



Mind-Full

CULTIVATING THE FRUIT OF THE SPIRIT

WEEK 2 || February 11, 2024



**LAS LOMAS COMMUNITY CHURCH
WEDNESDAY NIGHT STUDY
WWW.LASLOMASCC.COM**

Before the Bible study,

- Please watch/listen to last Sunday's message at laslomascc.com/media

What's one thing about this week's message that stood out to you as something you needed to hear OR a question you had about the message?

QUESTION

MAIN POINTS FROM THE SERMON

- **ZACCHAEUS: FROM GREED TO GENEROSITY (FRUIT: GOODNESS & KINDNESS)**
- **PETER: FROM FEAR TO FAITHFULNESS (FRUIT: FAITHFULNESS & COURAGE) and**
- **MARY MAGDALENE: FROM TORMENT TO TESTIMONY (FRUIT: LOVE & JOY)**

DISCUSSION QUESTIONS

READ Luke 19:1-10 & Ephesians 4:22-24

- Discuss Zacchaeus' initial character and his transformation after meeting Jesus.
 - What specific actions demonstrated his change?
- Can you identify a "Zacchaeus moment" in your life, where an encounter with Jesus led to a significant transformation?
- How can we cultivate goodness and kindness in our daily interactions, even in challenging circumstances?

READ Matthew 26:69-75 & John 21:15-19

- Reflect on a time when fear hindered your faithfulness to God. How did you overcome it?
- Discuss practical ways the Holy Spirit can help us transform our fear into faithfulness and courage in our current life situations.

READ Luke 8:1-3 & John 20:1, 11-18

- Examine Mary Magdalene's journey from being healed by Jesus to becoming the first to testify to His resurrection.
 - What does her story teach us about Jesus' power to transform lives?
- How has your personal encounter with Jesus transformed your life from "torment" to "testimony"?
- In what ways can we more effectively share our testimonies of love and joy with others, especially those who are still seeking hope?

LIVING IT OUT SECTION

This week, take a journey to deepen your walk with Christ through daily actions focused on cultivating the Fruit of the Spirit in your life and community.

- **Monday:** Reflect on the aspect of the Fruit of the Spirit you wish to cultivate this week. Pray for God's guidance in developing this trait in your life.
- **Tuesday:** Identify someone in your life who could use a demonstration of kindness or goodness. Make a plan to show them Christ's love through your actions.
- **Wednesday:** Spend time in prayer asking God to reveal any fears that are holding you back from fully living out your faith. Journal about these fears and God's promises that counteract them.
- **Thursday:** Write down your testimony or a significant moment when you experienced God's transformative love. Consider sharing this with a friend or family member.
- **Friday:** Set aside time for quiet reflection on the ways you've seen the Fruit of the Spirit manifest in your life this week. Thank God for His work in and through you.
- **Saturday/Sunday:** Engage in a community service or church activity that allows you to practice the Fruit of the Spirit in a community setting.



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