



Armor of God Study Guide (Week 2)

June 9, 2024



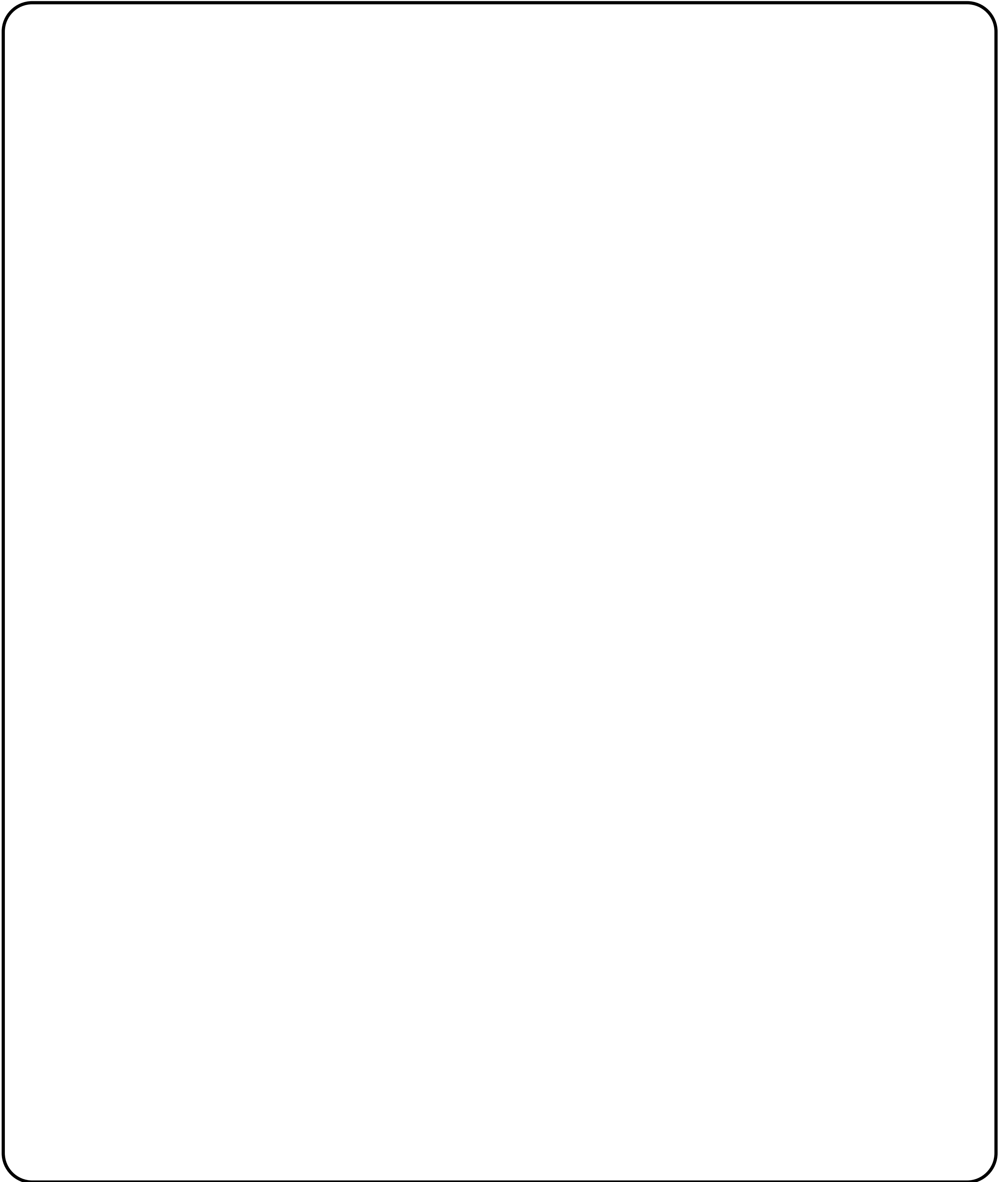
**LAS LOMAS COMMUNITY CHURCH
WEDNESDAY NIGHT STUDY
WWW.LASLOMASCC.COM**

Before the Bible study,

- Please watch/listen to last Sunday's message at laslomascc.com/media

What's one thing about this week's message that stood out to you as something you needed to hear OR a question you had about the message?

QUESTION



MAIN POINTS FROM THE SERMON

READ EPHESIANS 6:14

- ***THE BELT OF TRUTH***
- ***THE BREASTPLATE OF RIGHTEOUSNESS***

DISCUSSION QUESTIONS

The Belt of Truth (Colossians 2:8-10)

- Understanding Truth:
 - What does Paul mean by “truth” in this context?
 - How does truth function like a belt in our spiritual lives?
- Philosophical Deceptions:
 - What are some modern examples of hollow and deceptive philosophies that can poison our spiritual well-being?
- Tradition vs. Truth:
 - How can human traditions sometimes lead us away from the truth found in Christ?
- Strength in Christ: READ Philippians 4:12-13.
 - How does knowing that “I can do all this through him who gives me strength” empower us to live out the truth?

The Breastplate of Righteousness (2 Corinthians 5:17 & Luke 6:45)

- New Creation:
 - What does it mean to be a new creation in Christ?
 - How does this transformation equip us with the breastplate of righteousness?
- Heart Condition:
 - According to Luke 6:45, how does the condition of our heart affect our words and actions? Give examples from your life.
- Protection:
 - How does the breastplate of righteousness protect our hearts and minds?
- Daily Armor:
 - What are some practical steps we can take each day to “put on” the breastplate of righteousness?

LIVING IT OUT

This week, as you meditate on this week's scriptures, ask the Holy Spirit to reveal areas you need to focus on. The following are steps to help you:

- **Personal Reflection:**

- Spend time this week examining your heart. Are there areas where you have allowed deceptive philosophies or traditions to overshadow the truth of Christ? Write down these areas and pray for God's guidance and strength to overcome them.

- **Scripture Memorization:**

- Memorize Ephesians 6:14 and Philippians 4:12-13. Meditate on these verses daily, allowing their truths to penetrate your heart and mind.

- **Active Application:**

- Choose one area of your life where you can more fully "put on" the belt of truth and the breastplate of righteousness. This could be in your workplace, home, or personal spiritual practices.

- **Accountability:**

- Partner with another group member to pray for each other and hold each other accountable in living out the truths discussed in this study. Check in midweek to encourage and support one another.



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