

## **GROUP STUDY GUIDE**

### WEEK OF NOVEMBER 26, 2023 | WEEK ONE - AT THE MOVIES

#### WARM-UP QUESTION

What's the most challenging competition you've been in?

#### DISCUSS

Start your discussion by sharing what stood out to you from Sunday's message. Were there any new insights or key takeaways for you?

Read Hebrews 12:1-2

- What imagery do you see in this text? How does that help you understand how we have endurance in our faith?
- The author says to keep our eyes on Jesus as we run. Why would we want to keep our eyes on Jesus? How do we do that?
- How is Jesus an example of running with endurance? What can we learn from His life about running our race?
- Are you running with endurance right now? If so, what's helping you to keep going? If not, what's keeping you from having the endurance to run well?

<u>Hebrews 11</u> is known as the "Hall of Faith". This text shares the names of people in the Old Testament who ran their race with perseverance. Read Hebrews 11:4-31 (consider breaking it up into groups and asking multiple people to read).

- What do you know about the people listed in this passage? What stands out to you about them? If you have time, go back to their stories in the Old Testament and read one or two.
- Where do you see God in this Scripture? What difference does He make?
- What can you learn from these people in scripture? How do these people inspire you to run your race?

Read Philippians 3:12-14

- What words or themes do you see in the text? Why do they stand out to you?
- Looking at Philippians 3:4-11, what are "these things" (verse 12) that Paul has not fully achieved in following Jesus? How is Paul pressing toward this goal and what can that look like for you?
- Why would Paul tell us to forget the past and look forward? Is this easy or challenging for you?
- We need to remember the heavenly prize we're running toward. What does it look like to have an eternal perspective? How would our lives look different if we lived from an eternal perspective?



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#### R**ESPOND**

- Based on what you just discussed, what do you think God is prompting you to do in response? When will you do it?
- Pray together as a group for the specific goals or areas of struggle that came up in your discussion. Thank God for revealing more of who He is, and ask Him to help you apply what He's prompting you to do this week.