

Ephesians 1:3
Summary Review

“Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,” (NASB)

“Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessings in the heavenly places in Christ,” (NKJV)

“Εὐλογητὸς ὁ θεὸς καὶ πατὴρ τοῦ κυρίου ἡμῶν Ἰησοῦ Χριστοῦ,
“Blessed the God and Father of the Lord of us Jesus Christ,

ὁ εὐλογήσας ἡμᾶς ἐν πάσῃ εὐλογίᾳ πνευματικῇ ἐν τοῖς
the One who blessed us in every blessing spiritual in the

ἐπουρανίοις ἐν Χριστῷ” (NA21)
heavenlies in Christ,” (KMT)

Expanded Translation:

“Worthy of having goodness bestowed upon through benefits, request, or statement of as a result of character, conduct, or esteem, based on initiation, is the God, an Initiator, and, logically related, Father by means of a specific relationship, based on initiation, of the Master, based on initiation, of us Jesus, an Initiator, Christ, an Initiator, the One performing the action in a point in time in the past as a matter of principle to bestow goodness upon another in the form of benefits, request, or statement, based on His own initiation, us in the sphere of every well spoken of bestowment, based on response, characterized by being spiritual in nature or form, based on response, in the sphere of the heavenly arenas, being tools or instruments used to accomplish something, in the sphere of Christ (Anointed Sacrifice), an initiator,”

Principles:

1. God is worthy of being praised based upon His character and conduct.
2. One of the areas in which God is worthy of being praised is in recognition and appreciation for the spiritual blessings God has bestowed on believers in Christ.
3. As a result of having bestowed spiritual blessings to believers in Christ, God is worthy of being spoken well of.
4. God is the Heavenly Father of Jesus of Nazareth who is one and the same as the Anointed Sacrifice who propitiated the sins of man.
5. Jesus Christ is the authoritative and divine master of believers, being God the Son and the head of the church.
6. The relationship between God the Father and God the Son is specific to Jesus of Nazareth.
7. God birthed Jesus, His Son through the virgin birth which bypassed the seed of man and thus avoided Jesus being born spiritually dead and in need of a savior.
8. By means of providing the perfect seed into the womb of Mary, God became the Father of Jesus, the Son of God.
9. In relationship within the trinity God the Father is the head of God the Son and God the Holy Spirit.
10. The relationship between the Godhead became made incarnate when God the Son became the earthly Son of God.

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11. God the Father is the One Who has performed the action to bestow goodness upon believers.
12. The blessings which God the Father has bestowed were established within the sphere of Christ.
13. Those who believe into Christ are removed from condemnation and placed into Christ where all the spiritual blessings that God has bestowed in Christ await them.
14. Thus, by their entrance into Christ, those who believe receive all that God has established for them in Christ.
15. There are numerous blessings which God the Father has established in Christ for the believer.
16. These blessings are characterized as being spiritual in nature.
17. These blessings exist in the heavenly arenas as a part of the spiritual realm.
18. There are three heavenly arenas.
19. The first is the atmosphere, the second heavenly arena is space, and the third heavenly arena is the throne room of God.
20. In each of the arenas in which the spiritual world operates exist spiritual blessings.
21. Every single one of the spiritual blessings of God that operate in each of the heavenly arenas has been bestowed to the believer in Christ.
22. This grants believers in Christ full access and rights to the spiritual blessings of God.
23. These rights are utilized spiritually as the believer walks spiritually in the physical world.
24. Thus, the believer is given all the spiritual blessings in the heavenly arenas to utilize in order to be spiritually effective in the physical universe as an ambassador of God.
25. However, having access and rights to all the spiritual blessings by means of one's position in Christ does not provide immediate understanding of how to utilize those rights.
26. Utilizing the spiritual blessings available to the believer requires that the believer grow spiritually in his relationship with God.
27. As a result of God's provision of spiritual blessings, believers are to praise God for what He has done in recognition and appreciation for who He is and what He has done in providing spiritual blessings to the believer.

Conclusion:

Paul begins to expound on the blessings and benefits that God has bestowed upon the believer in Christ. They have are spiritual in nature, come from God the Father, and are the cause of the believer's praise to the Father. Their presence in Christ allows all those who are in Christ to possess and utilize them in the spiritual life.