



JOURNAL PAGE

1. What does this story teach me about God or the gospel?
2. What does this story teach me about myself?
3. Are there any commands in this story to obey? How are they for God's glory and my good?
4. Are there any promises in this story to remember? How do they help me trust and love God?
5. How does this story help me to live on mission better?



Unit 18 • Session 5

WE SHOULD BE SORRY FOR SIN

Romans 8

**HOW SHOULD WE FEEL WHEN WE SIN?
WHEN WE SIN, WE SHOULD FEEL SORRY THAT WE HAVE DISOBEYED GOD AND
WANT TO TURN FROM OUR SIN BECAUSE WE LOVE HIM.**

Over and over in the Old Testament, God's people promised to be faithful. God gave His law to show what He requires, but the people failed to obey perfectly. Even when they wanted to obey God, they could never be good enough. Their sin made them guilty before God. They needed a Savior.

God kept His promise to send a Savior. Jesus came to rescue sinners. A believer named Paul wrote about sin in a letter to Christians in Rome. Paul said that Jesus was the Savior the people had been waiting for.

Paul said: "Now there is no condemnation—no judgment or punishment—for those who have been saved by faith in Jesus. Why? Because the new law—the law of the Spirit—has set you free from the old law. The old law was written down, and it helped you understand that you are a sinner. God sent Jesus to defeat sin and death so that we could be made righteous by faith in Him and live through the Spirit. God has put the new law in our hearts. The new law brings life and peace."

So Paul talked about two ways of living: by doing what our sinful self wants or by doing what God wants. God gives us His Spirit and power to live in a way that honors God.

God's Spirit in us gives us power to turn away from sin and obey God. God gives us a new heart—new desires and a new way of thinking. We still struggle with sin, but now what is most true about us is not that we are sinners but that we belong to Jesus.

Christ Connection: God sent Jesus to take the punishment our sin deserves. Because of Jesus, we have forgiveness of sins and eternal life. Through God's Spirit, we have the power to turn away from sin and live to bring glory to God.

FOLD

We Need a Savior | Match each Bible verse to the correct description.

Romans 3:23

Isaiah 59:2

Ephesians 2:1-2

Galatians 2:16

Ephesians 2:8

Acts 4:11-12

Works of the law cannot save us.

We cannot save ourselves.

We were dead in our sins before.

Only Jesus can save people from sin and death.

Everyone has sinned.

Sin separates us from God.

Crossword Challenge | Complete the puzzle using the clues below and these words: eternal, faithful, new, power, punishment, rebelled, Savior, sin, Spirit, sorry.

ACROSS

- We should be _____ for our sin.
- God promised to send a _____ to save us from sin and death.
- God gives us a _____ heart.
- God's people _____ and turned away from Him.
- God's people promised to be _____.

DOWN

- Jesus frees us from the _____ of sin.
- There is no _____ for those in Christ.
- Jesus gives us His _____ so we can live to honor Him.
- _____ makes us guilty before God.
- Jesus gives us _____ life.

