



A Pilgrim’s Nighttime Prayer

Opening: (Psalm 124:8; 2Th. 3:16)

Our Help is in the name of the Lord who made heaven and earth. The Lord grant us a restful night and peace at the last. Amen.

Psalm 4 Night prayer †



Answer me when I call, O God, defender of my cause; you set me free when I was in distress;* have mercy on me and hear my prayer.

“You mortals, how long will you dishonor my glory;* how long will you love illusions and seek after lies?” Know that the LORD does wonders for the faithful;* the LORD will hear me when I call.



A Pilgrim’s Nighttime Prayer

Opening: (Psalm 124:8; 2Th. 3:16)

Our Help is in the name of the Lord who made heaven and earth. The Lord grant us a restful night and peace at the last. Amen.

Psalm 4 Night prayer †



Answer me when I call, O God, defender of my cause; you set me free when I was in distress;* have mercy on me and hear my prayer.

“You mortals, how long will you dishonor my glory;* how long will you love illusions and seek after lies?” Know that the LORD does wonders for the faithful;* the LORD will hear me when I call.

Tremble, then, and do not sin;* speak to your heart in silence upon your bed. Offer the appointed sacrifices,* and put your trust in the LORD.

Many are saying, “Who will show us any good?”* Let the light of your face shine upon us, O LORD. You have put gladness in my heart,* more than when grain and wine abound.

In peace, I will lie down and sleep; for you alone, O LORD, make me rest secure.

Praise the Father, the Son, and the Holy Spirit both now and forever.

The God who is, who was, and is to come at the end of the ages.

Psalm 91 Under the wing of God’s protection†

You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty—

you will say to the LORD, “My refuge and my stronghold, my God in whom I put my trust.”

For God will rescue you from the snare of the hunter and from the deadly plague.

God’s wings will cover you,* and you will find refuge beneath them; God’s faithfulness will be your shield and defense.

Tremble, then, and do not sin;* speak to your heart in silence upon your bed. Offer the appointed sacrifices,* and put your trust in the LORD.

Many are saying, “Who will show us any good?”* Let the light of your face shine upon us, O LORD. You have put gladness in my heart,* more than when grain and wine abound.

In peace, I will lie down and sleep; for you alone, O LORD, make me rest secure.

Praise the Father, the Son, and the Holy Spirit both now and forever.

The God who is, who was, and is to come at the end of the ages.

Psalm 91 Under the wing of God’s protection†

You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty—

you will say to the LORD, “My refuge and my stronghold, my God in whom I put my trust.”

For God will rescue you from the snare of the hunter and from the deadly plague.

God’s wings will cover you,* and you will find refuge beneath them; God’s faithfulness will be your shield and defense.

You shall not fear any terror in the night, nor the arrow that flies by day;

nor the plague that stalks in the darkness, nor the sickness that lays waste at noon.

A thousand may fall at your side and ten thousand at your right hand,* but it will not come near you.

You will only have to look with your eyes, and you will see the reward of the wicked.

Because you have made the LORD your refuge, and the Most High your habitation,

no evil will befall you, nor shall affliction come near your dwelling.

For God will give the angels charge over you, to guard you in all your ways.

Upon their hands they will bear you up, lest you strike your foot against a stone.

You will tread upon the lion cub and viper; you will trample down the lion and the serpent.

I will deliver those who cling to me; I will uphold them, because they know my name.

They will call me, and I will answer them; I will be with them in trouble; I will rescue and honor them.

You shall not fear any terror in the night, nor the arrow that flies by day;

nor the plague that stalks in the darkness, nor the sickness that lays waste at noon.

A thousand may fall at your side and ten thousand at your right hand,* but it will not come near you.

You will only have to look with your eyes, and you will see the reward of the wicked.

Because you have made the LORD your refuge, and the Most High your habitation,

no evil will befall you, nor shall affliction come near your dwelling.

For God will give the angels charge over you, to guard you in all your ways.

Upon their hands they will bear you up, lest you strike your foot against a stone.

You will tread upon the lion cub and viper; you will trample down the lion and the serpent.

I will deliver those who cling to me; I will uphold them, because they know my name.

They will call me, and I will answer them; I will be with them in trouble; I will rescue and honor them.

With long life will I satisfy them, and show them my salvation.

Praise the Father, the Son, and the Holy Spirit both now and forever.

The God who is, who was, and is to come at the end of the ages.

Hymn Now In The Fading Light of Day - PHL

Now in the fading light of day, Maker of all to we pray, That in Your ever-watchful love, You guard and guide us from above.

Help and defend us through the night, danger and terror put to flight. Never let evil have its way. Preserve us for another day.

O Father, this we ask be done, Through Jesus Christ thine only Son, Who with the Holy Ghost and Thee, Does live and reign eternally.

Night Collect (Rom. 8:39, Rev. 1:8 & 22:13, John 16:13, Psa. 32:8-9)

Lord have mercy. Christ Have mercy. Lord have mercy.

Alpha and Omega, First and Last, the God who is and was and is to come at the end of the ages — you are the ground of all being, the source, guide, and goal of our living. Your sovereign purpose outlasts every obstacle. Your “yea!” overrules all “nays.” Teach us, who have

With long life will I satisfy them, and show them my salvation.

Praise the Father, the Son, and the Holy Spirit both now and forever.

The God who is, who was, and is to come at the end of the ages.

Hymn Now In The Fading Light of Day - PHL

Now in the fading light of day, Maker of all to we pray, That in Your ever-watchful love, You guard and guide us from above.

Help and defend us through the night, danger and terror put to flight. Never let evil have its way. Preserve us for another day.

O Father, this we ask be done, Through Jesus Christ thine only Son, Who with the Holy Ghost and Thee, Does live and reign eternally.

Night Collect (Rom. 8:39, Rev. 1:8 & 22:13, John 16:13, Psa. 32:8-9)

Lord have mercy. Christ Have mercy. Lord have mercy.

Alpha and Omega, First and Last, the God who is and was and is to come at the end of the ages — you are the ground of all being, the source, guide, and goal of our living. Your sovereign purpose outlasts every obstacle. Your “yea!” overrules all “nays.” Teach us, who have

seen the strength of your love in the risen Lord, to live in confidence that nothing can separate us from the love of God in Christ Jesus our Lord. Amen.

Final Blessing

Now may the God whose love conquers even death hold me in a compassionate embrace. May every fear find its solace, every joy be made complete, and may the all-powerful Lord grant me a restful night and a peaceful death. Amen.

Salve Regina [Modeled after Monastery of the Holy Spirit, Conyers GA]

O Hail Holy Queen — Mother of Mercy! Hail our life, our sweetness, and our hope! To you do we cry, poor banished children of Eve! To you do we send up our sighs, mourning and weeping, through this veil of tears. Turn then, most gracious advocate, your eyes of mercy toward us! And after this, our exile, show unto us the blessed fruit of your womb, Jesus. O Clement! O Loving! O Sweet Virgin Mary! Alleluia!

† *The Psalms are taken from The Book of Common Worship: Daily Prayer, Westminster John Knox Press. Used by Permission.*

seen the strength of your love in the risen Lord, to live in confidence that nothing can separate us from the love of God in Christ Jesus our Lord. Amen.

Final Blessing

Now may the God whose love conquers even death hold me in a compassionate embrace. May every fear find its solace, every joy be made complete, and may the all-powerful Lord grant me a restful night and a peaceful death. Amen.

Salve Regina [Modeled after Monastery of the Holy Spirit, Conyers GA]

O Hail Holy Queen — Mother of Mercy! Hail our life, our sweetness, and our hope! To you do we cry, poor banished children of Eve! To you do we send up our sighs, mourning and weeping, through this veil of tears. Turn then, most gracious advocate, your eyes of mercy toward us! And after this, our exile, show unto us the blessed fruit of your womb, Jesus. O Clement! O Loving! O Sweet Virgin Mary! Alleluia!

† *The Psalms are taken from The Book of Common Worship: Daily Prayer, Westminster John Knox Press. Used by Permission.*