



## How Long?

Psalm 13

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In lament, bring  
your whole self  
to God.



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These things I have spoken unto you,  
that in me ye might have peace.  
In the world ye shall have tribulation:  
but be of good cheer; I have overcome the world.

John 16:33

DailyVerses.net

Ask God to intervene for your good and  
for His.

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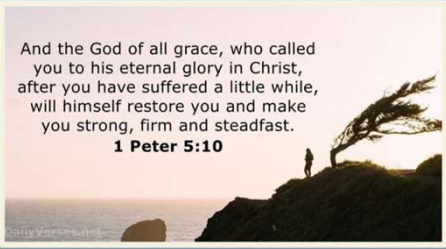
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And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.

**1 Peter 5:10**

Look to the gospel to bring you joy in the midst of the suffering.

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Rejoice in the sweetness of the gospel, even in the sour space of suffering.



SUFFERING PROVIDES THE GYM EQUIPMENT ON WHICH MY FAITH CAN BE EXERCISED.

JONI EARECKSON TADA



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