

# Message Study

## Screen Time | Digital Disciples

### January 26, 2020

*Note to Leaders: You may want to print out the Scriptures for this week so that group members can see them all on one page*

**Message Review:** Screens are an incredible tool and it is amazing what we can do with them. But with all tools, it always depends on how we use them. God always uses technological advances to spread His Word and the love of Jesus. He has orchestrated technology so we could get His message out all over the world.

**Warm-Up Question:** Would you consider yourself ruled more by your head or your heart (thinker/feeler)? Give an example.

**Read 2 Corinthians 10:5, Philippians 4:8, Isaiah 26:3, Proverbs 4:23, and Romans 12:1-2.**

- What do each of these verses teach you about your thoughts and mind? Why is so much importance placed on our thoughts?
- Why do you think the Proverbs verse says to guard your heart above all else?
- What do these verses teach you about who God is?
- In what areas of your life do you notice the enemy trying to capture your heart away from God? Has your screen ever proven to be a vehicle for that temptation or distraction?
- How do your thoughts influence your mood and emotions?
- How does your screen influence your thoughts, for good or bad? Are there apps or other digital tools you've used that help you engage with your Bible or God?
- Two of the verses mention 'fixing your thoughts.' What are we to fix our thoughts on and how can we do that practically? What's the result?
- If a disciple is someone who is intentionally growing to be more like Jesus, what are some ways you can leverage technology to make more and better disciples?

**Listen and Respond:** Take a minute as a group to prayerfully pause to allow time for members to process the following questions. Then allow a few minutes for members to briefly share what God is saying and what they will do. *(Pro tip: Leaders, jot down the action steps, send out to the group for prayer and encouragement, then review next meeting.)*

What is God saying to you through His word? How and when will you respond?

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