

Tell us about an embarrassing moment in your life



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# AN INVITATION TO FREEDOM



1 JOHN 1:5-9

## 1 John 1:5-9 ESV

<sup>5</sup> *This is the message we have heard from him and proclaim to you, that **God is light, and in him is no darkness at all.*** <sup>6</sup> *If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth.*

**Living in the darkness is incompatible with fellowship with God**

## 1 John 1:5-9 ESV

*<sup>7</sup> But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. <sup>8</sup> If we say we have no sin, we deceive ourselves, and the truth is not in us.*

## 1 John 1:5-9 ESV

*<sup>9</sup> If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.*

**Confession**



**Repentance & Forgiveness**



**Cleansing / Purification**



**Removal of the guilt of sin**



**Removal of the power of sin**

**Hiddenness + Lies = Shame**

When you feel paralyzed by shame,  
**remember the Father's compassion**

## *Exhortations on Walking in the Light*

- Share your life with others
- Break off any lie that says:
  - “I’m never going to tell anyone this”
  - “I don’t need anyone to help me”
- Make a habit of bringing your sin to God and trusted believers