

GROUP STUDY GUIDE
WEEK OF JANUARY 15, 2023 | LET THAT GO

WARM-UP QUESTION

What's the most bitter thing you've ever tasted?

DISCUSS

- Start your discussion by sharing what stood out to you from Sunday's sermon. Were there any new insights or key takeaways for you?

Read **Matthew 18:21-35**.

Options: Split up the passage between 2-3 people or go around the circle, reading one verse per person.

- What actions and themes do you notice in these verses? What do they tell you about the people in the story?
- What emotions do you see in the passage? Have you ever experienced something similar? Explain.
- How do Jesus' words hit you personally? What makes it hard for you to forgive in the way He says to forgive?

Read **Ephesians 4:25-27**.

- What challenges you most from these verses? Where do you see its effects the most?
- How do you tend to process your anger? How does that impact you personally, as well as in your relationships?

Read **Ephesians 4:29-32**.

- What words and themes stand out to you? What do they reveal about God's heart for you?
- Which instruction do you find hardest to do in your own life? Why?
- What is one safeguard or habit you could put into place to address it?

RESPOND

- Based on what you just discussed, what do you think God is prompting you to do next? When will you do it?
- Pray together as a group for the specific goals or areas of struggle that came up in your discussion. Thank God for revealing more of who He is, and ask Him to help you apply what He's prompting you to do this week.

Encourage group members to read Daily Bible Reading on the church app or have it delivered to their inbox daily. Subscribe at tpcc.org/dbr. Check in with your group to share thoughts about these throughout the week!