

# *I Want to Feel Good About Myself Again*

Psalms 51:8-12

## **Introduction:**

*“When God forgives, there is an immediate and complete change in relationship. Instead of hostility, there is love and acceptance. Instead of enmity, there is friendship.”*

**- Billy Graham**

### **I. A plea to restore the feelings that sin had taken.**

A. A plea to restore the resonances of a forgiven life.

#### **Psalms 51:7 *Make me to hear joy and gladness;***

*“He had become deaf to the voice of God, deaf to all sounds of joy. Once he had been able to take his harp and make the halls of his palace ring with joy and gladness. No more!”*

**- John Phillips**

B. A plea to restore the rejoicing of a forgiven life.

#### **Psalms 51:7 . . . *that the bones which thou hast broken may rejoice.***

### **II. A plea to restore the fellowship that sin had taken.**

A. He requested a relationship without being rejected.

#### **Psalms 51:9 *Hide thy face from my sins,***

#### **Psalms 51:11 . . . *Cast me not away from thy presence;***

*“Revealing our feelings is the beginning of healing. Articulating what’s on our heart, confessing our mistakes, is the first step in seeing that God can forgive those mistakes and all others.”*

**- Max Lucado**

### III. A plea to restore the freedom that sin had taken.

The luxury of familiarity:

*Romans 8:15 . . . whereby we cry, Abba, Father.*

The same that Jesus gives to us, in fellowship with God.

A. He wanted the freedom that only comes from a clean heart.

***Psalms 51:10 Create in me a clean heart, O God; and renew a right spirit within me.***

B. He wanted the freedom that only comes from a cleared head.

***Psalms 51:12 Restore unto me the joy of thy salvation; and uphold me with thy free spirit.***

*“The word David used here for ‘joy’ comes from two Hebrew roots, one meaning ‘bright’ and the other meaning ‘lily’ or ‘whiteness’. David wanted to get back a joy which was as bright and beautiful as the lily.”*

**- John Phillips**