



Heart Smart: Extending Your Warranty



*Humility is NOT something that happens to you because you are weak.
Humility is a choice you make from strength ... a powerful choice that opens new possibilities.*

Humility is the secret that keeps relationships strong and healthy, and it is the secret that has the power to bring relationships back together.

Read **Philippians 2:1-4** together.

- What is one thing speaking to you in this Scripture?

Humility allows us to forgive others.

It can be hard to admit when we are wrong, but **1 John 1:8** shows us that if we claim we have no sin, we are only lying to ourselves.

- Why do you think we have such a hard time admitting when we are wrong?

When someone we love wrongs us, it can be hard to forgive them. In **Genesis 50:15-21** we see Joseph humbly forgive his brothers.

- Why do you think we have such a hard time forgiving others when they wrong us?
- Is there a relationship in your life where you need to show humble forgiveness?
- What would it look like for you to humbly forgive this person?

Humility allows us to serve others.

We can humbly serve others in actions and words.

- What are some ways to show humility through words?
- Thinking of a relationship in your life, how can you humbly serve through word and action?

Humility reflects ultimate strength.

Read **Philippians 2:5-8** together.

- What words in this Scripture point to strength, as opposed to weakness?
- What is one thing you can do to embrace humility as a strength this week?