

Scenario:

You got a birthday gift for your friend last year.
They didn't get you a gift for your last birthday.

Their birthday is coming up. Do you get them a gift?

Share about a time when you felt thought of
and cared for by somebody else.

GCC YG - MAY 3, 2026

Christ-Sufficient Perspective

PHILIPPIANS 4:10-20

2 Corinthians 2:15 ESV

¹⁵ For ***we are the aroma of Christ*** to God among those who are being saved and among those who are perishing,

We are the aroma of Christ

Our transformation and obedience to Christ
spreads the knowledge of God

We are those who smell the aroma

To some, the aroma is of life.
To others, the aroma is of death.

Philippians 4 ESV

¹⁴ Yet it was kind of you to share my trouble. ¹⁵ And you Philippians yourselves know that in the beginning of the gospel, when I left Macedonia, no church entered into partnership with me in giving and receiving, except you only. ¹⁶ Even in Thessalonica you sent me help for my needs once and again.

Philippians 4 ESV

¹⁷ Not that I seek the gift, but I seek the fruit that increases to your credit.

¹⁸ I have received full payment, and more. I am well supplied, having received from Epaphroditus the gifts you sent, a fragrant offering, a sacrifice acceptable and pleasing to God.

Philippians 4 ESV

¹⁹ And my God will supply every need of yours according to his riches in glory in Christ Jesus. ²⁰ To our God and Father be glory forever and ever. Amen.

Philippians 4 ESV

¹⁰ I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity.

Philippians 4 ESV

*¹⁰ I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity. ¹¹ Not that I am speaking of being in need, for I have learned, in whatever situation I am, **to be content.***

**To be content is to be Christ-sufficient,
not self-sufficient.**

Self-sufficiency breeds anxiety.

Christ-sufficiency breeds contentment, joy, gratitude, peace.

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Being brought low	Abounding
Hunger	Plenty
Need	Abundance
Want	Wealth

kind words
ARE LIKE
honey
SWEET TO THE SOUL



Elijah	Isaac L	Brodley	Noah K	Remus
Roman	Noah C	Sebastian	Enoch	Joy
Chloe J	Joel	Jacob	Leah	Angela
Eun	Sammy	Sean	Elise	Kathi
Abby	Jimmy	Ocean	Eden	Lauren Yo
Taylor	Lauren Yi	Paige	Shiloh	Ethan H
Amelie	ET	Johanna	Hannah R	
Elliot	Hannah K	Calvin	Chloe L	
Nathan	Maylin	Seth	Adrianna	
Sophie	Noel	Miles	Sharon	
Regan	Grarner	Ethan K	Brandon	
Laney	Noah V	Nemo	Isaac C	

PURSUIT

We Appreciate
Chu
Teacher Eddie

BELOVED
"I have loved you with all
everything I have, I have drawn
you with cordial affection."
- Jeremiah 31:3

PHILADELPHIA
EAGLES

14 WEDNESDAY
14 OCTOBER

California
SAN FRANCISCO
City of The Golden Gate

Katie
AND
Eddie

LAUREN, MAY 23, 2021
EAGLESTOWN GOLF&CC CLUB

Handwritten notes and diagrams on a piece of paper at the bottom.

Small Group Questions

- What stood out to you from today's message?
- Think about a meaningful gift you've received in the past. What made it meaningful?
- **Read Philippians 4:4-9**, the passage right before what we read today.
 - How does this passage relate to what we heard in the message?
 - What else stands out to you from this passage?
- What is something that is making it difficult for you to practice gratitude?
- Get in pairs or groups of 3 and pause together to talk about things/people/circumstances you are thankful to God for, or at least want to work toward being more thankful for.