

The Lords Table

1 Corinthians 11:23-33

²³ For I received from the Lord what I also passed on to you: On the night when He was betrayed, the Lord Jesus took bread, ²⁴ gave thanks, broke it, and said,^[a] "This is My body, which is^[b] for you. Do this in remembrance of Me."

²⁵ In the same way, after supper He also took the cup and said, "This cup is the new covenant established by My blood. Do this, as often as you drink it, in remembrance of Me." ²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes.

Self-Examination

²⁷ Therefore, whoever eats the bread or drinks the cup of the Lord in an unworthy way will be guilty of sin against the body^[c] and blood of the Lord. ²⁸ So a man should examine himself; in this way he should eat the bread and drink from the cup. ²⁹ For whoever eats and drinks without recognizing the body,^[d] eats and drinks judgment on himself. ³⁰ This is why many are sick and ill among you, and many have fallen asleep. ³¹ If we were properly evaluating ourselves, we would not be judged, ³² but when we are judged, we are disciplined by the Lord, so that we may not be condemned with the world.

²⁴ gave thanks, broke it, and said,^[a] **"This is My body, which is^[b] for you.** Do this in remembrance of Me."

Q: Why Must Jesus Offer up His Body for Me.

A: Because we are sinners and Thus offensive to God.

Romans 3:23

²³ For all have sinned and fall short of the^[a] glory of God.

Ecclesiastes 7:20

²⁰ There is certainly no righteous man on the earth who does good and never sins

Romans 6:23

²³ For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Q: How did Jesus Offer up His body for you.

A: He Endured Brutal, Horrific Physical Pain for you.

Isaiah 50:6

⁶ I gave My back to those who beat Me,
and My cheeks to those who tore out My beard.
I did not hide My face from scorn and spitting.

Isaiah 52:14

¹⁴ Just as many were appalled at You^[a]—
His appearance was so disfigured
that He did not look like a man,
and His form did not resemble a human being

John 19:1-3

19 Pilate then took Jesus and ^[a]**scourged** Him. ² And the soldiers twisted together a crown of thorns and put it on His head, and put a purple robe on Him; ³ and they *began* to come up to Him and say, "Hail, King of the Jews!" and to give Him slaps *in the face*.

"Scourge: severe form of punishment involving whipping and beating, usually was done with the victim tied to a post or bench administered by a servant of the synagogue. The number of blows was set in Deuteronomy 25:3 at 40 later reduced to 39. There were to be 13 strokes on the chest and 26 on the back often the victims died from the beating."

Matthew 27:27-31

²⁷ Then the governor's soldiers took Jesus into headquarters and gathered the whole company around Him. ²⁸ They stripped Him and dressed Him in a scarlet military robe. ²⁹ They twisted together a crown of thorns, put it on His head, and placed a reed in His right hand. And they knelt down before Him and mocked Him: "Hail, King of the Jews!" ³⁰ Then they spit on Him, took the reed, and kept hitting Him on the head. ³¹ When they had mocked Him, they stripped Him of the robe, put His clothes on Him, and led Him away to crucify Him.

²⁴ gave thanks, broke it, and said,^[a] **"This is My body, which is^[b] for you. Do this in remembrance of Me."**

**"God Wants us to Remember
Forever What Christ did for Us!"**

Remember What He did for You.

Read: Revelation 5:1-10

Isaiah 53:4-6

⁴ Yet **(Jesus)** Himself bore **(Joseph's)** sicknesses,
and He carried **(Joseph's)** pains;
but **(Joseph)** in turn regarded Him stricken,
struck down by God, and afflicted.

⁵ But **(Jesus)** was pierced because of our **(Joseph's)**
transgressions,
crushed because of **(Joseph's)** iniquities;
punishment for **(Joseph's)** peace was on **(Jesus)**,
and we are healed by **(Jesus's)** wounds.

⁶ **(Joseph)** went astray like sheep;
(Joseph) turned to **(his)** own way;
and the LORD has punished **(Jesus)**
for^[a] the iniquity of **(Joseph)**.

²⁵ In the same way, after supper He also took the cup and said, "This cup is the **new covenant established by My blood**. Do this, as often as you drink it, in remembrance of Me."

Jesus the Perfect Sacrifice

O.T. Law demanded a sacrifice for sin.

Hebrews 10:1-4

10 Since the law has only a shadow of the good things to come, and not the actual form of those realities, it can never perfect the worshipers by the same sacrifices they continually offer year after year. ² Otherwise, wouldn't they have stopped being offered, since the worshipers, once purified, would no longer have any consciousness of sins? ³ But in the **sacrifices there is a reminder** of sins every year. ⁴ For it is impossible for the blood of bulls and goats to take away sins.

Hebrews 9:12

¹² He entered the most holy place once for all, not by the blood of goats and calves, but by His own blood, having obtained eternal redemption.

Q: How shall I Live

“Tell Others About Jesus”

Exodus 13:8

⁸ You shall tell your son on that day, saying, ‘It is because of what the LORD did for me when I came out of Egypt.

Matthew 28:19-20

¹⁹ ^[a] Go therefore and **make disciples of all the nations**, baptizing them in the name of the Father and the Son and the Holy Spirit, ²⁰ teaching them to observe all that I commanded you; and lo, I am with you ^[b] always, even to the end of the age.”

“Run Your Race”

Hebrews 12:1-2

12 Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and **let us run** with endurance **the race that is set before us**, ² ^[a] fixing our eyes on Jesus, the ^[b] author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

1 Corinthians 9:24-27

²⁴ Do you not know that those who run in a race all run, but *only* one receives the prize? **Run in such a way that you may win.** ²⁵ Everyone who competes in the games exercises self-control in all things. They then *do it* to receive a perishable wreath, but we an imperishable. ²⁶ Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air; ²⁷ but I ^[a]discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified.

2 Timothy 4:7-8

⁷ I have fought the good fight, I have finished the race, I have kept the faith. ⁸ There is reserved for me in the future the crown of righteousness, which the Lord, the righteous Judge, will give me on that day, and not only to me, but to all those who have loved His appearing.

Westminster Catechism Ask:

Q: What is the Chief of Man?

A: To Glorify Him and Enjoy Him Forever.

Psalm 27:4

⁴ One thing I have asked from the LORD, that I shall seek:
That I may dwell in the house of the LORD all the days of my life,
To behold the ^[a]beauty of the LORD
And to ^[b]meditate in His temple