

# **Asking for a Friend (Week 3)**

**The Good, The Bad, and The  
Impact on Our Journey**

**July 21, 2024**



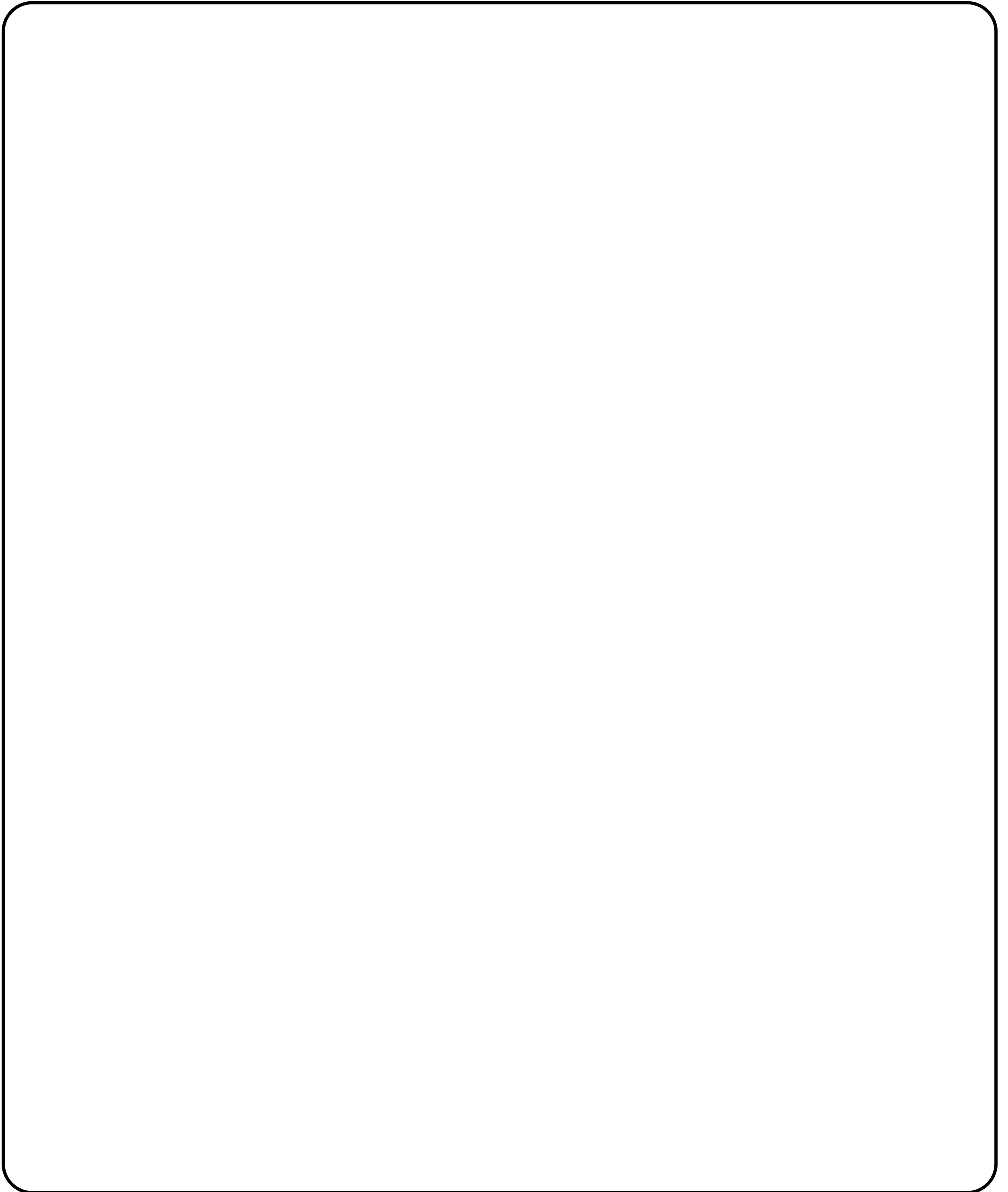
**LAS LOMAS COMMUNITY CHURCH  
WEDNESDAY NIGHT STUDY  
WWW.LASLOMASCC.COM**

**Before the Bible study,**

- Please watch/listen to last Sunday's message at [laslomascc.com/media](http://laslomascc.com/media)

**What's one thing about this week's message that stood out to you as something you needed to hear OR a question you had about the message?**

**QUESTION**



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**KEY POINTS FROM THE SERMON**

- *THE POWER OF GOOD HABITS*
- *THE DANGER OF BAD HABITS*
- *THE JOURNEY OF TRANSFORMATION*

# DISCUSSION QUESTIONS

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## Read Daniel 6:10

- How did Daniel's habit of praying three times a day demonstrate his commitment to God?
- What can we learn from Daniel's consistency in prayer despite the threat of persecution?
- How can establishing a regular prayer routine impact our relationship with God?

## Read Judges 16:19-20

- What were the consequences of Samson's bad habit of yielding to temptation?
- How did Samson's inability to break free from destructive habits impact his calling and strength?
- What steps can you take to identify and confront bad habits in your life?
- How can personal reflection and setting aside time for this daily help you confront these habits?
- Who can you share your struggles with for accountability, and how can they support you?

## Read Romans 12:2

- How does Paul emphasize the importance of transformation through the renewing of our minds?
- What old, harmful habits do you need to throw away?
- What new, godly habits can you replace them with?
- What does it mean to commit to a lifestyle of continuous growth and transformation?
- How does obedience to God play a role in this transformation process?

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# LIVING IT OUT

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Developing good habits requires consistent effort and daily commitment. Below are some practical steps to help you integrate the principles from the sermon into your everyday life. By following these steps each day, you can grow closer to God and strengthen your faith, reflecting the character of Christ.

- **Monday**: Set specific times for prayer and stick to them. Start your day with a morning prayer, have a midday prayer break, and end with an evening prayer.
- **Tuesday**: Identify one small task or responsibility and focus on being faithful and reliable in completing it.
- **Wednesday**: Engage in fellowship. Attend Wednesday's Family Night and share what you've learned throughout the week.
- **Thursday**: Trust in God's sovereignty. Write down a list of things you are anxious about and pray over them, surrendering them to God.
- **Friday**: Be a public witness. Look for an opportunity to share your faith through your actions or words with someone.
- **Saturday**: Prioritize obedience to God. Read a passage of scripture and ask God to help you live out its teachings.



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