

April 25, 2021
Mark DeCoursey, Director of Missions
Series: "How Ya Doin'?" - Part 3 of 5
Message: "Kinda Stressed"

Main text: Psalm 55

Big idea

Our goal in handling stress is to learn to depend on God.

Responding to stress...

1. ... based on _____.

A. _____

Psalm 55:1-2, Psalm 55:3

B. _____

Psalm 55:6-8

C. _____

Psalm 55:12-14

D. _____

Psalm 55:15

2. ... based on _____.

A. I will _____ upon God.

Psalm 55:16

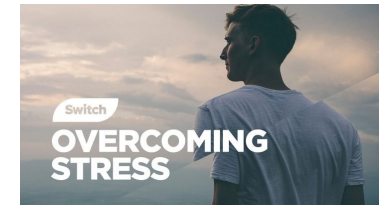
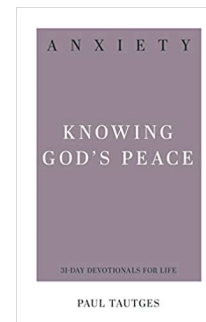
B. I will _____ on God.

Psalm 55:17-18

C. I will _____ on God.

Psalm 55:22-23

Sermon Resources



staffordcrossing.org/april25resources

MY NEXT STEP TODAY IS TO:

- Grab a friend and one of the resources and start processing your stress based on God's character.
- Read Psalm 55 everyday for a week.
- Trust and follow Jesus.

We exist to help people trust and follow Jesus