me to your work of bringing the light and life of your love to all people. Let there be light!

In the name of the one who created the light, who was and is the light of the world, and who continues to illumine the hearts of all who seek, Amen.

**Dismissal:** (*Deuteronomy. 6:4-9*)

Hear this, people of God! The Lord your God is one, and you shall love the Lord with all your heart and all your soul and with all your strength.

I will ponder the faith when I rise up and as I walk through the day and when I lie down again — teaching the faith by word and deed.

May the strength of God sustain me and the Spirit of God direct me today and always. Amen.

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