

# Give God Seven - Day 2

## **Theme: Worship Like This**

Today we focus on worship. Our *Worship Like This* series has been showing us that worship isn't just a moment in church, it's a lifestyle that declares God's worth in every situation. Week one laid the foundation that worship is essential, and in week two Lia reminded us that when God is our everything, we can worship in anything.

#### **Scripture to Meditate**

Psalm 103:1-2 (CSB)

"My soul, bless the LORD, and all that is within me, bless his holy name. My soul, bless the LORD, and do not forget all his benefits."

### Reflect

- Worship is not about mood, it's about choice
- Ask yourself: What would it look like for me to bless the Lord with all that is within me today?

#### Practice (7 minutes or more)

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- Word: Read Psalm 103:1–5 and list the benefits of God's goodness you see there
- Prayer: Thank God for three specific benefits you've personally experienced
- Worship: Play or sing a song that helps you magnify God today
- Faith in Action: Turn one ordinary task into worship by doing it with gratitude and excellence before God

### **Final Thought**

Worship is not something you schedule; it's something you live. As you give God these seven minutes, let your whole day declare His worth.

You can revisit *Worship Like This* right here in the app, complete with the notes from week one (taught by Pastor Damon) and week two (taught by Lia).

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