

Drinking and Flowing the Living water

Directions: 1) Watch the accompanying video and take notes. 2) Read through the verses and identify key phrases. 3) Go through the discussion questions together and conclude with some prayer.

Exodus 17:1, 3-6 And all the assembly of the children of Israel journeyed from the wilderness of Sin by their stages according to the command of Jehovah and encamped in Rephidim, and there was no water for the people to drink... 3 So the people thirsted there for water, and the people murmured against Moses and said, For what reason did you bring us up out of Egypt; to kill us and our children and our livestock with thirst? 4 So Moses cried out to Jehovah, saying, What shall I do with this people? A little more, and they will stone me. 5 And Jehovah said to Moses, Pass on before the people, and take with you some of the elders of Israel; and take in your hand your staff with which you struck the River, and go. 6 I will be standing before you there upon the rock in Horeb; and you shall strike the rock, and water will come out of it so that the people may drink. And Moses did so in the sight of the elders of Israel.

I. Introduction

Exodus 17:6 I will be standing before you there upon the rock in Horeb; and you shall strike the rock, and water will come out of it so that the people may drink.

II. Eating and drinking - two crucial matters in the Bible

III. The fulfillment of the smitten rock

1 Corinthians 10:4 And all drank the same spiritual drink; for they drank of a spiritual rock which followed them, and the rock was Christ.

John 4:13-14 Jesus answered and said to her, Everyone who drinks of this water shall thirst again, 14 But whoever drinks of the water that I will give him shall by no means thirst forever; but the water that I will give him will become in him a fountain of water springing up into eternal life.

John 7:37-39 Now on the last day, the great day of the feast, Jesus stood and cried out, saying, If anyone thirsts, let him come to Me and drink. 38 He who believes into Me, as the Scripture said, out of his innermost being shall flow rivers of living water. 39 But this He said concerning the Spirit, whom those who believed into Him were about to receive; for the Spirit was not yet, because Jesus had not yet been glorified.

John 19:34 *But one of the soldiers pierced His side with a spear, and immediately there came out blood and water.*

IV. The ways to drink the living water

Numbers 20:8 *Take the rod, and gather the assembly, you and Aaron your brother, and speak to the rock before their eyes, so that it yields its water. Thus you shall bring forth water for them out of the rock and give the assembly and their livestock something to drink.*

1 Corinthians 12:13 *For also in one Spirit we were all baptized into one Body, whether Jews or Greeks, whether slaves or free, and were all given to drink one Spirit.*

Isaiah 12:3-4 *Therefore you will draw water with rejoicing / From the springs of salvation, 4 And you will say in that day, give thanks to Jehovah; call upon His name! Make His deeds known among the peoples; remind them that His name is exalted.*

Ephesians 6:17-18 *And receive the helmet of salvation and the sword of the Spirit, which Spirit is the word of God, by means of all all prayer...*

John 4:15 *The woman said to Him, Sir, give me this water so that I will not thirst nor come here to draw.*

John 4:28-30 *Then the woman left her waterpot and went away into the city, and said to the people, 29 Come, see a man who told me all that I have done. Is this not the Christ? 30 They went out of the city and came to Him.*

Discussion Questions

- How does eating and drinking show our principal relationship with God?
- How can we say that the smitten rock is Christ?
- Why do we do we often fall into complaining and murmuring? What can we do about it?
- How can we drink the living water today?