



The Gospel of  
**JOHN**  
*Abundant Life*  
**Thirst Quencher**



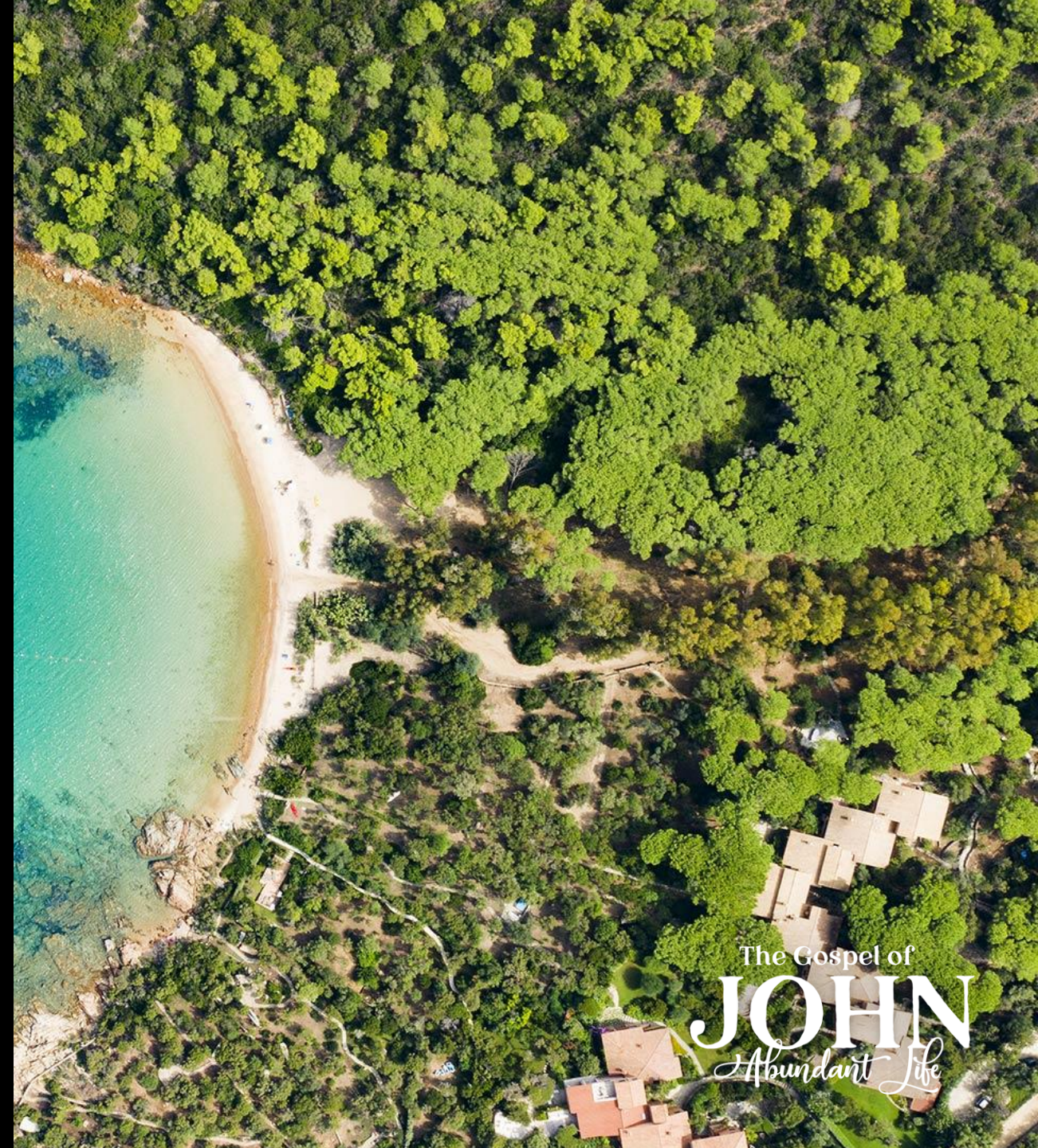
On the last day of the feast, the great day, Jesus stood up and cried out, “If anyone thirsts, let him come to me and drink. 38 Whoever believes in me, as the Scripture has said, ‘Out of his heart will flow rivers of living water.’ ” 39 Now this he said about the Spirit, whom those

who believed in him were to receive, for as yet the Spirit had not been given, because Jesus was not yet glorified.  
John 7:37–39



# 1. Thirst

v37



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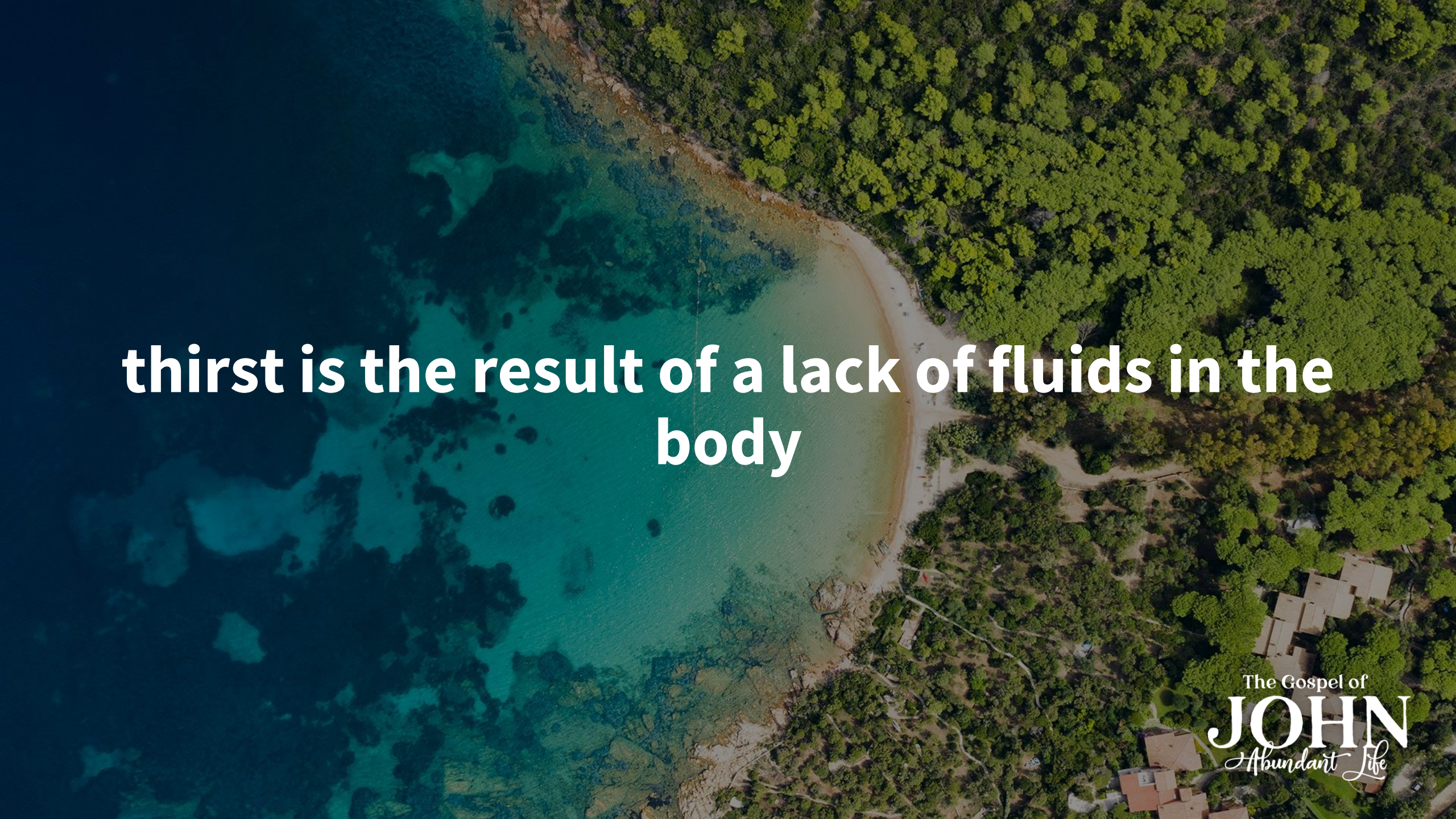




**If anyone thirsts ... John 7:37**

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**thirst is the result of a lack of fluids in the  
body**

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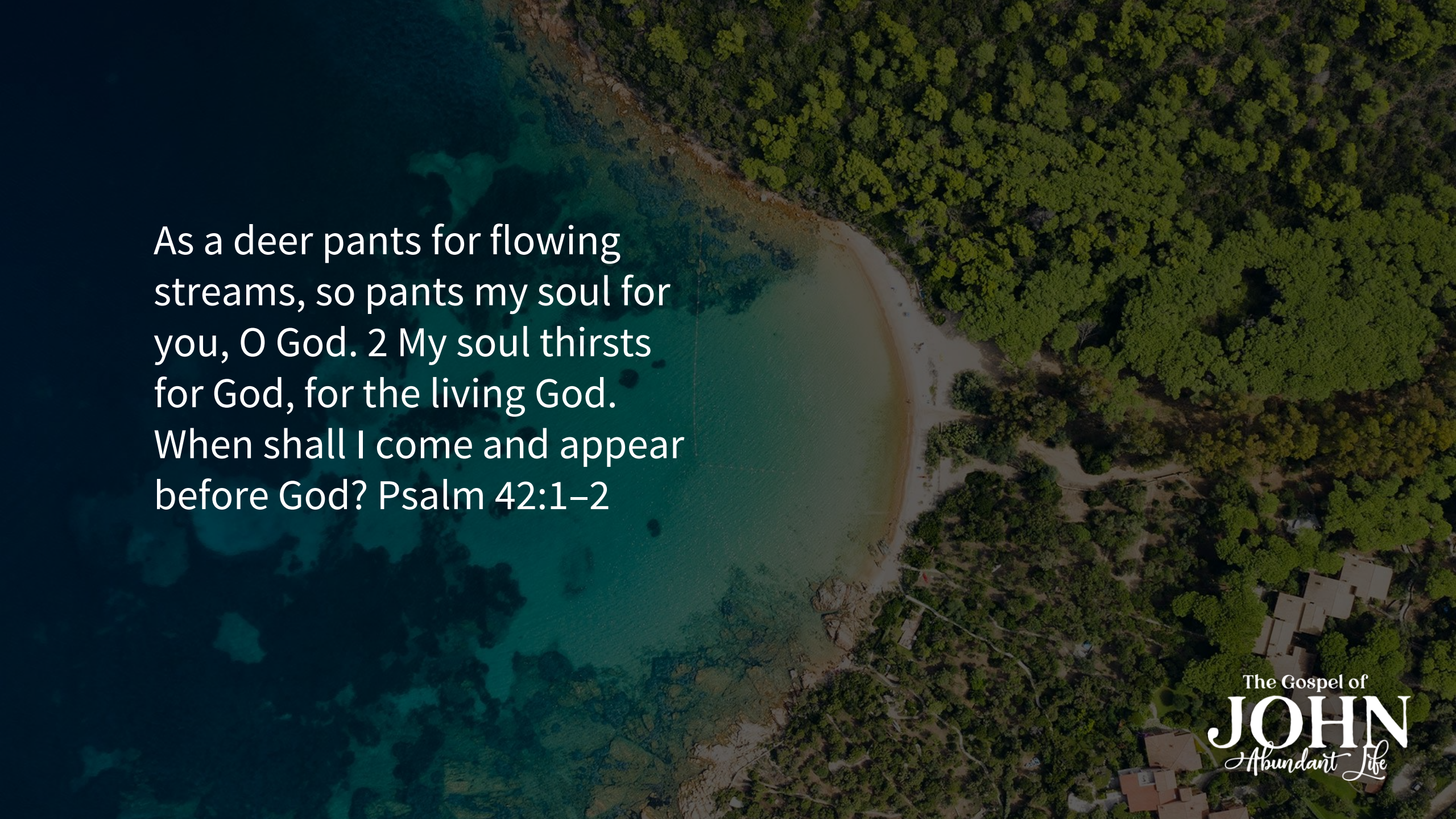




thirst is a curse

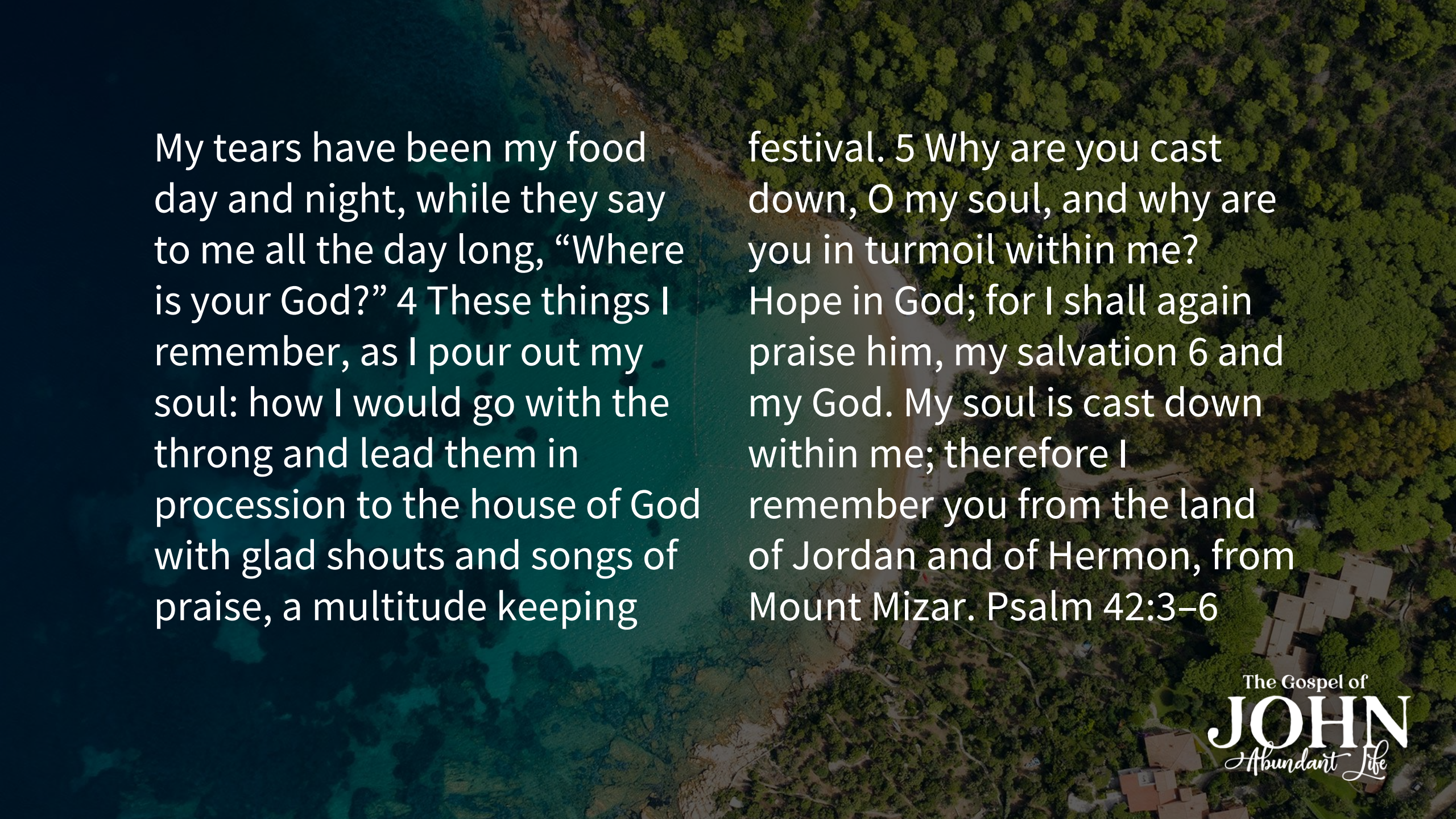
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As a deer pants for flowing  
streams, so pants my soul for  
you, O God. 2 My soul thirsts  
for God, for the living God.  
When shall I come and appear  
before God? Psalm 42:1–2

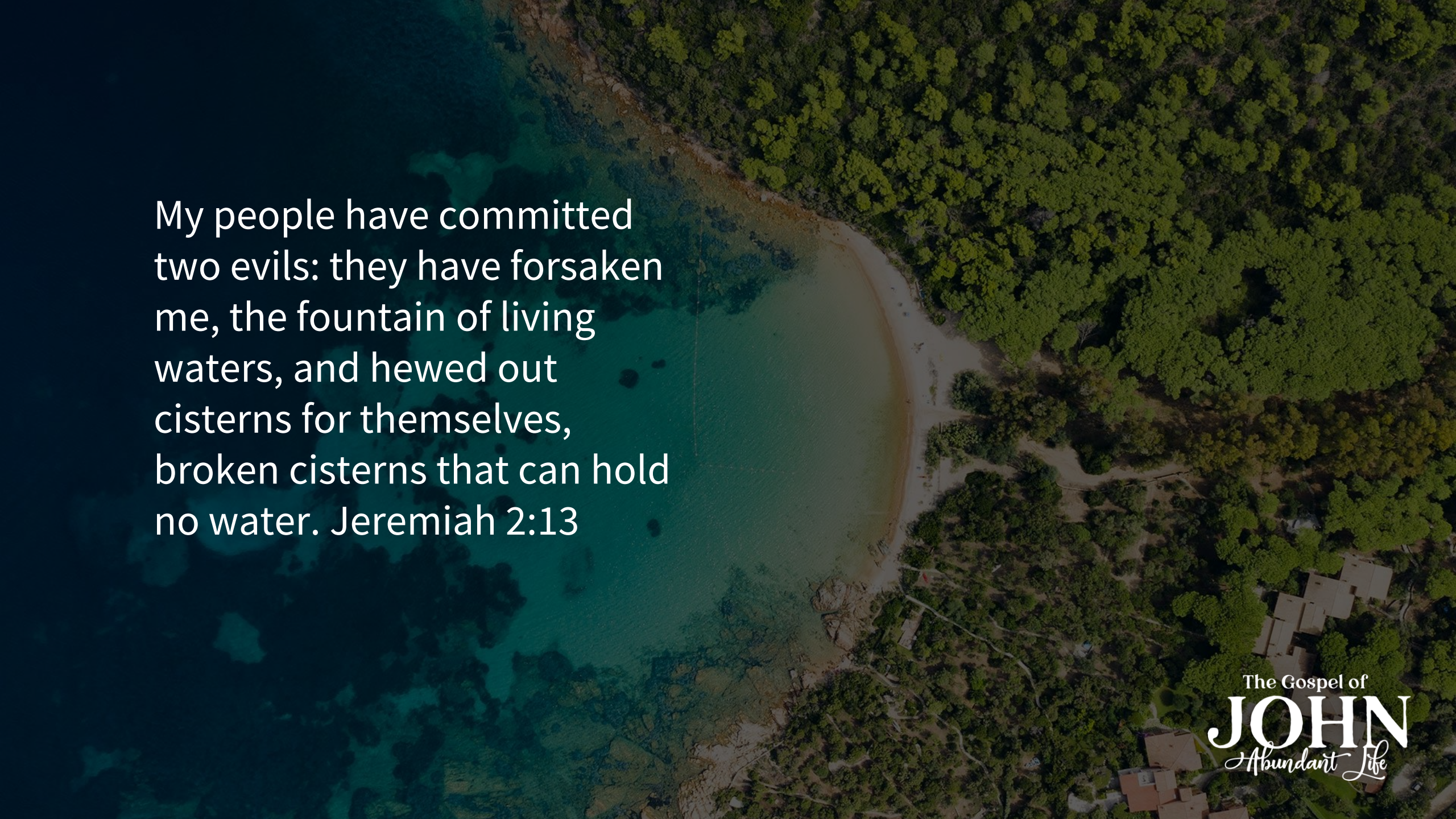




My tears have been my food  
day and night, while they say  
to me all the day long, “Where  
is your God?” 4 These things I  
remember, as I pour out my  
soul: how I would go with the  
throng and lead them in  
procession to the house of God  
with glad shouts and songs of  
praise, a multitude keeping

festival. 5 Why are you cast  
down, O my soul, and why are  
you in turmoil within me?  
Hope in God; for I shall again  
praise him, my salvation 6 and  
my God. My soul is cast down  
within me; therefore I  
remember you from the land  
of Jordan and of Hermon, from  
Mount Mizar. Psalm 42:3–6



An aerial photograph of a tropical coastline. The left side of the image shows deep turquoise water with some darker patches. A narrow, light-colored sandy beach curves along the shoreline. To the right of the beach is a dense, lush green forest that covers the land. In the bottom right corner, there are some small, light-colored buildings or structures partially visible through the trees.

My people have committed  
two evils: they have forsaken  
me, the fountain of living  
waters, and hewed out  
cisterns for themselves,  
broken cisterns that can hold  
no water. Jeremiah 2:13

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Love

Security

Joy

Pleasure

Peace

Purpose

Truth

Meaning

Forgiveness

Covering for shame

Shalom

Beauty

Relationship

Freedom

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How can you say, 'I am not unclean, I have not gone after the Baals'? Look at your way in the valley; know what you have done— a restless young camel running here and there, 24 a wild donkey used to the wilderness, in her heat sniffing the wind! Who can restrain her

lust? None who seek her need weary themselves; in her month they will find her. 25 Keep your feet from going unshod and your throat from thirst. But you said, 'It is hopeless, for I have loved foreigners, and after them I will go.' Jeremiah 2:23–25





**If anyone thirsts ... John 7:37**

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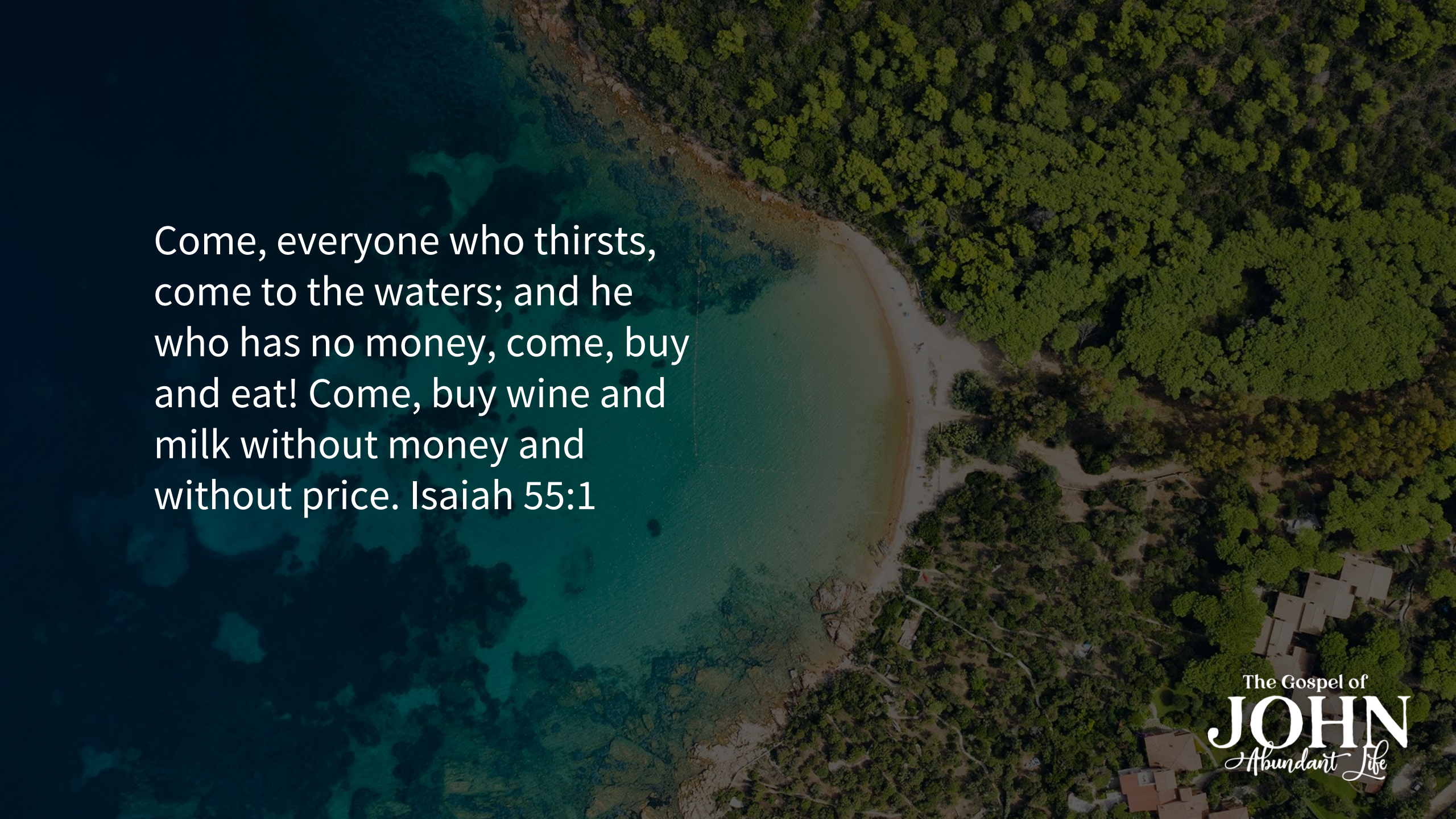




who thirsts?

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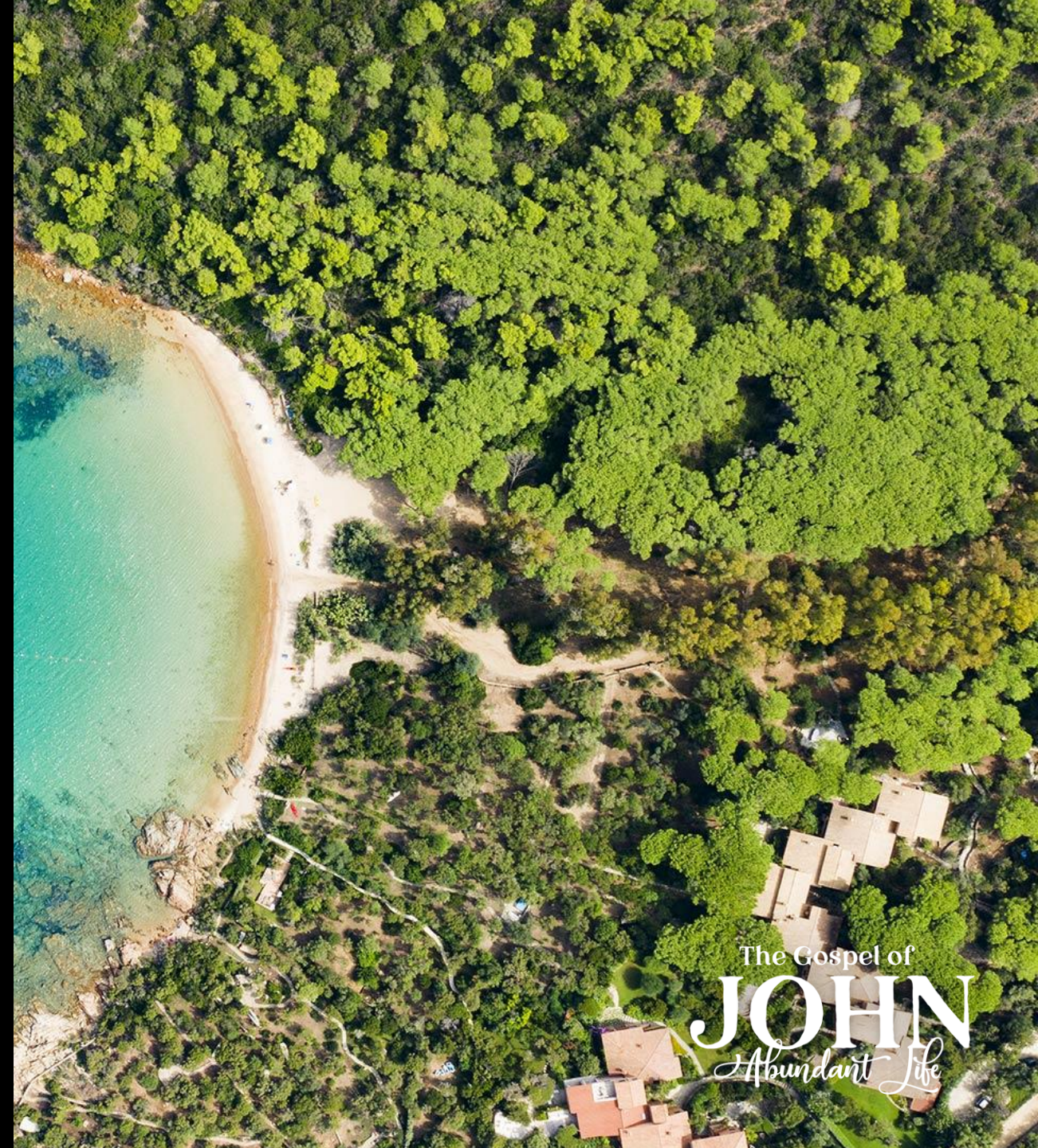
Come, everyone who thirsts,  
come to the waters; and he  
who has no money, come, buy  
and eat! Come, buy wine and  
milk without money and  
without price. Isaiah 55:1

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# 2. The Thirst Quencher

v37



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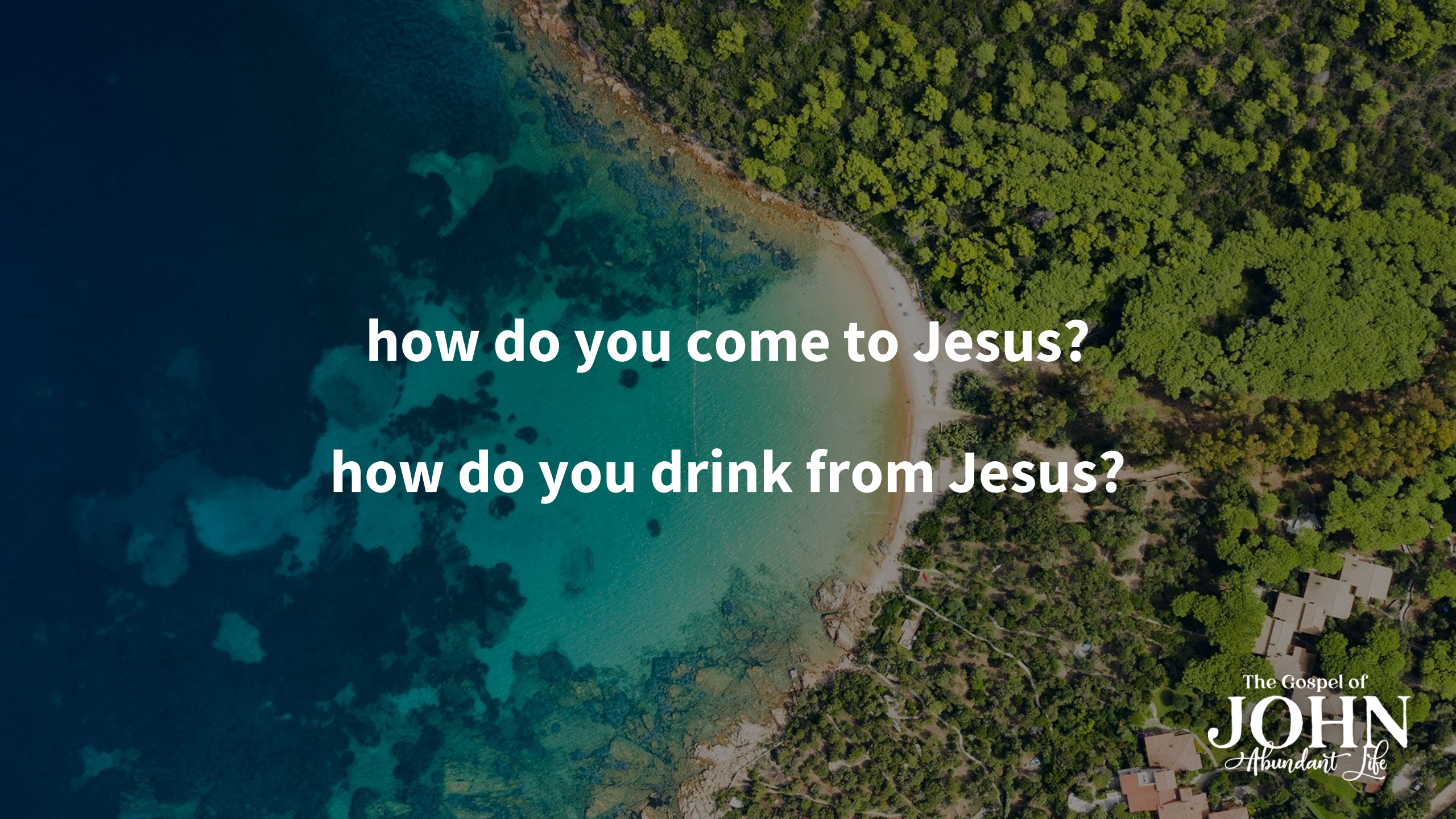




... let him come to me and drink ...  
John 7:37

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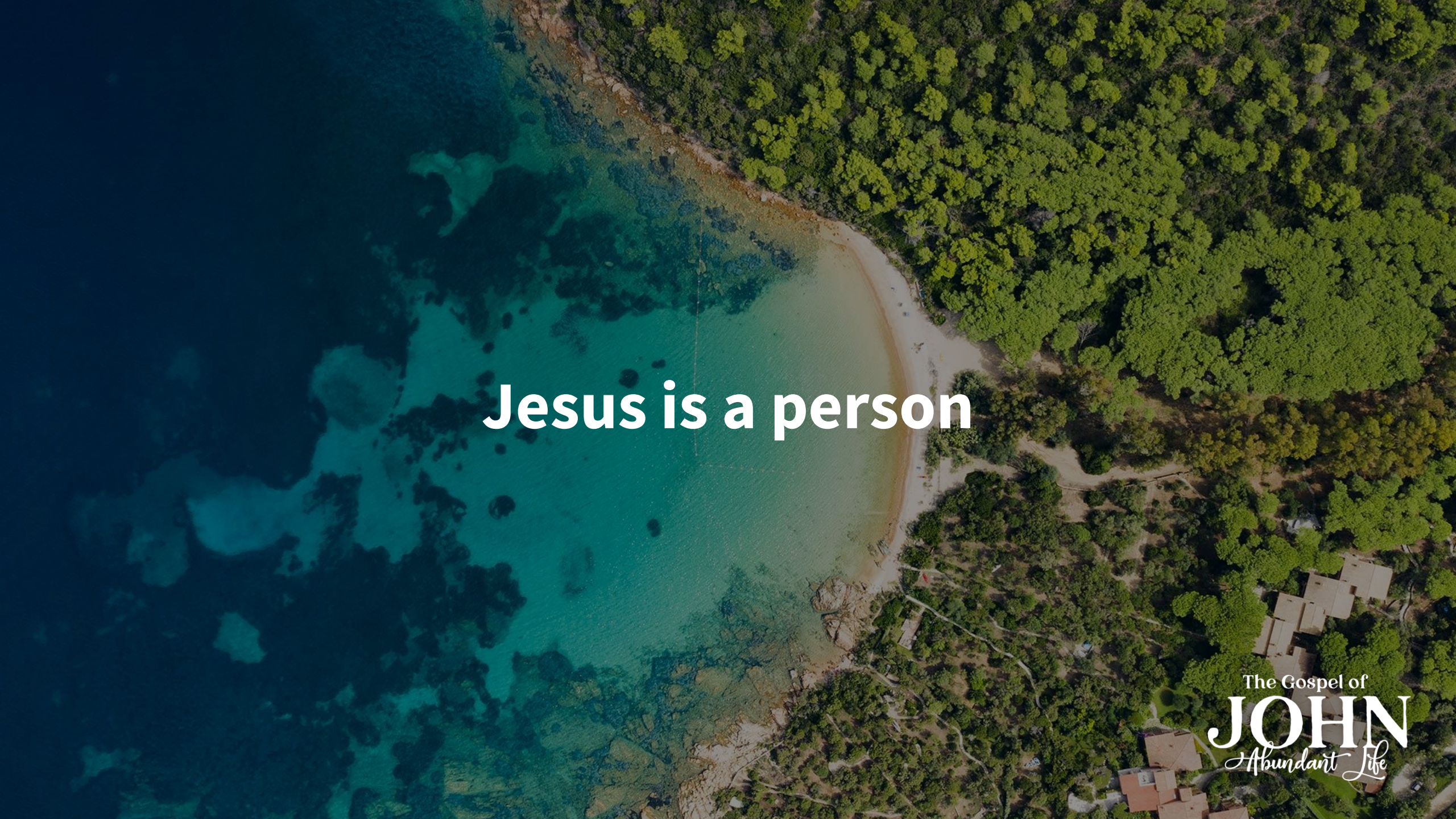




**how do you come to Jesus?**  
**how do you drink from Jesus?**

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Jesus is a person

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**coming to Jesus and drinking from Jesus  
are about being personal with Jesus**

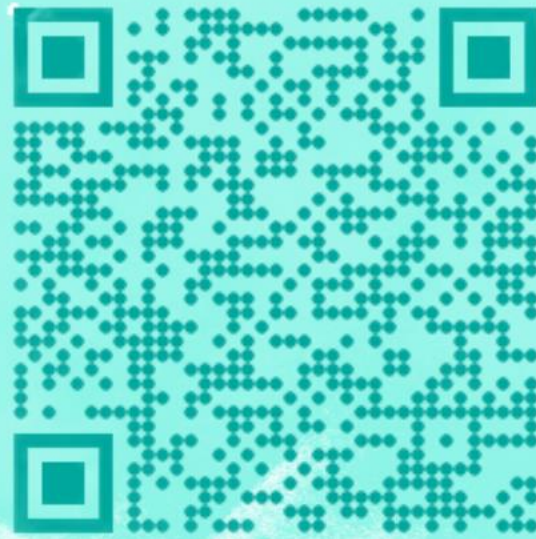
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# Restore Groups

BECOMING YOUR TRUE SELF

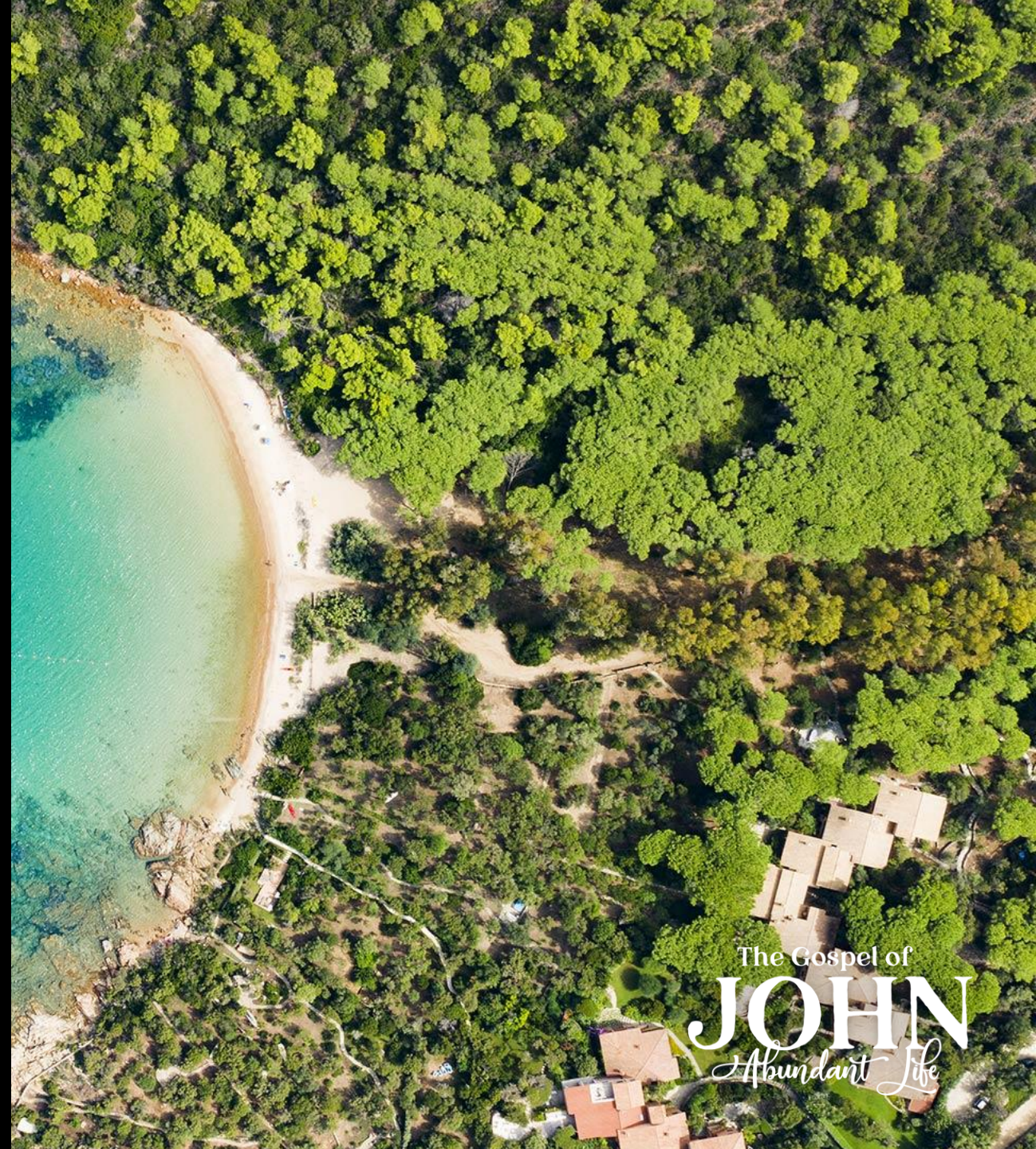


FRIDAY EVENING 8TH JULY  
SUNDAY AFTERNOON/EVENING  
10TH JULY  
SUNDAY EVENINGS  
17TH JULY - 18TH SEPTEMBER



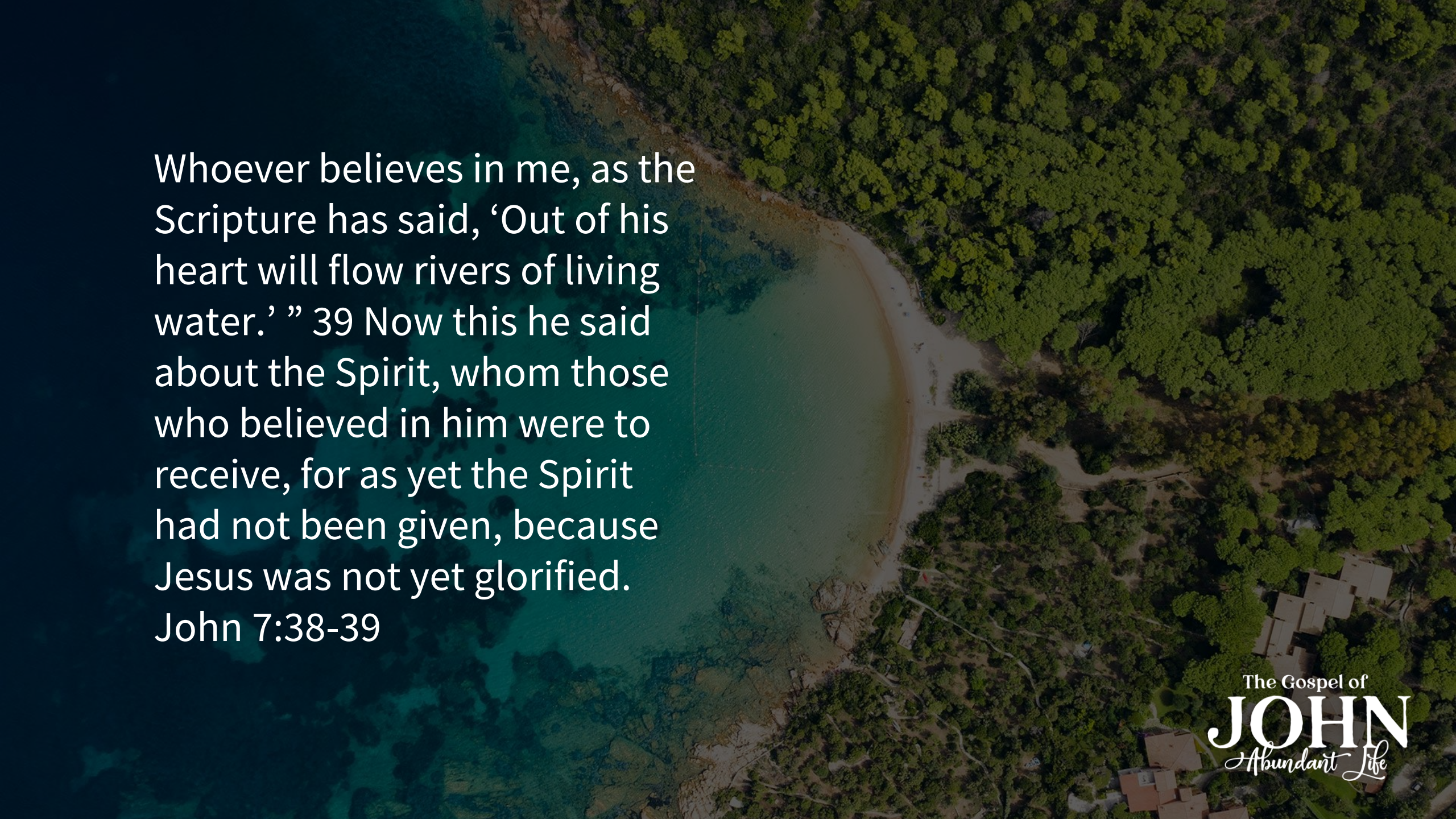
# 3. Couriers of the Thirst Quencher

v38



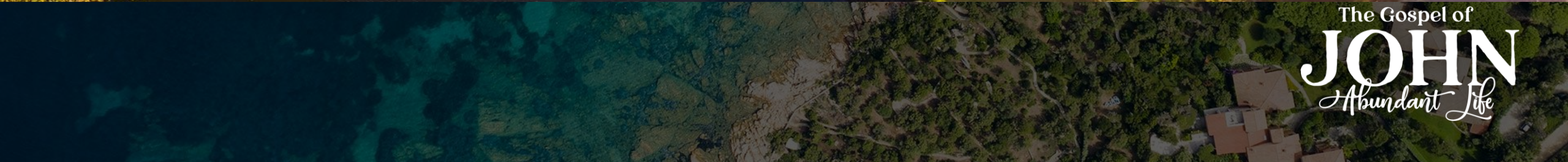
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Jesus was not yet glorified.  
John 7:38-39



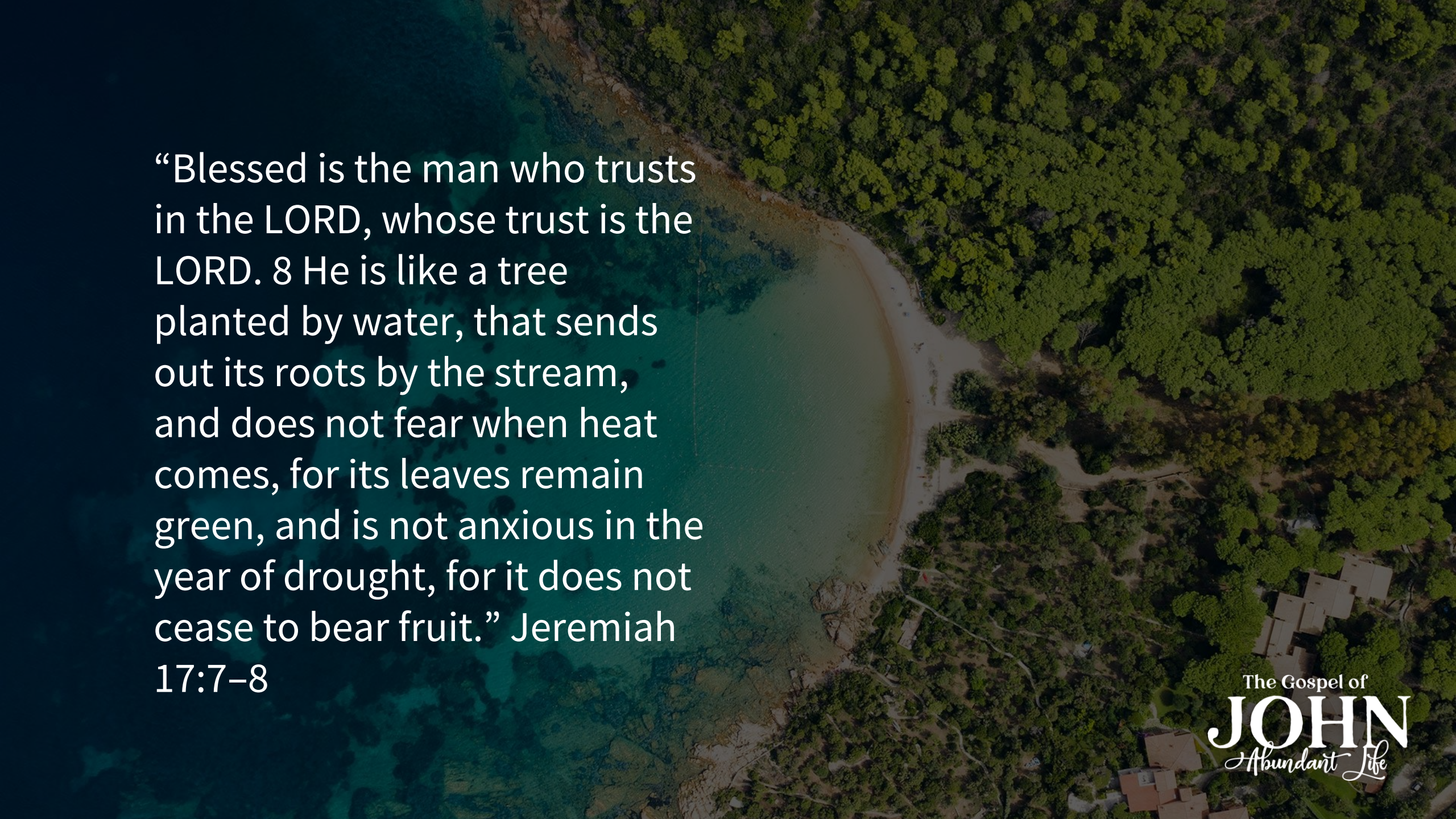






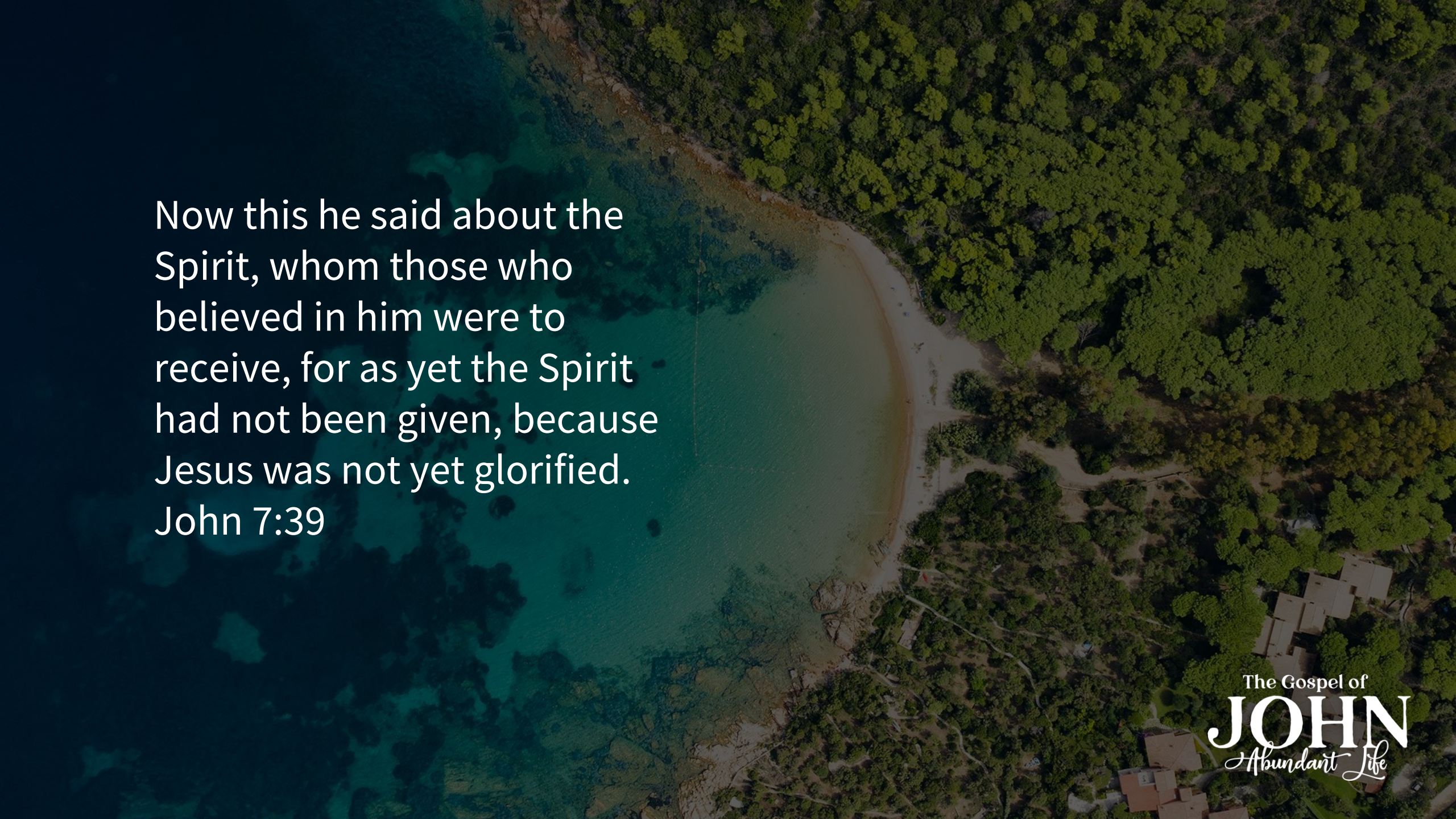
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“Blessed is the man who trusts  
in the LORD, whose trust is the  
LORD. 8 He is like a tree  
planted by water, that sends  
out its roots by the stream,  
and does not fear when heat  
comes, for its leaves remain  
green, and is not anxious in the  
year of drought, for it does not  
cease to bear fruit.” Jeremiah  
17:7–8





Now this he said about the  
Spirit, whom those who  
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John 7:39

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**Do not quench the Spirit.  
1 Thessalonians 5:19**

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