DISCUSSION GUIDE: It's Not About Me- Love God With All Your Mind - March 26, 2023 **PRIMARY PASSAGES:**

2 Corinthians 10:3-6: For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Romans 12:2: Do not conform to the pattern of this world, but be <u>transformed by the renewing</u> of your mind. Then you will be able to test and approve what God's will is...

Philippians 4:8: Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Colossians 3:1-2: Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. <u>Set your minds on things above, not on earthly things</u>.

Romans 8:5-6: Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.

MESSAGE HIGHLIGHTS:

How to love God with all your mind?

- Battle for your mind
- Recognize the ruts
- Analyze your thoughts
- Initiate new neural pathways-
- Navigate your mindset daily

DISCUSSION QUESTIONS

- 1. Read 2 Corinthians 10:3-6. What are some of the deep wounds that you have believed about yourself? What are the lies that are holding you hostage? How can you begin to take those thoughts captive and make them obedient to Christ?
- 2. Read Romans 12:2 and Philippians 4:8. What is the rut in your life? What is really at the root of that rut? What are some practical ways you can be transformed by the renewing of your mind? What are some ways you can filter your thoughts so you think of things that are excellent and praiseworthy?
- 3. Read Romans 8:5-6. How can you replace your ruts with the truth of God's word? What can you do to initiate new neural pathways in your thinking? What is one thing you can do to stop making it all about you and to start loving God with ALL your mind?

Dear Heavenly Father, there are so many times that our thoughts have wandered and we have only thought about ourselves. Please help us to take every thought captive so we can set our mind on things above and love You with all our mind.

