

Share about a time you were really  
unprepared for something.

GCC YG - JAN 18, 2026

# THE SPIRITUAL BATTLE:

the armor of God

EPHESIANS 6:14-20

## 1 Peter 5:8-9 ESV

<sup>8</sup> *Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.* <sup>9</sup> ***Resist him, firm in your faith,*** *knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world.*

## Ephesians 6 ESV

<sup>10</sup> Finally, **be strong in the Lord** and in the strength of his might. <sup>11</sup> Put on the whole armor of God, that you may be able to stand against the schemes of the devil. <sup>12</sup> For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. <sup>13</sup> Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, **to stand firm.**

## Ephesians 6 ESV

<sup>14</sup> Stand therefore, having fastened on the **belt of truth**, and having put on the **breastplate of righteousness**, <sup>15</sup> and, as **shoes** for your feet, having put on the **readiness** given by the gospel of peace. <sup>16</sup> In all circumstances take up the **shield of faith**, with which you can extinguish all the flaming darts of the evil one; <sup>17</sup> and take the **helmet of salvation**, and the **sword of the Spirit**, which is the word of God,

# The Armor of God

**Belt of truth**

**Breastplate of righteousness**

**Shoes of readiness**

**Shield of faith**

**Helmet of salvation**

**Sword of the Spirit**

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*<sup>18</sup> praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints,  
<sup>19</sup> and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.*

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# Standing Firm in Spiritual Battle

- Be mindful, watchful, and alert
- Pray and be strengthened in the Lord
- Know Scripture and truth
- Talk it out
- Surround yourself with spiritual comrades
- Ask questions

# ***Discussion Questions: Armor of God***

*BELT OF TRUTH | BREASTPLATE OF RIGHTEOUSNESS | SHOES OF READINESS  
SHIELD OF FAITH | HELMET OF SALVATION | SWORD OF THE SPIRIT*

- Is there one piece of armor that sticks out as an area where you need to grow with God?
- Do you feel like your knowledge of the Bible has steadily grown? How can you make sure you keep growing in this area?
- Would you say you are standing firm in your faith?
  - Be honest: is faith really your main foundation and motivation?
  - Is anything going on in your life right now that is testing your faith?
- Pray for one another as Paul encouraged in Eph 6:18-20, that we would live with our spiritual armor and proclaim the gospel to others.