

Hebrews 1:1-4

Long ago, at many times and in many ways, God spoke to our fathers by the prophets, 2 but in these last days he has spoken to us by his Son, whom he appointed the heir of all things, through whom also he created the world. 3 He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power. *After making purification for sins*, he sat down at the right hand of the Majesty on high, 4 having become as much superior to angels as the name he has inherited is more excellent than theirs.

Common Approaches to Sin

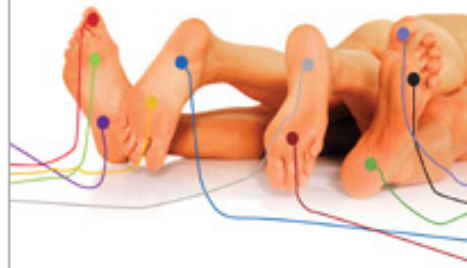
- ◉ Deny it exists
- ◉ Relativise it
- ◉ Deny guilt
- ◉ View moral rules as the enemy
- ◉ Call people with a moral opinion intolerant
- ◉ Glorify sin and pursue it
- ◉ It is a mistake

"In his engaging new book, Laham takes us on a sinfully delicious tour of human nature that reveals the bright side of our dark side."
—DANIEL GILBERT, author of *Stumbling on Happiness*

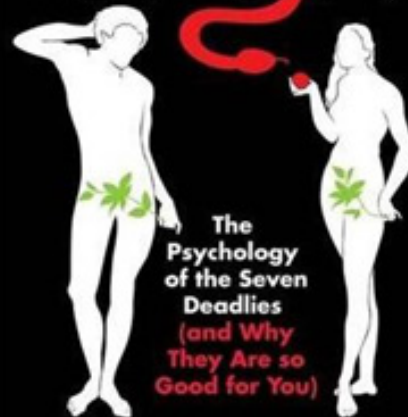
SIMON M. LAHAM, PhD

THE SCIENCE OF SIN

THE PSYCHOLOGY OF THE SEVEN DEADLIES
(AND WHY THEY ARE SO GOOD FOR YOU)



THE JOY OF SIN



The
Psychology
of the Seven
Deadlies
(and Why
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SIMON LAHAM

Pride, lust, gluttony, greed, envy, sloth, and anger.

These seven sins are considered "deadly" because of their capacity to generate other evils. The truth is, we all sin and we do it all the time – in fact, usually several times over before breakfast! But human behaviour, argues social psychologist Simon M Laham, is more complex than "good" or "evil." In psychology, these sins aren't considered morally wrong or even uniformly bad but are instead treated as complex and interesting psychological states that, if indulged in wisely, can be functional and adaptive, and can lead to a range of positive effects.

The Science of Sin takes these so-called sins one by one and through psychological research shows that being bad can be oh so good for you. Did you know that:

- Being slow and lazy can help you win the race?
- Anger makes you more open-minded?
- Coveting what others have not only makes you more creative but bolsters self-esteem?

So go ahead...eat that last cookie and kick back on the couch for a day of TV with your neighbour's boyfriend. From gluttony to greed, envy to lust, Laham shows how even the deadliest, most decadent of vices can make you smart, successful, and happy.

Magnum Temptation

The Ultimate Pleasure, Magnum Temptation. Chocolate sauce, white chocolate and delicious brownie pieces covered in thick cracking Belgian chocolate.

Guilt and Shame Reveal Sin

- guilt >noun 1 the fact of having committed an offence or crime. 2 a feeling of having done something wrong or failed in an obligation.

The Guilt Courier – The Conscience

- ◎ “the mother-in-law whose visit never ends.” H. L. Mencken
- ◎ It can only make you feel bad. It has the power to make us feel guilty but not innocent. It has the power to say “don’t do that” but not the power to keep us from doing it. It looks inward for truth, sees judgment and sees us naked and alone before the judge. Ed Welch

Dealing With Guilt

- Doing good deeds
- Try to be a better person
- Compare yourself to others
- Becoming obsessed with your guilt
- Punishing yourself
- Ostracising yourself
- Telling others how bad you are
- Telling others how good you are
- Denying that you are really guilty
denying, deceiving yourself

After making purification ...

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DON'T

DIE

IN

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Romans 3:10-18

None is righteous, no, not one; no one understands; no one seeks for God. All have turned aside; together they have become worthless; no one does good, not even one. Their throat is an open grave; they use their tongues to deceive. The venom of asps is under their lips. Their mouth is full of curses and bitterness. Their feet are swift to shed blood; in their paths are ruin and misery, and the way of peace they have not known. There is no fear of God before their eyes.

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- They have eyes full of adultery, insatiable for sin. 2 Peter 2:14
 - ... man who drinks injustice like water! Job 15:16
 - Romans 6
 - If we say we have no sin, we deceive ourselves, and the truth is not in us. 1 John 1:7–8

Genesis 6:5-7

The LORD saw that the wickedness of man was great in the earth, and that every intention of the thoughts of his heart was only evil continually. And the LORD regretted that he had made man on the earth, and it grieved him to his heart. So the LORD said, "I will blot out man whom I have created from the face of the land, man and animals and creeping things and birds of the heavens, for I am sorry that I have made them."

Sin is Filthy and Makes You Filthy

- Jerusalem sinned grievously; therefore she became filthy ... Lamentations 1:8
- Isaiah 1:6 From the sole of the foot even to the head, there is no soundness in it, but wounds and bruises and putrefying sores; they have not been closed or bound up, or soothed with ointment.

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- Ephraim is oppressed, crushed in judgment, because he was determined to go after filth. Hosea 5:11
 - There are those who are clean in their own eyes but are not washed of their filth. Proverbs 30:12
 - We have all become like one who is unclean, and all our righteous deeds are like a polluted garment. Isaiah 64:6