FERVENT

THE MASTER CLASS ON PRAYER

LUKE 11:1

LIVING A FASTED LIFE

What is Fasting?

Biblical fasting is doing without food for a period of time for spiritual purposes (i.e. seek God).

Biblical fasting can be either corporate or personal.

Biblical fasting is a private discipline with open rewards.

Who is Fasting for?

FASTING IS FOR EVERYONE!!!

And when you fast...
(Matthew 6:16)

But someday the groom will be taken away from them, and then they will fast. (Luke 5:35)

Why Fast?

-1-

Helps keep the flesh <u>under</u>.

The devil’s way to a man’s destiny is through his “stomach”.

ADAM & EVE:

Genesis 3:1-6.

When the woman saw that the tree was good for food, that it was pleasing to the eyes and a tree desirable to make one wise, she took of its fruit and ate;... (Genesis 3:6)

ESAU:
Hebrews 12:14-17

And [see to it] that no one is immoral or godless like Esau, who sold his own birthright for a single meal. (Hebrews 12:17)

JESUS:
Matthew 4 - Temptation of Jesus

But He answered, “It is written, ‘Man shall not live by bread alone, but by every word that proceeds out of the mouth of God. (Matthew 4:4)

But He said to them, “I have food to eat of which you do not know.” (John 4:32)

Jesus said to them, “My food is to do the will of Him who sent Me, and to finish His work.” (John 4:34)

MOSES:
Hebrews 11:24-27

He chose to suffer with God's people instead of having fun doing sinful things for awhile.
(Hebrews 11:25, NLT)

Any shame that he suffered for Christ was worth more than all the riches in Egypt. He kept his eyes on the reward God was going to give him. (Hebrews 11:26, NLT)

By faith he forsook Egypt, not fearing the wrath of the king. He endured by looking to Him who is invisible. (Hebrews 11:27)

-2-

Helps you hear God better.

Fasting is not starving but feasting on the Word of God.

AND the principal way that God speaks to us is through His Word.

Will You not revive us again, that Your people may rejoice in You? (Psalm 85:6)

I will hear what God the LORD will speak, for He will speak peace to His people and to His saints, but let them not turn again to folly. (Psalm 85:8)

“When you ask God for a miracle, be ready for an instruction.”

Listen for:

1. Direction
2. Instruction
3. Correction

NEXT 7 DAYS:

(beginning tomorrow):
3 chapters/day from
John's Gospel (21 chapters).
Open up your heart to hear from
your Father as you
feast/read/study daily. WRITE!!!

NEXT 7 DAYS:

When: January 25th - 31st

Duration: All day, break at 6pm

Prayer times: 6am and 6pm

(except Sunday, January 31st)

PRAYER POINTS

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Direction, Instruction, Correction